



Pool activity schedule

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
06:15-09:00	Adult swimming	06:15-09:00	Adult swimming	06:15-09:00	Adult swimming	06:15-09:00	Adult swimming	06:15-09:00	Adult swimming	08:00-09:00	General swimming	09:00-12:30	Swimming lessons (2x lanes)
09:00-11:30	General swimming	09:00-09:30	General swimming	09:00-10:30	General swimming	09:00-11:30	General swimming	09:00-11:30	General swimming	09:00-13:00	Swimming lessons (2x lanes)	10:15-11:00	Aqua (no swim lanes available)
11:45-12:30	Aqua (no swim lanes available)	09:30-10:30	Swimming lessons (1x lane)	11:00-11:45	Aqua (no swim lanes available)	11:45-12:30	Aqua (no swim lanes available)	11:45-12:30	Aqua (no swim lanes available)	12:00-19:45	General swimming	11:15-18:00	General swimming
12:30-13:30	Adult swimming	11:45-12:30	Aqua (no swim lanes available)	11:45-12:30	General swimming	12:30-13:30	Adult swimming	12:30-13:30	Adult swimming			18:00-18:45	Aqua Zumba (2x swim lanes available)
13:30-16:00	General swimming	12:30-13:30	Adult swimming	12:30-13:30	Adult swimming	13:30-14:30	Swimming lessons (1x lane)	13:30-16:00	General swimming			18:45-19:45	General swimming
16:00-19:30	Swimming lessons (2x lanes)	13:30-16:00	General swimming	13:30-16:00	General swimming	14:30-16:00	General swimming	16:00-19:00	Swimming lessons (2x lanes)				
19:30-20:00	General swimming	16:00-19:15	Swimming lessons (2x lanes)	16:00-18:30	Swimming lessons (2x lanes)	16:00-19:00	Swimming lessons (2x lanes)	19:00-19:45	Aqua (2x swim lanes available)				
20:00-21:45	Adult swimming	19:15-20:00	Aqua (no swim lanes available)	18:30-20:00	General swimming	19:00-19:45	Aqua (no swim lanes available)	20:00-21:15	Adult swimming				
		20:00-21:45	Adult swimming	20:00-21:45	Adult swimming	20:00-21:45	Adult swimming						



Pool opening times:
Monday to Thursday **06:15 to 21:45**
Friday **06:15 to 21:15**
Saturday and Sunday **08:00 to 19:45**