

Example **Crawley Central**

Junior Opening Times & Timetable



March 23



	CRECHE OPENING TIME'S 6wks-12yrs	4 - 7yrs	8 - 12yrs	11yrs+	13 -15yrs
Monday	9.30-11.30am & 4-6pm	Games 4yrs+ 5-6pm	Multi Sports 8yrs+ 4.30-5pm		Gym floor Access 9am-7pm
			Games 4yrs+ 5-6pm	Supervised Gym Floor 11yrs+ 5-6pm	
Tuesday	9.30-11.30am		Football 8yrs+ 4.40-5.20pm		Gym floor Access 9am-7pm
Wednesday	9.15/9.30-11.30 & 4-6pm	Junior Yoga 4yrs+ 4.30-5pm	Junior Yoga 8yrs+ 4-5pm		Gym floor Access 9am-7pm
			Family Cycle 8yrs+ over 152cm 5-5.30pm With Adult Supervision		
Thursday	9.30-11.30am	Les Mills Born to Move! 4-7yrs 4-4.45pm	Les Mills Born to Move! 8yrs+ 4.45-5.30pm		Gym floor Access 9am-7pm
Friday	9.30-11.30am & 5-7pm	Dance 4yrs+ 5-6pm			Gym floor Access 9am-7pm
Saturday	9.15/9.30-11.30	Games & Craft 4yrs+ 10.30-11.30	Multi Sports 7yrs+ 9.30-10.30		Gym floor Access 9am-6pm
			Junior Circuits 8yrs+ 10-10.30/ 10.30-11am		
Sunday	Closed				Gym floor Access 9am-6pm

Family usage time for
Crawley Central
Mon-Fri 9am-7pm,
Sat & Sun -9am-6pm

To Book please call
01293 608000
Or see a member of
the team

Juniors over 8yrs may
swim without direct
supervision after
completing a Crawley
Central NStar swim test

11yrs + may use the gym floor with an
adult during the usage times or
without direct supervision during
Monday's supervised Gym floor
session after completing a Crawley
Central junior gym induction

Juniors must be members
to use the facilities
Additional costs apply to
juniors under 3yrs to use
the crèche facilities

13yrs + may use the facilities
without direct supervision after
completing a Crawley Central junior
gym induction and completing the
relevant paperwork