

Example Spring Junior Timetable

All Booking are to be made via reception or calling 01293 608000



	CRECHE OPENING TIME'S	4 TO 7yrs	8 TO 12yrs	11yrs+	13 TO 15'S
Monday	9.30-11.30 / 4-6	French Club 4-7yrs 4.30-5pm	Multi Sports 8yrs+ 5-5.30pm	Multi Sports 8yrs+ 5-5.30pm	Junior Fitness 13yrs+ 5.30-6pm
Tuesday	9.30-11.30am				
Wednesday	9.15-11.30 / 4-6	Junior Circuits 4-7yrs 4-5pm	Junior Football 8yrs + 4-5pm	Family Fitness 11yrs + 4.15-5pm	Group Cycle 13yrs+ 5.45-6.15pm With Adult Supervision
		Crèche Activity - Art & Craft 4yrs+ 5-5.30pm			
Thursday	9.30-11.30am				Group Cycle 13yrs+ 5.55-6.25pm With Adult Supervision
Friday	9.30-11.30am				
Saturday	9.15-11.45am	Multi Sports 4-7yrs 9.15-10.15	Junior Circuits 8yrs+ 10-15-11am	Junior Circuits 8yrs+ 10-15-11am	
		Crèche Activity - Art & Craft 4yrs+ 10.30-11am			
Sunday	Closed				
Location Key		Crèche Activities will run during booked crèche sessions	Sports Hall	Gym Floor	Studio

Family usage Times Mon - Fri 9am-7pm, Sat & Sun 9am-6pm

Juniors over 11yrs may go on to the gym floor with an adult after completing a Gym Induction

Juniors Over 8yrs may swim without direct supervision after completing an Nstar Swim Test

Inductions & Swim Tests can be booked through reception or calling
01293 608000