



Enjoy a workout where you live as well as where you work

Nuffield Health top-up membership

Tier	Top-up rate
Connections clubs	£60
Tier 1 clubs	£50
Tier 2 clubs	£35
Tier 3 clubs	£25

Take advantage of our exclusive top-up rates and add your local Nuffield Health fitness & wellbeing clubs to your existing corporate membership.

Bonus partner offer

Plus, when you top-up your membership, you can also add a family member or housemate at the same discounted rate.*

Clubs local to you

You will find our fitness & wellbeing clubs at over 113 locations across the UK. For more information visit nuffieldhealth.com/gyms

Connection clubs	
Canary Wharf	020 7808 2424
City	020 728 30101
Islington	0207 288 8200
Moorgate	020 7920 6200
Surbiton	020 8335 2900

Tier 1 clubs	
Baltimore Wharf	020 3811 2772
Bloomsbury	020 7713 8810
Bristol	01179 252 538
Bromley	020 8466 2800
Chigwell	0208 498 1600
Chislehurst	0208 308 3900
Covent Garden	020 724 02446
Ealing	0208 579 9433
Enfield	0208 370 4100
Friern Barnet	0208 362 8444
Harrogate	01423 810858
Hertford	01992 584765
Kingston	0208 481 6000
The Oxfordshire	01865 318300
Paddington	020 7289 4686
Shoreditch	020 7739 6688
St Albans	01727 816100
Stockley Park	0208 587 3700
Stoke Poges	01753 663666
Wandsworth	020 8874 1155
Wandsworth Southside	020 8704 0400
Wimbledon	020 8947 9627

Tier 2 clubs	
Aberdeen	01224 588789
Battersea	020 7228 4400
Birmingham	0121 453 0000
Bristol North	01179 749740
Brondebury Park	020 8451 7863
Cambridge	01223 245200
Cheam	020 8770 7858
Chelmsford	01245 254400
Chingford	020 8523 7474
Cottingley	01274 565741
Crawley	01293 880412
Croydon	020 8680 2228
Croydon Central	0208 686 3700
Derby	01332 287900
The Devonshire	01752 237000
Edinburgh Fountain Park	0131 221 8000
Edinburgh Omni	0131 550 1650
Farnborough	01252 379300
Farnham	01252 747500
Fulham	020 7471 1200
Glasgow Giffnock	0141 637 6600
Guildford	01483 561712
Guiseley	01943 877284
Hemel Hempstead	01442 282950
Hendon	0208 203 9421
Ilford	0208 478 7111
Leatherhead	01372 375220
Letchworth Garden City	01462 681075
Manchester Didsbury	0161 831 9922
Merton Abbey	0208 495 8500

Milngavie	0141 955 2400
Newbury	01635 569944
Norbury	020 8679 2226
Nottingham	01158 220306
Reading	0118 9750550
Romford	01708 759600
Sunbury	01932 755 755
Tunbridge Wells	01892 774000
Twickenham	020 8892 2251
Warwick	01926 314142
West Byfleet	01932 351 835
Wokingham	01189 120500
Wolverhampton	01902 623900

Tier 3 clubs	
Aylesbury	01296 487627
Barrow-In-Furness	01229 829829
Birmingham Central	01241 235700
Bishop's Stortford	01279 507002
Bolton	01204 360400
Bridgend	01656 644160
Cannock	01543 426531
Chester	01244 673 108
Chesterfield	01246 272226
Chichester	01243 788678
Crawley Central	01296 487627
Cwmbran	01229 829829
Doncaster	01241 235700
East Kilbride	01355 236601

Edinburgh	0131 444 0555
Glasgow Central	0141 243 2200
Glasgow West End	0141 222 6700
Gloucester	01452 634400
Gosforth	0191 213 0070
Hull	01482 321191
Leeds	0113 233 7500
Leicester	0116 261 2333
Liverpool	0151 707 6000
Manchester Printworks	0161 831 9922
Medway	01634 292900
Milton Keynes	01908 298800
Northampton	01604 751444
Norwich	01603 760600
Nuneaton	02476 370007
Plymouth	01752 265355
Portsmouth	02392 664748
Preston	01772 834036
Rugby	01788 554300
Sheffield	0114 276 5333
Shpley	01274 532227
Stoke	01782 330077
Swindon	01793 422211
Taunton	01823 447000
Telford	01952 293 444
Wakefield	01924 376111
Weston-Super-Mare	01934 410350
Worcester	01905 453607
Yeovil	01935 415633

