

Personal Training Prices

Single Option:		P1	P2	Р3	Buddy Option:	P1	P2	P3
50 mins	Pack Price	€160	€312	€513	Pack Price Per Person	€130	€250	€448
	Sessions Included	x4	x8	x16	Joint Sessions Included	х4	х8	x16

Note: Single sessions are charged at €45.00 (50 mins)



Personal Training Agreement.

Payments

- · All payments must be made in full at the front desk.
- All payments must be made prior to any sessions being undertaken.
- You will receive a copy of this agreement, along with a customer receipt for any payment of sessions you make.

Session Cancellations

 We require 24 hour notice of any cancellation of sessions. This can be made directly through your Personal trainer. If 24 hour notice isn't given, you may lose that sessions, and no refund will take place.

Lateness

If you are late for your session, your session will be reduced in accordance
with that time. If you are more than 25 minutes late, your Personal Trainer
may choose to cancel the session and you may lose that session. In this
circumstance, no refund will be made.

Expiry and Extensions

- All Personal Training Packs have a 90 day expiry, after which time any unused sessions will be lost and no refund will be made. This is to ensue we deliver all your required sessions to achieve yourgoals.
- You may extend Personal Training Packs between 1 and 12 months for the following reasons only:
- · Pregnancy
- · Serious Illness
- SeriousInjury
- · Redundancy
- To extend your Personal Training Pack you must contact the club; we may ask you to provide proof of pregnancy, illness, injury or redundancy.
- · Any other extensions are at the discretion of the general manager.

Personal Trainer

- If for any reason you are unhappy with your Personal Trainer you may transfer to another trainer at any given time.
- In all circumstances any sessions used with the previous Personal Trainer remain used.
- Your Personal Trainer cannot prescribe treatment or diagnose medical conditions. They may at any time ask to consult with your GP should medical condition arise.

Refunds

- If for any medical reason you are no longer to complete any Personal Training sessions, you will be given a refund on any outstanding sessions. We may ask for you to provide proof from your GP.
- If you leave the club for any reason, you will not be entitled to a refund.
- If your Personal Trainer leaves the club, no refund will be given and you will be assigned an appropriate trainer by the club.
- · Any other refunds are at the discretion of the General Manager.