

Swimming Lesson Timetable Chigwell

Monday			
Pool	Instructor	Time	Stage
Teaching Pool	Becky	4.00pm	Ducklings
Main Pool	Kelcie	4.00pm	Stage 3
Teaching Pool	Becky	4:30pm	Stage 1
Main Pool	Kelcie	4:30pm	Stage 6
Teaching Pool	Becky	5:00pm	Stage 2
Main Pool	Kelcie	5:00pm	Stage 4
Teaching Pool	Becky	5:30pm	Stage 3
Main Pool	Kelcie	5:30pm	Stage 5
Tuesday			
Pool	Instructor	Time	Stage
Teaching Pool	Megan	9.30am	Ducklings
Teaching Pool	Megan	10.00am	Adult/Child
Teaching Pool	Claire	4.00pm	Ducklings
Teaching Pool	Laura	4.00pm	Ducklings
Teaching Pool	TBC	4.00pm	Stage 1
Main Pool	Kelcie	4.00pm	Stage 3
Teaching Pool	Claire	4.30pm	Stage 1
Teaching Pool	Laura	4.30pm	Stage 1
Teaching Pool	TBC	4.30pm	Ducklings
Main Pool	Kelcie	4.30pm	Stage 4
Teaching Pool	Claire	5.00pm	Stage 3
Teaching Pool	Laura	5.00pm	Stage 1
Teaching Pool	TBC	5.00pm	Stage 2
Main Pool	Kelcie	5.00pm	Stage 6
Teaching Pool	Claire	5.30pm	Stage 3
Teaching Pool	Laura	5.30pm	Stage 2
Main Pool	Kelcie	5.30pm	Stage 7
Wednesday			
Pool	Instructor	Time	Stage
Teaching Pool	Ella	10.00am	Parent/Baby
Teaching Pool	Ella	10.30am	Parent/Toddler
Teaching Pool	Ella	11.00am	Ducklings
Teaching Pool	Ella	4.00pm	Ducklings
Main Pool	Claire	4.00pm	Stage 3
Teaching Pool	Ella	4.30pm	Stage 1
Teaching Pool	Laura	4.30pm	Ducklings
Main Pool	Claire	4.30pm	Stage 5
Teaching Pool	Ella	5.00pm	Stage 2
Teaching Pool	Laura	5.00pm	Stage 1
Main Pool	Claire	5.00pm	Stage 4
Teaching Pool	Laura	5.30pm	Stage 2/3
Main Pool	Claire	5.30pm	Stage 8

Thursday			
Pool	Instructor	Time	Stage
Teaching Pool	Megan	3.30pm	Stage 2
Teaching Pool	Becky	4.00pm	Stage 2
Main Pool	Megan	4.00pm	Stage 4/5
Teaching Pool	Becky	4.30pm	Stage 2
Main Pool	Megan	4.30pm	Stage 6
Teaching Pool	Becky	5.00pm	Stage 3
Main Pool	Megan	5.00pm	Stage 7
Teaching Pool	Becky	5.30pm	Stage 4
Main Pool	Megan	5.30pm	Stage 8
Teaching Pool	Becky	6.00pm	Stage 5
Main Pool	Megan	6.00pm	Stage 8
Friday			
Pool	Instructor	Time	Stage
Teaching Pool	Megan	9.30am	Ducklings
Teaching Pool	Megan	10.00am	Parent/Baby
Teaching Pool	Megan	10.30am	Parent/Toddler
Teaching Pool	Becky	3.30pm	Ducklings
Teaching Pool	Becky	4.00pm	Stage 1
Main Pool	Megan	4.00pm	Stage 1/2
Teaching Pool	Becky	4.30pm	Stage 1
Main Pool	Megan	4.30pm	Stage 3
Teaching Pool	Becky	5.00pm	Stage 2
Main Pool	Megan	5.00pm	Stage 6
Teaching Pool	Becky	5.30pm	Stage 3
Main Pool	Megan	5.30pm	Stage 7
Teaching Pool	Becky	6.00pm	Stage 4/5
Main Pool	Megan	6.00pm	Stage 8
Main Pool	Megan	6.30pm	Stage 9/10
Saturday			
Pool	Instructor	Time	Stage
Teaching Pool	Ella	9.00am	Ducklings
Main Pool	Dan	9.00am	Stage 4
Teaching Pool	Dan	9.30am	Stage 2
Teaching Pool	Ella	9.30am	Ducklings
Main Pool	Ben	9.30am	Stage 4/5
Teaching Pool	Ella	10.00am	Stage 2
Main Pool	Dan	10.30am	Stage 5
Main Pool	Ben	10.30am	Stage 3/4
Teaching Pool	Ella	10.30am	Adult/Child
Main Pool	Ben	11.00am	Stage 4
Teaching Pool	Dan	11.00am	Stage 2
Teaching Pool	Ella	11:00am	Ducklings
Main Pool	Ben	11.30am	Stage 5
Teaching Pool	Dan	11.30am	Stage 2
Main Pool	Ben	12.00pm	Stage 3
Main Pool	Dan	12.00pm	Stage 3
Teaching Pool	Ben	12.30pm	Stage 1
Main Pool	Dan	12.30pm	Stage 3
Main Pool	Ben	1.00pm	Stage 3

Class Capacity

Adult/Child	10
Parent/Baby/Toddler	10
Ducklings/Pre-School	4-6
Stage 1-3	6
Stage 4/10	6-8

Lessons are booked in blocks of 10 sessions
82.50 Members - 102.50 Non-Members

1-2-1 - 4 x 30 minute sessions 140.00 - 12 x 30 minute sessions 384.00 MEMBERS ONLY

Fully qualified A.S.A swimming instructors to lead your child to a happy safe swim session.

Encouraging water confidence, stroke, skill and stamina development. Further information contact Swim Manager terri.lines@nuffieldhealth.com

Please note swimming lessons are subject to change or cancellation due to low pupil ratio T&C apply