

Swimming Lesson Timetable

Chester

Fully qualified A.S.A swimming instructors to lead your child to a happy safe swim session, encouraging water confidence, stroke, skill and stamina development. For further information, please contact **Jenny Green** - jenny.green@nuffieldhealth.com

Tuesday			
Pool	Instructor	Time	Stage
	Margaret	4.00pm	Stage 3
	Margaret	4.30pm	Stage 1
	Margaret	5.00pm	Stage 4
	Margaret	5.30pm	Advanced

Thursday			
Pool	Instructor	Time	Stage
	Margaret	4.00pm	Stage 1
	Jenny	4.00pm	Stage 1
	Margaret	4.30pm	Stage 2
	Jenny	4.30pm	Stage 2
	Margaret	5.00pm	Stage 3
	Jenny	5.00pm	Stage 3
	Margaret	5.30pm	Stage 4
	Jenny	5.30pm	Advanced