



Nuffield Health Chester Hospital, The Grosvenor.

Newsflash

GP & Practice Colleagues Issue 26 - 2016

Welcome.

It's been a really busy start to the year for Nuffield Health Chester Hospital, The Grosvenor with all areas of the hospital seeing increasing volumes of patients.



Our staff have been exceptional during this period with increasing satisfaction scores and positive feedback received from our patients and Consultant users. Coupled with this, we received a glowing report in our recent quality inspection ensuring we are safe, well-led, caring, responsive and effective.

New services are currently being offered, which our team led by Jenny Gray, would happily discuss with you upon request.

John Pickering

Hospital Director,
Nuffield Health Chester Hospital,
The Grosvenor

To refer patients.

Send your named/unnamed referral direct to us and we will contact your patient.

☎ **01244 684325**

☎ **01244 680812**

✉ cropappts@nuffieldhealth.com

Our directory of Consultants can be found online at nuffieldhealth.com/healthcare-professionals

Latest News.

Mr Peter Kenyon – Orthopaedic Surgeon

Mr Peter Kenyon is an Orthopaedic surgeon who specialises in elective upper limb surgery (primarily shoulder and elbow) and trauma surgery. He is delighted to be able to serve the local community around Nuffield Health Chester Hospital, The Grosvenor having grown up in Northwich and trained in Merseyside since 1999.

Mr Kenyon holds a substantive NHS post at the Countess of Chester NHS Foundation Trust and has been practicing as a Consultant since August 2014. He has a heavy workload of trauma and elective surgery in Chester. The majority of his practice is concerned with disorders of the shoulder. He performs both arthroscopic and open surgery of the shoulder and elbow on a regular basis and is particularly interested in outcome scores for his patients to quantify their improvement.

Having played Rugby Union for the best part of 15 years and finishing his career with shoulder surgery he has a keen interest in sports medicine of this nature.



Mr Peter Kenyon,
Orthopaedic Surgeon
Nuffield Health Chester
Hospital, The Grosvenor

Mr Jonathan Adamthwaite – Consultant Plastic, Reconstructive and Aesthetic Surgeon

Mr Jonathan Adamthwaite is a fully accredited Consultant Plastic, Reconstructive and Aesthetic Surgeon with over 10 years' experience. His NHS base is the Countess of Chester Hospital, where he is Head of Training for the Department of Plastic Surgery and Skin Cancer Lead.

He has published extensively in peer-reviewed international journals and has written 3 book chapters on plastic surgery with the most recent in a new, ground-breaking and best-selling book on Plastic and Reconstructive Surgery.

Mr Adamthwaite won a place at Oxford University Medical School followed by further medical training at University College London. He was awarded a position on the London Plastic Surgery Training Scheme taking him to a number of centres of excellence.

He won 3 international fellowships and 3 international awards, completing advanced specialist training in breast surgery and breast reconstruction at the Royal Marsden Hospital. He completed further training in the USA and Europe.



Mr Jonathan Adamthwaite,
Consultant Plastic,
Reconstructive and
Aesthetic Surgeon
Nuffield Health Chester
Hospital, The Grosvenor

Should you wish to refer to either Mr Peter Kenyon or Mr Jonathan Adamthwaite, please contact our Appointments team on **01244 684325** or e-mail cropappts@nuffieldhealth.com

Referring to Nuffield Health Hospitals.

To refer to a Nuffield Health Hospital please use the contact details on the front of this Newsflash or use our Clinic and Services Directory.

For NHS e-Referral treatment, please contact us on the details below:

☎ **08000 155 020**

☎ **08452 803 251**

✉ chooseandbook
@nuffieldhealth.com

Recovery Plus.

Recovery Plus is our flagship recovery programme, available to our private patients for a number of Orthopaedic and Gynaecological procedures. Recovery Plus is free of charge and an optional addition which can form part of your patient's recovery programme, including a 12 week membership at a local Nuffield Health Fitness & Wellbeing Gym, and a Fitness Coach.

Visit nuffieldhealth.com/recoveryplus

The Nuffield Health Promise.

The Nuffield Health Promise

Our prices are all-inclusive.*

We will equal any comparable price.**

There are no time limits on your aftercare. ***

The Nuffield Health Promise is our unique pledge to patients who are paying for themselves.

Skin Reconstruction for Dermatology Issues by Mr Jonathan Adamthwaite, Consultant Plastic, Reconstructive and Aesthetic Surgeon

Surgery for skin lesions and skin cancer is a fascinating area for me as a plastic surgeon. Any area of the body can be affected and as such poses a real challenge to ensure adequate excision of the lesion and an aesthetically pleasing result from the reconstruction.

Most commonly of course the head and neck area is involved and one needs to balance oncological needs with the cosmetic sensitivity of the specific area involved. Techniques I use include skin grafting, local flaps, pedicled flaps and free microsurgical reconstruction dependent of course on the size of the area involved and the underlying structures within the defect.

Most commonly, local flaps produce the most favourable results. Flaps I use include the rhomboid flap, bilobed flap and keystone flap. The secret is to ensure minimal tension on closure, with the donor site of the flap lying in the natural skin creases or relaxed skin tension lines as they are also called.

As much as possible I go straight to excision and reconstruction to avoid unnecessary delays from initial punch or incisional biopsies. Most lesions can be diagnosed clinically with sufficient confidence to do this.

For further information Mr Adamthwaite can be contacted at Nuffield Health Chester Hospital, The Grosvenor.

Paediatric Service

We are pleased to announce that our paediatric service has recommenced at Nuffield Health Chester Hospital, The Grosvenor. Following a successful recruitment programme we are delighted to have Caroline Burchett as our lead nurse for the service, whom will deliver the governance framework for paediatrics.

Caroline has a wealth of experience within hospital settings and will employ this to further shape our service provision.

Nicola Hughes, our second paediatric nurse, comes to us with both an acute and community background in the care of children and will also be a valuable addition to the team.

GP Learning Programme.

We would like to inform you that our next GP Symposium will be taking place on Saturday 23rd April. Should you wish to register and receive a programme of seminar topics, please contact Hannah Doak on **01244 684305** or email hannah.doak@nuffieldhealth.com



Facts at a glance.

Information on our latest Infection Control or Patient Satisfaction statistics can be found on our website at nuffieldhealth.com

Contact Us:

☎ 01244 680 444

✉ hannah.doak@nuffieldhealth.com

* Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your procedure price.

** Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of your chosen Nuffield Health hospital. We will match against written quotes only.

*** Where necessary, we promise to assist you to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your procedure, this is guaranteed for the manufacturer's expected prosthesis lifetime. Clinically required indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services.