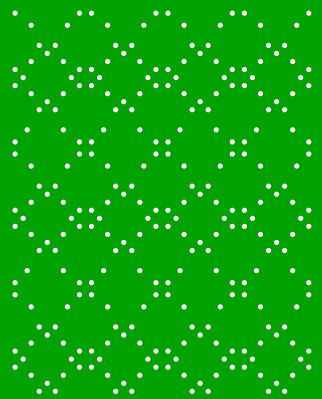


Consultant and services directory 2021/22

Nuffield Health Chester Hospital



Working with you, for your patients.



We're building a healthier nation

Working with you, for your patients

Connected healthcare for your patients, at every stage of their treatment journey.

Working with you, for your professional development

Professional training tailored to the needs of your practice.

Working with you, for your community

Expert-led, evidence-based charitable community programmes available locally to support your patients.

Nuffield Health Chester Hospital
The Grosvenor
Wrexham Road, Chester CH4 7QP
nuffieldhealth.com/hospitals/chester

Contents

- 04** | How to refer your patients
- 06** | Key facilities
- 08** | Consultant directory
- 20** | Associated services:
 - 20** | Recovery Plus
 - 21** | Health assessments
 - 21** | Physiotherapy
 - 21** | Emotional wellbeing
 - 23** | Diagnostic imaging services
 - 23** | Pathology
 - 23** | Hospital sterile services unit
 - 23** | GP events
 - 24** | Local fitness and wellbeing centres
- 26** | Flagship programmes
- 28** | About us

How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

Patients via NHS e-Referral Service

Your patients can also be referred via the NHS e-Referral Service – formerly ‘choose and book’ (www.nhs.uk/referrals). You and your patients can select the most convenient time, date and place of treatment for those NHS services we currently have listed on the NHS e-Referral Service web portal.

Call **08000 155020**
Fax **08004 715058**
Email chooseandbook@nuffieldhealth.com

Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That’s reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

- ◆ The confirmed price is all your patient will ever pay*
- ◆ If they find a better price for the same procedure package, we’ll match it**
- ◆ There are no time limits on aftercare.***

There is also the option of an interest-free loan.

*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your patient’s procedure price. **Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of the patient’s chosen Nuffield Health hospital. We will match against written quotes only. ***Where necessary, we promise to assist your patient to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your patient’s procedure, this is guaranteed for the manufacturer’s expected prosthesis lifetime. “Clinically required” indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at nuffieldhealth.com/promise.



Patient safety is our number one priority

We want to reassure you and your patients that we’ve put in place safety measures to make our hospital COVID-19 secure. We’re offering telephone and online consultations, as well as face-to-face appointments, so whether your patients’ appointment is from home or in person, they’ll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government and Public Health England guidance and are implemented by the Nuffield Health infection prevention team.



Key facilities at Nuffield Health Chester Hospital

Medical cover

24hr resident medical officer.

Patient accommodation

24 residential patient rooms with en-suite facilities, nurse call system, direct dial telephone, flat screen TV and radio, all patient rooms are wireless internet enabled.

Theatre and support services

Two operating theatres including:

- ◆ Two integrated theatres with laminar flow
- ◆ Endoscopy suite
- ◆ Diagnostic and imaging suite
- ◆ Grosvenor Day Case Suite
- ◆ Pain management
- ◆ Ophthalmology
- ◆ Minor operations.



Outpatient services

Including:

- ◆ 10 private consulting rooms
- ◆ Physiotherapy
- ◆ Pharmacy
- ◆ Pathology laboratory
- ◆ Diagnostic imaging
- ◆ Nurse-led pre-assessment
- ◆ Optometrist
- ◆ Plain X-ray set
- ◆ Mammography
- ◆ Ultrasound
- ◆ OPG
- ◆ MRI (static)
- ◆ CT (mobile)
- ◆ Echocardiology
- ◆ Oncology.



Consultant and services directory

NHS base – abbreviations

AH	Abergele Hospital
AHH	Alder Hey Hospital
AP	Arrowe Park
BCUHB	Betsi Cadwaladr University Health Board
BG	Broad Green
CBH	Clatterbridge Hospital
COCH	Countess of Chester Hospital
HH	Halton Hospital
LHC	Leighton Hospital Crewe
LH	Liverpool Halton
LHCH	Liverpool Heart and Chest Hospital
P	Private only
RJAH	Robert Jones and Agnes Hunt Orthopaedic Hospital
RLCH	Royal Liverpool Children's NHS Trust
RLH	Royal Liverpool Hospital
SHK	St Helens and Knowsley Hospital
AN	University Hospital Aintree
WCNN	Walton Centre for Neurology and Neurosurgery
WHH	Warrington and Halton Hospital
WIS	Whiston Hospital
WI	Western Infirmary
WM	Wrexham Maelor



Visit nuffieldhealth.com/consultants to view our consultants' profiles.

The details for each consultant show their name, specialist area, contact details and NHS hospital.

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Anaesthetics (Pain Management)				
Logan, A Dr	Pain control.	01244 684325	01244 680812	P
Audiological Medicine				
Allera, P Mrs	Audiology.	01244 684325	01244 680812	COCH
Cooney, H Mrs	Audiology.	01244 684325	01244 680812	COCH
Jones, J Mrs	Audiology.	01244 684325	01244 680812	COCH
Breast Surgery				
Harding-Mackean, C Mrs	Breast surgery, oncoplastic breast surgery, breast cancer, breast reconstruction and developmental correction surgery.	01244 684325	01244 680812	COCH
Khattak, I Mr	Breast surgery, oncoplastic breast surgery, breast cancer and reconstructive surgery.	01244 684325	01244 680812	BCUHB
Cardiology				
Das, P Dr	Echocardiography.	01244 684325	01244 680812	BCUHB
Khan, K Dr	Coronary heart disease and general adult cardiology.	01244 684325	01244 680812	P
Kunadian, B Dr	General cardiology, interventional cardiology, cardiac imaging and stent implantation, acute coronary syndromes and invasive imaging.	01244 684325	01244 680812	LHCH
Dermatology				
Balasubramaniam, P Dr	General dermatology, skin cancer and paediatric dermatology.	01244 684325	01244 680812	BCUHB
Ellison, J Dr	General dermatology, paediatric dermatology, skin cancer, hair and nail disease, phototherapy and injections for excessive sweating.	01244 684325	01244 680812	SHK
Javed, A Dr	General dermatology, acne and rosacea, pigmentation disorders and vulval disease.	01244 684325	01244 680812	COCH
Walsh, M Dr	General dermatology, paediatric dermatology, skin cancer, hair and nail disease and injections for excessive sweating.	01244 684325	01244 680812	SHK
Yesudian, P Dr	General dermatology, cryotherapy and excision of lesions.	01244 684325	01244 680812	COCH
Dietetics				
Starkey, J Mrs	Dietetics.	01244 684325	01244 680812	P

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Endocrinology and Diabetes				
Ewins, D Dr	Diabetes, endocrinology and metabolic medicine.	01244 684325	01244 680812	COCH
Nair, S, Dr	Endocrinology, diabetes, weight management.	01244 684325	01244 680812	COCH
Ear, Nose and Throat (ENT)				
Arya, A Prof	General ENT, sleep apnoea, snoring, paediatric ENT, thyroid and parotoid surgery, head and neck cancer.	01244 684325	01244 680812	BCUHB
Luff, D Mr	General ENT, rhinology, allergic rhinitis, snoring disorders, paediatric ENT and endoscopic sinus surgery.	01244 684325	01244 680812	P
Temple, R Mr	General ENT, functional and cosmetic nasal surgery, paediatric ENT, hearing and balance disorders, cosmetic ear surgery and bone anchored hearing aids.	01244 684325	01244 680812	COCH
Gastroenterology				
London, I Dr	Dyspepsia, irritable bowel syndrome, inflammatory bowel disease, colonoscopy and liver disease.	01244 684325	01244 680812	LH
Maheswaran, T Dr	Colonoscopy, gastroscopy, flexible sigmoidoscopy and general gastroenterology issues and hepatology.	01244 684325	01244 680812	COCH
Yoong, K Dr	Gastroscopy, colonoscopy, inflammatory bowel disease, therapeutic endoscopy.	01244 684324	01244 680812	LHC
General Practice				
Abbott, J Dr	General practice and health screening.	01244 689830		P
Ghosh, A Dr	General practice, vaccinations and immunisations, medical examination, travel clinic and visa entry medicals, referrals, blood testing, scanning and X-rays, sexual health, HIV, family planning, prescriptions and non-NHS medications.	01244 684325	01244 680812	P
Mukherjee, R Dr	General practice, vaccinations and immunisations, private referrals, blood testing, scanning, X-rays, prescriptions and non-NHS medications.	01244 684325	01244 680812	P
Ohri, R Dr	General practice, vaccinations and immunisations, private referrals, blood testing, scanning, X-rays, prescriptions and non-NHS medications.	01244 684325	01244 680812	P
Roberts, A Dr	General practice, vaccinations and immunisations, travel clinic, private referrals, blood testing, scanning and X-rays, prescriptions and non-NHS medications.	01244 684325	01244 680812	P

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
General Surgery				
Dale, V Mr	General surgery, colorectal surgery, colonoscopy, gastroscopy and hernia repair.	01244 684325	01244 680812	COCH
Dimitri, S Mr	Laparoscopic surgery, vascular surgery, carotid disease, abdominal aortic aneurysms and vascular disease of limbs.	01244 684325	01244 680812	COCH
Evans, J Mr	Upper and lower gastrointestinal surgery, laparoscopic surgery, colonoscopy, gastroscopy, hernia repairs and cholecystectomy.	01244 684325	01244 680812	COCH
Harding-Mackean, C Mrs	Breast surgery, breast cancer, oncoplastic breast surgery, hernia surgery, thyroid surgery, upper GI endoscopy and laparoscopic surgery.	01244 684325	01244 680812	COCH
McFaul, C Mr	General surgery, colorectal surgery, laparoscopic surgery, colonoscopy, gastroscopy, cholecystectomy and hernia repair.	01244 684325	01244 680812	COCH
Saha, S Mr	General surgery and upper GI.	01244 684325	01244 680812	COCH
Geriatrics				
Prakash, A Prof	Care of the elderly, falls and syncope (tilt table test), transient ischaemic attack (TIA), strokes and orthogeriatrics (bone health).	01244 684325	01244 680812	BCUHB
Gynaecology				
Clerk, N Mr	General gynecology and obstetrics.	01244 684325	01244 680812	BCUHB
Dinardo, L Dr	General gynaecology, obstetrics and urogynaecology.	01244 684325	01244 680812	COCH
Semple, D Mr	Colposcopy and smear.	01244 684325	01244 680812	COCH
Thomas, M Miss	General gynaecology.	01244 684325	01244 680812	COCH
Wood, S Mr	General gynaecology, unovulations, embryo freezing, fertility and menorrhagia.	01244 684325	01244 680812	COCH
Haematology				
Tuegar, S Dr	Haematology.	01244 684325	01244 680812	COCH



Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Neurology				
Damodaran, D Dr	General neurology, muscle disease, multiple sclerosis, movement disorders, headaches and migraines, epilepsy, neurogenetics, neuroimmunology, neuromuscular disorders, sleep disorders and strokes.	01244 684325	01244 680812	WCNN
Wilson, M Dr	General neurology, multiple sclerosis, inflammatory nervous system disorders, headaches, sleeping disorders, narcolepsy, blackouts, seizures and dementia.	01244 684325	01244 680812	WCNN COCH
Neurophysiology				
Rodrigues, A Dr	Nerve conduction studies.	01244 684325	01244 680812	WCNN
Neurosurgery				
Buxton, N Mr	Spinal neurosurgery, general neurosurgery, paediatric neurosurgery, congenital spinal anomalies, selective dorsal rhizotomy, baclofen pumps and hydrocephalus.	01244 684325	01244 680812	WCNN
Oncology				
Alonso, AG Dr	Lung cancer, mesothelioma, gastrointestinal upper including biliary, pancreatic cancer, lymphomas, radiotherapy and unknown primary cancer.	01244 684325	01244 680812	BCUHB
Ghosal, N Dr	Chemotherapy, radiotherapy, brain tumours, breast cancer and lung cancer.	01244 684325	01244 680812	BCUHB
Ophthalmology				
Ali, K Mr	Cataract, glaucoma, squint and trabeculectomy.	01244 684325	01244 680812	COCH
Bhargava, J Mr	Occuplastics, lid and lacrimal surgery, DCR, blepharoplasty and cataracts.	01244 684325	01244 680812	COCH
Butcher, J Mr	Cataract, glaucoma, squint, retinal condition and paediatric ophthalmology.	01244 684325	01244 680812	COCH
Cazabon, S Mr	Ophthalmic surgery, cataract, management of medical retinal diseases, management of surgical retinal diseases and management of ophthalmic trauma cases.	01244 684325	01244 680812	COCH
Dubois, V Mr	Cataract surgery, trabeculectomy, glaucoma and YAG laser.	01244 684325	01244 680812	
Nguyen, D Mr	Cataract surgery and glaucoma.	01244 684325	01244 680812	MC
Spiteri, N Miss	Cataract, YAG laser and corneal suture.	01244 684325	01244 680812	COCH
Oral and Maxillofacial Surgery				
Richardson, D Mr	Minor oral and dentoalveolar surgery, benign and malignant facial skin lesions, salivary gland surgery and facial deformity.	01244 684325	01244 680812	COCH

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Orthopaedics				
Ahmad, S Mr	Spinal surgery and lumbar spinal surgery.	01244 684325	01244 680812	RJAH
Banim, R Mr	Lower limb reconstruction including joint replacement, arthroscopy, ligament reconstruction and sports injuries.	01244 684325	01244 680812	COCH
Bobic, V Prof	Knee surgery including arthroscopic surgery, ligament reconstruction, articular cartilage repair, knee replacement and stem cell treatment.	01244 684325	01244 680812	P
Boyce-Cam, N Mr	Lower limb surgery, hip and knee replacement, arthroscopic surgery.	01244 684325	01244 680812	MC
Carroll, A Mr	Lower limb surgery including joint replacement and arthroscopy.	01244 684325	01244 680812	AP
Chawda, M Mr	Lower limb surgery, hip and knee replacement, arthroscopic knee surgery and hip arthroscopy.	01244 684325	01244 680812	BCUHB
Chitgopkar, S Mr	Musculoskeletal, neurosurgery, orthopaedics, spinal and neck surgery, spinal disorders and spinal surgery.	01244 684325	01244 680812	RJAH
Hanna, A W Mr	Specialist in knee surgery and shoulder surgery.	01244 684325	01244 680812	BCUHB
Kazi, H Mr	Lower limb surgery, hip and knee replacement, arthroscopic surgery.	01244 684325	01244 680812	MC
Kustos, T Mr	Knee surgery including replacement and arthroscopy.	01244 684325	01244 680812	P
Lipscombe, S Mr	Upper limb and hand surgery.	01244 684325	01244 680812	WIS
Machin, D Mr	Foot and ankle surgery.	01244 684325	01244 680444	MC
Malek, I Mr	Knee arthroscopy, hip and knee replacements including revision.	01244 684325	01244 680812	WM
Rao, J Mr	Hip and knee replacement, knee arthroscopy and revision joint replacement surgery.	01244 684325	01244 680812	COCH
Rath, N Mr	Spinal surgery, spinal disorders and lumbar spine surgery.	01244 684325	01244 680812	WCNN
Syed, A Mr	Foot and ankle surgery.	01244 684325	01244 680812	BCUHB
Thonse, R Mr	Lower limb surgery, hip and knee replacement and knee arthroscopy.	01244 684325	01244 680812	COCH
Webb, M Mr	Upper limb and hand, arthroscopic surgery, frozen shoulder and shoulder replacement, tennis elbow and carpal tunnel.	01244 684325	01244 680812	COCH
Wood, E Mr	Foot and ankle surgery.	01244 684325	01244 680812	COCH



Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Paediatrics				
Auth, M Dr	Paediatrics and gastroenterology.	01244 684325	01244 680812	RLCH
Kenny, S Mr	Paediatrics and urology.	01244 684325	01244 680812	RLCH
Pathology				
Elder, J Dr	Histopathology.	01244 674629	01244 671564	COCH
Hales, S Dr	Histopathology.	01244 674629	01244 671564	COCH
Hamid, BNA Dr	Histopathology.	01244 674629	01244 671564	COCH
Kenyon, W Dr	Histopathology.	01244 674629	01244 671564	P
Physiotherapy – Physiotherapy clinic opening times are by arrangement. Please call 0345 045 4845 for further information				
Chalmers, K Mrs	Physiotherapy Manager, acupuncture, musculoskeletal, spinal, post-operative rehabilitation and shockwave therapy.			
Doughton, J Mrs	Orthopaedic, post-operative rehabilitation and breast post-operative management.			
Flannigan, N Mrs	Musculoskeletal, spinal, sports injury prevention and rehabilitation, orthopaedic and post-operative rehabilitation and shockwave therapy.			
Gregory-Cowx, A Mrs	Musculoskeletal, spinal, sports injury prevention and rehabilitation and orthopaedic and post-operative rehabilitation.			
Hartley, J Mrs	Orthopaedic, post-operative rehabilitation and aquatic therapy.			
Slater, C Mr	Acupuncture, musculoskeletal, spinal and sports injury prevention and rehabilitation and orthopaedic post-operative rehabilitation.			
Thomas, L Mrs	Orthopaedic and post-operative rehabilitation.			
Plastic and Cosmetic Surgery				
Adamthwaite, J Mr	Plastic surgery, all aspects of cosmetic breast surgery, facial surgery and body contouring.	01244 684325	01244 680812	P
Breahna, A Miss	Plastic surgery, cosmetic breast surgery, abdominoplasty, liposuction, labiaplasty and pinnaplasty.	01244 684325	01244 680812	COCH
Fattah, A Mr	Plastic surgery, all aspects of cosmetic breast surgery, lesion removals, reconstructive surgery and paediatric surgery.	01244 684325	01244 680812	AHH
Harper-Machin, A Mrs	Plastic surgery, all aspects of cosmetic surgery and management of facial palsy.	01244 684325	01244 680812	SHK

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Plastic and Cosmetic Surgery – continued				
Sharma, H Mr	Plastic surgery, cosmetic breast surgery, skin cancer, blepharoplasty, labiaplasty, abdominoplasty and pinnaplasty.	01244 684325	01244 680812	COCH
Siddiqui, A Mr	Plastic surgery, cosmetic surgery, skin cancer and breast surgery.	01244 684325	01244 680812	COCH
Podiatry				
Williams, A Mr	Podiatry orthoses and biomechanics of foot and ankle.	01244 684325	01244 680812	COCH
Radiology				
Abbott, G T Dr	Radiology – general.	01244 684300	01244 684398	COCH
Alonso-Fiel, G Dr	Radiology – breast.	01244 684300	01244 684398	COCH
Bhojak, M Dr	Radiology – neuroradiologist.	01244 684300	01244 684398	WCNN
Das, K Dr	Radiology – neuroradiologist.	01244 684300	01244 684398	WCNN
Doyle, G J Dr	Radiology – MSK.	01244 684300	01244 684398	COCH
Etherington, R J Dr	Radiology – MSK.	01244 684300	01244 684398	COCH
Hilles, A Dr	Radiology – general.	01244 684300	01244 684398	COCH
Houghton, J Dr	Radiology – breast.	01244 684300	01244 684398	COCH
Ritchie, D Dr	Radiology – knees.	01244 684300	01244 684398	WI
Respiratory Medicine				
Scott, S Dr	Respiratory medicine and general internal medicine.	01244 684325	01244 680812	P
Rheumatology				
Bucknall, R Dr	Physician and general rheumatology.	01244 684325	01244 680812	P
George, E Dr	Physician and general rheumatology.	01244 684325	01244 680812	AP



Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Urology				
Awsare, N Mr	Percutaneous nephrolithotomy, urological oncology, TURP, radical prostatectomy, TURBT, urodynamics, vasectomy and reversal.	01244 684325	01244 680812	COCH
Jamieson, P Mr	Vasectomy reversal, prostatic diseases, stone and scrotal surgery.	01244 684325	01244 680812	HH
Seipp, C Mr	General urology, erectile dysfunction, urodynamics and incontinence.	01244 684325	01244 680812	BCUHB
Shergill, I Prof	General urology, prostate cancer and disorders.	01244 684325	01244 680812	BCUHB
Vascular Surgery				
Dimitri, S Mr	Vascular surgery including carotids, limb bypass, carotid disease, abdominal aortic aneurysms, vascular disease of limbs, TIA and strokes.	01244 684325	01244 680812	COCH
Olojugba, D Mr	Vascular surgery, vascular medicine, endovascular surgery, peripheral arterial disease and carotid artery surgery.	01244 684325	01244 680812	COCH WHH
Teo, NB Mr	General vascular surgery. Vascular (arterial and venous) diseases, varicose veins (endovenous laser ablation therapy, foam sclerotherapy), thread or spider veins (micro-injection sclerotherapy), carotid diseases, abdominal aortic and lower limb aneurysms, lower limb arterial and chronic venous diseases, lower limb oedema and swelling (including lymphoedema), lower limb and foot ulcers.	01244 684325	01244 680812	COCH WHH

← CONTENTS





How patients feel tomorrow starts today



At Nuffield Health hospitals, we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, offering a range of award-winning healthcare services.

Working with you, for your patients.



Associated services

Connected health is a key aspect of our patient focus. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



Recovery Plus

When you refer a patient to us their treatment doesn't end once they leave the hospital. Our end-to-end approach to complete healthcare brings together a wide range of healthcare services across our hospitals, fitness and wellbeing centres and clinical services. Recovery Plus is an optional enhanced recovery programme available to our private patients free of charge when clinically appropriate.

- ◆ Dedicated recovery coach after discharge
- ◆ Health check with personalised exercise and diet advice
- ◆ Three month membership to our fitness and wellbeing centres.

nuffieldhealth.com/recoveryplus

Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- ◆ Results given straight away
- ◆ Personalised report with test results and next steps
- ◆ Quick and easy referrals (if needed)
- ◆ Patients now have the option to have an online health assessment including at home pathology testing.

nuffieldhealth.com/health-assessments

Physiotherapy

Our hospital is home to a specialist physiotherapy centre, providing a full range of musculoskeletal services delivered by quality practitioners using leading-edge technology. Our team are listed in the physiotherapy section of this directory.

nuffieldhealth.com/physiotherapy

Patients accessing any of our services also benefit from a 30-day free gym pass.

Emotional wellbeing

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

nuffieldhealth.com/mental-health-support





Associated services cont.

Diagnostic imaging services

We have comprehensive imaging capabilities including:

- ◆ MRI
- ◆ CT
- ◆ X-ray
- ◆ Ultrasound
- ◆ Mammography
- ◆ DXA.

nuffieldhealth.com/healthcare-professionals/diagnostic-and-specialist-services

Pathology

We have a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data.

nuffieldhealth.com/healthcare-professionals/services/pathology

Hospital sterile services unit (HSSU)

Our HSSU offers a bespoke decontamination service for re-useable surgical instruments from seven purpose built units throughout England. Our team can offer advice on decontamination for your surgery.

nuffieldhealth.com/healthcare-professionals/services/hssu

Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated GP liaison can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

- ◆ Covering topics tailored to your needs
- ◆ Free to attend
- ◆ Delivered online
- ◆ Flexible formats that work around you.

nuffieldhealth.com/healthcare-professionals/events-for-gps



Associated services cont.

Local Nuffield Health fitness and wellbeing centres

Keeping your patients safe and healthy is our number one priority. Our unique expertise operating our hospitals safely across the UK has enabled us to ensure our fitness and wellbeing centres are as safe as possible for your patients. Our network of 113 centres across the UK offer a huge range of facilities and services including swimming, group exercise for all abilities and on-site experts including chartered personal trainers and physiotherapists. Patients accessing any of our services also benefit from a 30-day free gym pass.

Nuffield Health 24/7

For members looking to workout at a time and place which suits them, we have developed our brand-new digital wellness platform, Nuffield Health 24/7. Offering over 200 on-demand workouts from heart pumping HIIT, to relaxing yoga, there's something for everybody and every ability. We've also created clinically led programmes across healthy hip, knee and spine from our expert physiotherapists. Your health is on demand, with Nuffield Health 24/7.

247.nuffieldhealth.com

To find your local fitness and wellbeing centre, visit nuffieldhealth.com/fitness



Nuffield Health Chester Fitness & Wellbeing centre

Wrexham Road, Chester CH4 7QP
01244 689830 nuffieldhealth.com/gyms/chester

40% FITNESS AND WELLBEING CENTRE DISCOUNT

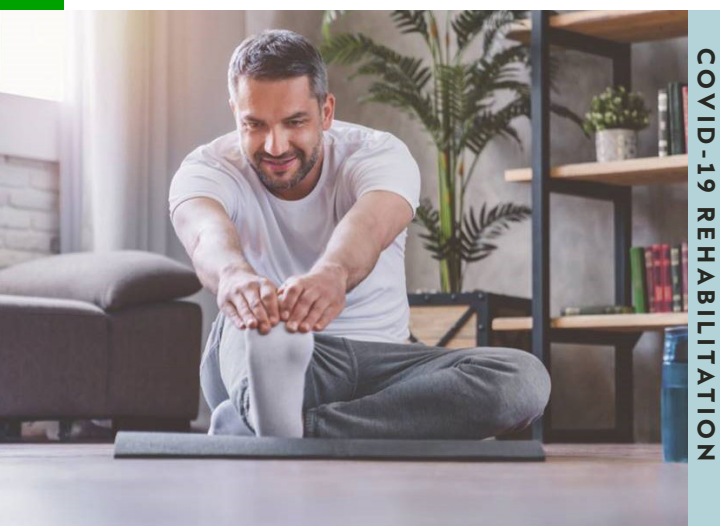
We are offering a **40% discount to all NHS staff** including GPs and practice staff to recognise their hard work and commitment. Please call your local Nuffield Health fitness and wellbeing centre to enquire about membership.

nuffieldhealth.com/NHS



Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.



COVID-19 REHABILITATION

COVID-19 Rehabilitation Programme

Our newly launched unique programme has been developed in collaboration with NHS Trusts.

Following a suspected or confirmed COVID-19 diagnosis, patients can refer themselves onto the programme which offers a unique blend of physical and emotional support. The 12-week plan is led by clinical specialists, and is tailored to an individual's rehabilitation needs.

nuffieldhealth.com/covidrehab



Visit our website nuffieldhealth.com/healthcare-professionals for more information.



STAMINA

STAMINA Research

The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving Androgen Deprivation Therapy, in partnership with Sheffield Hallam University.

Joint Pain Programme

An affordable, evidence-based 12-week course helping people with osteoarthritis to live a full life.



JOINT PAIN



CYSTIC FIBROSIS

Cystic Fibrosis Programme

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.

Schools Wellbeing Activity Programme (SWAP)

A free six-week wellbeing programme empowering children to improve their overall health and wellbeing.

Meet Our Experts events

As a charity, we run regular sessions with the support of our on-site experts, giving members and non-members a chance to learn about health and fitness. These events cover everything from injury prevention to skin care.

Search 'Our Impact' on nuffieldhealth.com to learn more.

To refer your patients visit nuffieldhealth.com/healthcare-professionals/patient-referrals

We are the UK's largest healthcare charity*

For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation. We're proud we are able to invest all our income back into this vision – whether that's through outstanding day-to-day services, or by pioneering improvements in care so more people can benefit: our customers and patients always come first.

The COVID-19 pandemic has presented all of us with new challenges, and our purpose of building a healthier nation has never been more important. In 2020 and 2021, we proudly made our 31 hospitals available to the NHS, and so far, we've treated over 270,000 NHS patients during the pandemic.

In addition to treating patients during their illness, our unique connected healthcare offering enables us to support their recovery and rehabilitation requirements. Working in collaboration with the NHS, we've developed a new COVID-19 Rehabilitation Programme that offers a blend of physical therapy and emotional support. This free 12-week programme is delivered virtually for the first six weeks and the remainder is in a selection of our 113 fitness and wellbeing centres.

nuffieldhealth.com/covidrehab

As ever, in good times and bad, we're committed to our vision of building a healthier nation.

Nuffield Health facilities in the area



Key department contacts

Cosmetic surgery

Call **01244 684343**

GP enquiries

Call **01244 684324**

Inpatient referrals

Call **01244 684334** or **01244 684305**

Outpatient referrals

Call **01244 680444**

Customer services

Call **01244 684324** or **01244 684343**

Hospital director

Call **01244 684335**

Matron

Call **01244 684326**

Pathology

Call **01244 674629**

Physiotherapy

Call **03450 454845**

Radiology

Call **01244 684300**



Nuffield Health Chester Hospital

The Grosvenor, Wrexham Road, Chester CH4 7QP



Call **01244 680444**