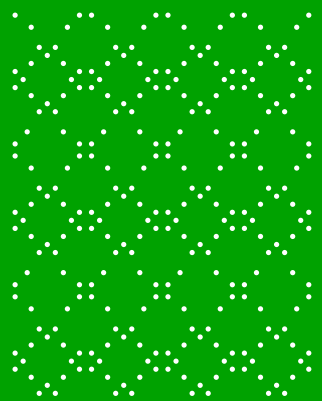


Consultant and services directory 2021/22

Nuffield Health Cheltenham Hospital



Working with you, for your patients.



We're building a healthier nation

Working with you, for your patients

Connected healthcare for your patients, at every stage of their treatment journey.

Working with you, for your professional development

Professional training tailored to the needs of your practice.

Working with you, for your community

Expert-led, evidence-based charitable community programmes available locally to support your patients.

Sales and Services Manager

Deb Gregory
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07580 101037

Nuffield Health Cheltenham Hospital
Hatherley Lane, Cheltenham GL51 6SY

nuffieldhealth.com/hospitals/cheltenham

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How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

Patients via NHS e-Referral Service

Your patients can also be referred via the NHS e-Referral Service – formerly ‘choose and book’ (www.nhs.uk/referrals). You and your patients can select the most convenient time, date and place of treatment for those NHS services we currently have listed on the NHS e-Referral Service web portal.

Call **01242 246574**
Fax **01242 246501**
Email nh.cheltenham.referrals@nhs.net

Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That’s reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

- ◆ The confirmed price is all your patient will ever pay*
- ◆ If they find a better price for the same procedure package, we’ll match it**
- ◆ There are no time limits on aftercare.***

There is also the option of an interest-free loan.

*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your patient’s procedure price. **Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of the patient’s chosen Nuffield Health hospital. We will match against written quotes only. ***Where necessary, we promise to assist your patient to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your patient’s procedure, this is guaranteed for the manufacturer’s expected prosthesis lifetime. “Clinically required” indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at nuffieldhealth.com/promise.



Patient safety is our number one priority

We want to reassure you and your patients that we’ve put in place safety measures to make our hospital COVID-19 secure. We’re offering telephone and online consultations, as well as face-to-face appointments, so whether your patients’ appointment is from home or in person, they’ll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government and Public Health England guidance and are implemented by the Nuffield Health infection prevention team.



Key facilities at Nuffield Health Cheltenham Hospital

Medical cover

24hr resident medical officer.

Patient accommodation

32 residential patient rooms with en-suite facilities, nurse call system, direct dial telephone, free satellite TV, Wi-Fi and radio.

Theatre and support services

Three operating theatres including:

- ◆ Two major theatres with Howorth Exflow™ system
- ◆ Regency ambulatory unit with four en-suite rooms.



Outpatient services

Including:

- ◆ 15 consulting rooms
- ◆ Diagnostic testing including X-ray, mammography, MRI and CT suite
- ◆ ENT suite
- ◆ Minor ops room
- ◆ Nurse-led pre-assessment
- ◆ On-site breast care specialist nurses
- ◆ Ophthalmic suite
- ◆ Pathology
- ◆ Phlebotomy room
- ◆ Physiotherapy including rehabilitation gym
- ◆ Urology service
- ◆ Dermatology
- ◆ One stop knee pain clinic.



Consultant and services directory

NHS base – abbreviations

BC	Brownhills Centre, Cheltenham
CGH	Cheltenham General Hospital
CH	Cirencester Hospital
ECH	Evesham Community Hospital
GRH	Gloucestershire Royal Hospital
GW	Great Western Hospital, Swindon
NCH	North Cotswold Hospital
OU	Oxford University Hospitals NHS Trust
SM	Southmead Hospital, Bristol
SH	Stroud Hospital
TH	Tetbury Hospital
TCH	Tewkesbury Community Hospital
WR	Worcester Royal Hospital



Visit nuffieldhealth.com/consultants to view our consultants' profiles.

The details for each consultant show their name, specialist area, contact details and NHS hospital.

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Breast Surgery				
Chan, HY Mr	Breast surgery including TiLOOP®, general surgery, soft tissue tumours and hernia repairs.	07946 679968	01242 246525	
Court, F Miss	Diagnosis and treatment of all breast problems, oncoplastic and reconstructive breast surgery, cosmetic breast surgery and lipomodelling, general surgery including laparoscopic techniques and sentinel node biopsy.	07946 679968	01242 246525	CGH
Hunt, R Mr	All aspects of breast surgery including techniques for breast conservation and breast reconstruction using either implants of autologous techniques (using the patient's own tissue) and contralateral surgery for symmetrisation after breast cancer surgery.	01242 246574	01242 246551	CGH
Cardiology				
Challenor, V Dr	Ischaemic heart disease, heart failure, hypertension, valvular heart disease, atrial fibrillation and general cardiology.	01242 524858	01242 292002	CGH
Chamberlain-Webber, R Dr	General adult cardiology and coronary heart disease.	01242 524858	01242 292002	CGH
McAloon C Dr	General adult cardiology, valvular heart disease, heart failure, ischaemic heart disease, cardio-oncology, cardiomyopathy, transoesophageal echocardiography (British Society of Echocardiography accredited), advanced transthoracic echocardiography (British Society of Echocardiography accredited), stress echocardiography (dobutamine and exercise) and cardiac MRI.	01242 246574	01242 246501	CGH GRH
Nuta, B Dr	General adult cardiology, assessment of palpitations, arrhythmia, implantation and management of pacemakers and more complex cardiac devices for heart failure (CRT and ICD).	01242 246574	01242 246501	CGH GRH
Raina, T Dr	General adult cardiology and coronary heart disease.	01242 524858	01242 292002	CGH
Saha, M Dr	Specialising in chest pain/angioplasty, heart failure, heart valve disease, and assessment/treatment of palpitations/dizzy spells from a cardiac perspective.	07786 069932	01242 246501	CGH GRH
Dermatology				
Milne, JT Dr	All general dermatology, inflammatory skin disease, vitiligo, skin cancer and vulval dermatology.	01242 246574	01242 246501	CGH GRH
Takwale, A Dr	Skin cancer diagnosis and management including skin cancer surgery, hair, nail problems and inflammatory skin diseases including eczema, psoriasis and teenage acne.	01242 246574	01242 246551	CGH GRH

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Ear, Nose and Throat (ENT)				
Clark, M Mr	Ear disease including discharging ears, cholesteatoma, eardrum perforations, wax impaction, hearing loss, bone-anchored hearing aids, Eustachian tube dysfunction and balance disorders, general ENT including tonsillectomy, adenoidectomy, grommets and sinus surgery.	01242 246574	01242 246501	GRH CGH SH
Hall, C Mr	Voice, dysphagia and throat problems, neck lumps and thyroid, head and neck skin lesions including cancers, general ENT including nasal and sinus problems and functional septorhinoplasties.	01242 246574	01242 246501	GRH CGH
Hamilton, JW Mr	Ear disease, discharging ears including cholesteatoma, perforated ears and otitis externa, hearing loss including otosclerosis and paediatric ear disease including glue ear.	01242 246574	01242 246501	GRH CGH
Thomas, M Mr	Benign and malignant conditions of the head and neck, salivary gland, all aspects of nasal surgery, snoring and laryngeal conditions.	01242 246574	01242 246501	CGH
Gastroenterology				
Brooklyn, TN Dr	Outpatient and inpatient gastroenterology and hepatology.	01242 246574	01242 246501	CGH
DiMambro, A Dr	Gastroenterology, general medicine, liver disease, nutrition and intestinal failure, inflammatory bowel disease, irritable bowel syndrome and endoscopy. Special interest in dietary manipulation in the management of GI disorders, steroid resistant/complex inflammatory disease.	01242 246574	01242 246501	CGH
General Medicine				
Deering, A Dr	Postural tachycardia syndrome (PoTS), syncope, stroke, TIA, hypertension and general medicine.	01242 252265	01242 246501	GRH
Raghuram, A Dr	Asthma and COPD, unexplained breathlessness, cough, recurrent chest infections including bronchiectasis, pleural diseases, lung cancer, interstitial lung diseases and bronchoscopy including endobronchial ultrasound.	01242 524858	01242 292002	CGH
General Surgery				
Bulbulia, R Mr	General, vascular surgery and varicose vein surgery.	07946 679968	01242 246525	CGH
Chan, HY Mr	Breast augmentation, breast reduction, general surgery, soft tissue tumours and hernia.	07946 679968	01242 246525	
Higgs, S Mr	Upper gastrointestinal cancer staging and surgery, endoscopic ultrasound (EUS) for oesophagogastric and pancreaticobiliary disorders, management of gastro-oesophageal reflux disease, advanced laparoscopic surgery, diagnostic and therapeutic endoscopy, laparoscopic management of gastrointestinal stromal tumours (GISTs), laparoscopic management of gallbladder and bile duct stones.	01242 906909	01242 246525	CGH GRH

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
General Surgery – continued				
Hornby, S Mr	General surgery, keyhole surgery and laparoscopy.	01242 246574	01242 246501	CGH GRH
Kulkarni, S Mr	Varicose vein treatments – surgery, foam sclerotherapy, radiofrequency ablation and groin hernia surgery (open and laparoscopic).	01242 246574	01242 246501	CGH GRH
Old, O Mr (NHS e-Ref for hernias)	Gallstones, hernias, gastro-oesophageal reflux (acid reflux), hiatus hernias, Barrett’s oesophagus and endoscopy (diagnostic and therapeutic).	01242 246574	01242 246501	
Paravastu, S Mr (NHS e-Ref for hernias)	Hernias, carotid disease, claudication, varicose veins, abdominal aortic aneurysms. He specialises in minimally invasive (key hole) treatment of varicose veins (LASER, RFA, foam and glue techniques). In addition, he also has a special interest in diabetic lower limb salvage.	01242 246574	01242 246501	CGH GRH
Poskitt, KR Mr (NHS e-Ref for hernias)	Hernia surgery, varicose vein treatments, leg ulceration and vascular surgery.	07946 679968	01242 246524	CGH
Whyman, M Mr	Hernias, all types, including local anaesthetic and laparoscopic repair, venous disease, varicose veins, leg swelling, leg ulceration, thread veins and treatment of these by foam and microsclerotherapy, surgery and radio-frequency ablation, arterial disease, claudication and aneurysms.	01242 246574	01242 256501	CGH
General and Colorectal Surgery				
Borley, N Mr	Coloproctology, colorectal cancer and polyps, inflammatory bowel disease, endoscopy, anorectal and hernia surgery specialising in laparoscopic and minimally invasive surgery.	01242 906909	01242 246525	CGH
Glancy, D Mr	Colorectal cancer, benign colorectal disorders, advanced laparoscopic (keyhole) surgery, pelvic floor disorders (faecal incontinence and obstructed defaecation) and new treatments for haemorrhoids.	01242 906909	01242 246525	CGH GRH
Peacock, M Mr	Colorectal cancer resections (open and laparoscopic), early rectal cancer, hernia repair (open and laparoscopic, haemorrhoid/fistula in ano/fissure surgery, endoscopy), OGD/flexible sigmoidoscopy/colonoscopy and transrectal ultrasound (TRUS).	01242 906909	01242 246525	CGH NCH
Roe, T Mr	Laparoscopic and open surgery for benign and malignant colorectal pathology, pelvic floor conditions (faecal incontinence, rectal prolapse), proctological disease (haemorrhoids, fissures, fistulas and pilonidal disease), colonoscopy and upper GI endoscopy, hernia and “lumps and bumps” surgery.	01242 246574	01242 246551	CGH
Wilson, W.R Mr (NHS e-Ref for hernias)	Venous disease, varicose veins, endovascular surgery, endovascular ablation, foam sclerotherapy, vascular surgery, arterial surgery, aneurysm surgery, carotid artery surgery, carotid endarterectomy, leg bypass surgery, hernias, including open inguinal hernia, open femoral hernia, open umbilical hernia repair, incisional and recurrent hernia repair and minor lump removal e.g. lipoma and sebaceous cyst.	01242 246574	01242 246551	CGH



Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Gynaecology				
Gornall, RJ Mr	Gynaecological oncology, colposcopy and minimal access surgery for general gynaecology.	01242 246574	01242 246551	CGH
Hillaby, K Miss	Gynaecological cancers, vulval problems, colposcopy, gynaecological ultrasound including early pregnancy scanning, general gynaecological problems, rapid access clinics, all forms of minimal access surgery, including laparoscopic hysterectomy.	01242 246574	01242 246551	CGH GRH WR
Rahmanou, P Mr	General gynaecology and urogynaecology, minimal access (laparoscopic) surgery, investigation and management of urinary incontinence, genital prolapse, obstetric injuries, menstrual disorders, pelvic pain and ovarian cysts.	01242 246574	01242 246501	CGH GRH
Reddy, KR Mrs	Laparoscopic surgery, reversal of sterilisation, sub fertility, menopausal and endometriosis, reproductive endocrine, polycystic ovaries and premature ovarian failure.	03004 223128	01242 246501	CGH GRH
Vellayan, M Dr	Menstrual disorders, perimenopausal, postmenopausal bleeding, menopause and HRT, premenstrual syndrome, paediatric gynaecology, pelvic pain, endometriosis, ovarian cysts, vulval disorders and vaginal discharge.	01242 246574	01242 246501	CGH GRH
Whittaker, MD Mr	Menstrual disorders, pelvic pain including endometriosis, endometrial ablation, laparoscopic and hysteroscopic surgery.	01242 246574	01242 246551	GRH
Medical Oncology				
Elyan, SAG Dr	Lymphomas, neuro-oncology, breast, lung and upper GI cancers.	01242 274016	01242 246501	CGH
Farrugia, D Dr	Lung cancer, mesothelioma, melanoma, renal (kidney) tumours, neuroendocrine tumours, testicular cancer and cancer of unknown primary.	03004 222392	03004 223506	CGH
Jenkins, P Dr	Breast cancer and urological cancers.	03004 224019	03004 223056	CGH
Reed, N Dr	Clinical oncology.	03004 224019	03004 223056	CGH
Neurology				
Silva, M Dr	General neurology, Parkinson's disease, epilepsy, headache and migraine.	01242 692866	01242 246501	CGH
Wakerley, B Dr	Diagnosing and treating all kinds of headaches, including migraines, cluster headaches and chronic headaches, as well as other neurological disorders.	01452 337275	01242 246501	CGH GRH

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Ophthalmology				
Caesar, RH Mr	Cataract, oculoplastic surgery including reconstructive, cosmetic and lacrimal.	07598 416618	01242 246501	CGH
Mackintosh, G Mr	Cataract surgery (specialist implants), refractive surgery (laser), ocular and cosmetic surgery.	01242 246574	01242 246501	CGH GRH SH
McNaught, A Prof	Glaucoma and cataract surgery.	01242 246574	01242 246501	CGH
Tomlins, P Mr	Cataract, dry eye disease and corneal surgery.	01242 246574	01242 246501	CGH GRH
Oral and Maxillofacial Surgery				
Farrier, J Mr	Oral surgery, skin cancer, facial aesthetic surgery, salivary gland surgery, maxillofacial trauma, dentoalveolar surgery, facial rejuvenation botox and fillers.	01242 246574	01242 246551	CGH GRH
Knepil, G Mr	Facial cosmetic and reconstructive surgery with special interest in facial deformity, skin cancer, salivary gland, oral surgery and trauma.	01242 300303	01242 246501	CGH GRH
Orthopaedics – Lower				
Atwal, Mr N (NHS e-Ref)	Knee and hip surgery including partial and total knee replacements, arthroscopic meniscal surgery and ligament reconstruction, osteotomy, hip replacement, hamstring tears and lower limb injuries.	01242 246574	01242 246501	CGH ECH GRH
Barksfield, Mr R	Hip and knee conditions, management of arthritis, joint replacement and soft tissue surgery.	01242 246574	01242 246501	CGH GRH
Brown, R Mr	All aspects of foot and ankle surgery – bunions, arthritis of the foot and ankle, sports injuries, minimally invasive ankle surgery and adolescent foot problems.	01242 246574	01242 246501	OUH NCH
Clint, S Mr	Foot and ankle surgery and complex trauma surgery.	01242 246574	01242 246551	CGH
Dodds, A Mr (NHS e-Ref)	Specialist knee and hip surgeon – all aspects of knee surgery including trauma, arthroscopic (keyhole) surgery, ligament (including ACL) reconstruction, realignment surgery (osteotomy) and partial/total joint replacement, primary and revision knee and hip replacement.	01242 246574	01242 246501	CGH GRH
Gleeson, R Mr	Specialist knee surgeon, knee arthroscopy for meniscal tears and 'articulate' cartilage injuries, sports knee ligament injuries and ACL reconstruction, tendon injuries around the knee, arthritis of the knee, unicompartmental knee replacement, total knee arthroplasty, arthritis of the hip, hip injections and total hip replacement.	01242 246574	01242 246551	CGH RGH SH TH



Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Orthopaedics – Lower – <i>continued</i>				
Gosal, H Mr	Gosal knee clinic, knee arthroscopy, ACL reconstruction, total knee replacement, unicompartmental knee replacement, high tibial osteotomy, knee surgery, acute knee injuries and total hip replacement.	01242 246534	01242 246578	CGH
Holt, G Mr	General orthopaedics and trauma, hip and knee replacement, hip resurfacing, knee arthroscopy and ACL reconstruction and hip and knee arthroplasty revision.	01242 246574	01242 246551	CGH
Kempshall, P Mr	Knee pain and injuries, an interest in sports injuries of the ACL, specialises in disease modifying (preventive) surgery and regenerative treatments for knee cartilage damage and arthritis, expert in partial knee replacement (day case), offers total knee replacement and arthroscopic procedures including meniscal repair and meniscectomy and ACL reconstruction.	01242 246574	01242 246501	CGH GRH
Kumar, S Mr	Consultation for foot and ankle disorders, adolescent and children orthopaedics, minor outpatient procedures, injections, foot and ankle surgery, adolescent and paediatric orthopaedics.	01242 246574	01242 246501	CGH GRH
Mackinnon, J Mr (NHS e-Ref)	Hip and knee replacements (including revisions) and knee arthroscopy.	01242 906909	01242 246525	
Mutimer, J Mr (NHS e-Ref)	Primary and revision hip arthroplasty as well as hip soft tissue injuries. Knee arthroplasty and arthroscopy as well as a range of general orthopaedics.	01242 246574	01242 246501	CGH CH ECH GRH
Orthopaedics – Upper				
Biggsby, E Mr	Specialist upper limb surgeon, treats sports injuries, traumatic injuries and degenerative conditions that affect the soft tissues and joints of the clavicle, shoulder, elbow, wrist and hand.	01242 246574	01242 246501	CGH GRH
Engelke, D Mr	Specialist upper limb surgeon. Traumatic or degenerative changes of the hand, wrist, arm, elbow and shoulder. Also an interest in sports related injuries.	01242 246574	01242 246501	CGH GRH TCH
Field, J Mr	Carpal tunnel, trigger finger, hand and wrist arthritis trapeziectomy and joint replacements in the hand, Dupuytron’s disease – surgery and injection treatment, all hand trauma and fracture treatment including wrist and hand fractures. Medicolegal work and a specific interest in CRPS.	01285 831010	01242 246501	CGH
Mason, W Mr	Specialist in hand, wrist and elbow surgery, tendon and nerve disorders and wrist pain.	01242 246574	01242 246501	GRH CH
Peter, N Mr	Specialist upper limb surgeon who has an exclusive interest in hand, wrist, elbow and shoulder surgery.	01242 246574	01242 246501	GRH CH
Takwale, V Mr	Shoulder, elbow and hand surgery.	01242 246574	01242 246551	CGH

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Physiotherapy				
Adams, J Mrs	Senior Physiotherapist (Grad Dip Physiotherapy) musculoskeletal and rheumatology specialist.	03450 454845		
Breach, J Mrs	Regional Clinical Lead Physiotherapist (BSc Hons Physiotherapy). Foot and ankle specialist and vestibular specialist.	03450 454845		
Carpenter, F Miss	Musculoskeletal and sports injuries. (BSc Hons Physiotherapy).	03450 454845		
Eatwell, H Mrs	Musculoskeletal and sports injuries. (BSc Hons Physiotherapy).	03450 454845		
Fossella, S Mr	Senior Physiotherapist (BSc Hons Physiotherapy) ergonomics assessor, musculoskeletal and sports injuries, sports science/technology.	03450 454845		
Griffiths, J Mrs	Senior Physiotherapist (Grad Dip Physiotherapy) hand specialist.	03450 454845		
Hale, L Miss	Musculoskeletal and sports injuries and a hand specialist (BSc Hons Physiotherapy).	03450 454845		
Macrae, F Miss	Musculoskeletal and sports injuries, hydrotherapy specialist (BSc Hons Physiotherapy).	03450 454845		
Mitchell, K Miss	Senior Physiotherapist (MSc Women’s Health Physiotherapy) women’s and men’s health specialist.	03450 454845		
Piff, M Mr	Physiotherapy Manager. (BSc Sports Science, BSc Physiotherapy) musculoskeletal and sports injuries.	03450 454845		
Pilkington, K Mrs	Outpatient Clinical Lead Physiotherapist (BSc Hons Physiotherapy) APPI Pilates instructor, vestibular specialist and shoulder specialist.	03450 454845		
Ralston, E Miss	Musculoskeletal and sports injuries. (BSc Hons Physiotherapy).	03450 454845		
Robbins, L Mrs	Musculoskeletal and sports injuries. (BSc Hons Physiotherapy, PG Cert Higher Education).	03450 454845		
Plastic and Cosmetic Surgery				
Warr, R Mr	Breast augmentation and reduction, cosmetic rhinoplasty, liposuction, recontouring surgery and skin malignancy, otoplasty, earlobe repair and labiaplasty.	01242 246507	01242 246551	GRH
Psychiatry				
Ansell, M Dr	Old age and general adult psychiatry with special interests in memory assessment, dementia and mental capacity assessments.	01453 563125	01242 246501	GW
Kuruvilla, T Dr	Old age psychiatry and dementia.	07377 992135	01242 246501	CGH



Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Rheumatology				
Collins, D Dr	Rheumatology, osteoporosis, inflammatory arthritis and connective tissue disease.	01242 246574	01242 246501	GWH
Johnson, H Dr	Rheumatology, osteoporosis, inflammatory arthritis and connective tissue disease.	01242 246574	01242 246501	GRH
Spine Surgery				
Harcourt, W Mr	Specialising in spinal disorders, all problems of the spine, happy to act as an advisor to decide which treatment would be best for back, neck, leg or arm pain.	01242 246574	01242 246501	
Shah, Y Mr	Specialises in managing all conditions involving spinal degeneration, tumour, trauma and infection.	01242 300303	01242 246501	CGH GRH
Sundaram, R Mr	All aspect of spinal surgery as well as general trauma.	01242 246574	01242 246501	GRH
Torrie, A Mr	Lumbar and cervical spinal surgery, lumbar and cervical spinal decompression and fusion, instability, back pain, radicular pain and MSCC.	01242 246574	01242 246501	CGH GRH
Sports Medicine				
Jaques, R Dr	Consultant in sport and exercise medicine, past President of the Faculty of Sport and Exercise Medicine. Experience of treating elite and recreational athletes with musculoskeletal injuries. Main interests include overuse, lower limb injuries and endurance sports problems. Access to experienced physiotherapists, sports podiatry, soft tissue massage and sports psychology.	01242 246574	01242 246501	
Urology – Please call 01242 246573 to book initial appointments.				
Eaton, J Mr	Vasectomy and microsurgical vasectomy reversal, management of lower urinary tract symptoms, benign prostatic disease, intravesical botox for bladder overactivity, prostate cancer, bladder cancer management including cystectomy and orthotopic reconstruction, erectile dysfunction, renal cancer ureteric and renal stones.	01242 246574	01242 246501	CGH
Henderson, J Mr	General urology, urological surgery of the bladder – TURP, TURBT, circumcision and kidney stones.	01242 246574	01242 246501	
Okeke, A Mr	Laparoscopic and open surgery for kidney cancer, prostate cancer, robotic prostatectomy, bladder cancer, BPH, PSA, vasectomy reversal men’s health and general urology such as TURP, TURBT, scrotal operations and cystoscopy.	01242 246574	01242 246501	CGH GRH
Patel, B Mr	General urology, uro-oncology, endourology, vasectomies and vasectomy reversals.	01242 246574	01242 246501	GRH

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Vascular				
Bulbulia, R Mr	General, vascular surgery and varicose vein surgery.	01242 246524	01242 246525	CGH
Kulkarni, S Mr	Varicose vein treatments – surgery, foam sclerotherapy, radiofrequency ablation and groin hernia surgery (open and laparoscopic).	01242 246574	01242 246501	CGH GRH
Paravastu, S Mr	Hernias, carotid disease, claudication, varicose veins, abdominal aortic aneurysms. Specialising in minimally invasive (key hole) treatment of varicose veins (LASER, RFA, foam and glue techniques). Special interest in diabetic lower limb salvage.	01242 246574	01242 246501	CGH GRH
Poskitt, KR Mr (NHS e-Ref)	Hernia surgery, varicose vein treatments, leg ulceration and vascular surgery.	07946 679968	01242 246524	CGH
Whyman, M Mr	Hernias, all types, including local anaesthetic and laparoscopic repair, venous disease, varicose veins, leg swelling, leg ulceration, thread veins and treatment of these by foam and microsclerotherapy, surgery and radio-frequency ablation, arterial disease, claudication and aneurysms.	01242 246574	01242 256501	CGH
Wilson, W.R Mr	Venous disease, varicose veins, endovascular surgery, endovascular ablation, foam sclerotherapy, vascular surgery, arterial surgery, aneurysm surgery, carotid artery surgery, carotid endarterectomy, leg bypass surgery, hernias, including open inguinal hernia, open femoral hernia, open umbilical hernia repair, incisional and recurrent hernia repair and minor lump removal e.g. lipoma and sebaceous cyst.	01242 246574	01242 246551	CGH







How patients feel tomorrow starts today



At Nuffield Health hospitals, we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, offering a range of award-winning healthcare services.

Working with you, for your patients.



Associated services

Connected health is a key aspect of our patient focus. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



Recovery Plus

When you refer a patient to us their treatment doesn't end once they leave the hospital. Our end-to-end approach to complete healthcare brings together a wide range of healthcare services across our hospitals, fitness and wellbeing centres and clinical services. Recovery Plus is an optional enhanced recovery programme available to our private patients free of charge when clinically appropriate.

- ◆ Dedicated recovery coach after discharge
- ◆ Health check with personalised exercise and diet advice
- ◆ Three month membership to our fitness and wellbeing centres.

nuffieldhealth.com/recoveryplus

Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- ◆ Results given straight away
- ◆ Personalised report with test results and next steps
- ◆ Quick and easy referrals (if needed)
- ◆ Patients now have the option to have an online health assessment including at home pathology testing.

nuffieldhealth.com/health-assessments

Physiotherapy

Our hospital is home to a specialist physiotherapy centre, providing a full range of musculoskeletal services delivered by quality practitioners using leading-edge technology. Our team are listed in the physiotherapy section of this directory.

nuffieldhealth.com/physiotherapy

Patients accessing any of our services also benefit from a 30-day free gym pass.

Emotional wellbeing

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

nuffieldhealth.com/mental-health-support





Associated services cont.

Diagnostic imaging services

We have comprehensive imaging capabilities including:

- ◆ MRI
- ◆ CT
- ◆ X-ray
- ◆ Ultrasound
- ◆ Mammography
- ◆ Dexa.

nuffieldhealth.com/healthcare-professionals/diagnostic-and-specialist-services

Pathology

We have a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data.

nuffieldhealth.com/healthcare-professionals/services/pathology

Hospital sterile services unit (HSSU)

Our HSSU offers a bespoke decontamination service for re-useable surgical instruments from seven purpose built units throughout England. Our team can offer advice on decontamination for your surgery.

nuffieldhealth.com/healthcare-professionals/services/hssu

Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated GP liaison can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

- ◆ Covering topics tailored to your needs
- ◆ Free to attend
- ◆ Delivered online
- ◆ Flexible formats that work around you.

nuffieldhealth.com/healthcare-professionals/events-for-gps



Associated services cont.

Local Nuffield Health fitness and wellbeing centres

Keeping your patients safe and healthy is our number one priority. Our unique expertise operating our hospitals safely across the UK has enabled us to ensure our fitness and wellbeing centres are as safe as possible for your patients. Our network of 113 centres across the UK offer a huge range of facilities and services including swimming, group exercise for all abilities and on-site experts including chartered personal trainers and physiotherapists. Patients accessing any of our services also benefit from a 30-day free gym pass.

Nuffield Health 24/7

For members looking to workout at a time and place which suits them, we have developed our brand-new digital wellness platform, Nuffield Health 24/7. Offering over 200 on-demand workouts from heart pumping HIIT, to relaxing yoga, there's something for everybody and every ability. We've also created clinically led programmes across healthy hip, knee and spine from our expert physiotherapists. Your health is on demand, with Nuffield Health 24/7.

247.nuffieldhealth.com

To find your local fitness and wellbeing centre, visit nuffieldhealth.com/fitness



Nuffield Health Gloucester Fitness & Wellbeing Centre

Centre Severn, Gloucester GL4 3HR
01452 634400 nuffieldhealth.com/gyms/gloucester



Nuffield Health Worcester Fitness & Wellbeing Centre

Droitwich Road, Perdiswell Park, Worcester WR3 7SN
01905 887036 nuffieldhealth.com/gyms/worcester

40% FITNESS AND WELLBEING CENTRE DISCOUNT

We are offering a **40% discount to all NHS staff** including GPs and practice staff to recognise their hard work and commitment. Please call your local Nuffield Health fitness and wellbeing centre to enquire about membership.

nuffieldhealth.com/NHS



Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.



COVID-19 REHABILITATION

COVID-19 Rehabilitation Programme

Our newly launched unique programme has been developed in collaboration with NHS Trusts.

Following a suspected or confirmed COVID-19 diagnosis, patients can refer themselves onto the programme which offers a unique blend of physical and emotional support. The 12-week plan is led by clinical specialists, and is tailored to an individual's rehabilitation needs.

nuffieldhealth.com/covidrehab



Visit our website nuffieldhealth.com/healthcare-professionals for more information.



STAMINA

STAMINA Research

The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving Androgen Deprivation Therapy, in partnership with Sheffield Hallam University.

Joint Pain Programme

An affordable, evidence-based 12-week course helping people with osteoarthritis to live a full life.



JOINT PAIN



CYSTIC FIBROSIS

Cystic Fibrosis Programme

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.

Schools Wellbeing Activity Programme (SWAP)

A free six-week wellbeing programme empowering children to improve their overall health and wellbeing.

Meet Our Experts events

As a charity, we run regular sessions with the support of our on-site experts, giving members and non-members a chance to learn about health and fitness. These events cover everything from injury prevention to skin care.

Search 'Our Impact' on nuffieldhealth.com to learn more.

To refer your patients visit nuffieldhealth.com/healthcare-professionals/patient-referrals

We are the UK's largest healthcare charity*

We are the UK's largest healthcare charity. For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation. We're proud we are able to invest all our income back into this vision – whether that's through outstanding day-to-day services, or by pioneering improvements in care so more people can benefit: our customers and patients always come first.

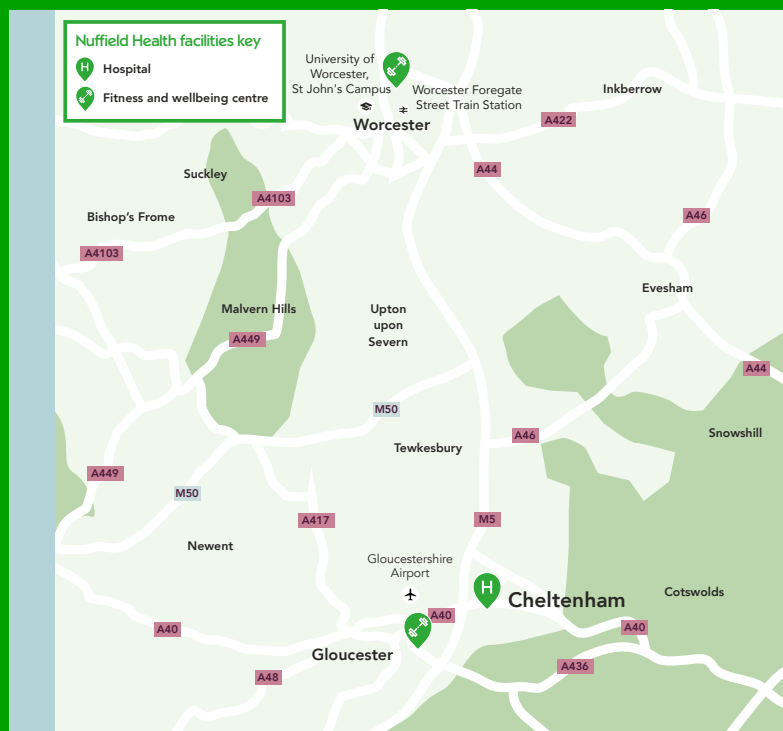
The COVID-19 pandemic has presented all of us with new challenges, and our purpose of building a healthier nation has never been more important. In 2020 and 2021, we proudly made our 31 hospitals available to the NHS, and so far, we've treated over 270,000 NHS patients during the pandemic.

In addition to treating patients during their illness, our unique connected healthcare offering enables us to support their recovery and rehabilitation requirements. Working in collaboration with the NHS, we've developed a new COVID-19 Rehabilitation Programme that offers a blend of physical therapy and emotional support. This free 12-week programme is delivered virtually for the first six weeks and the remainder is in a selection of our 113 fitness and wellbeing centres.

nuffieldhealth.com/covidrehab

As ever, in good times and bad, we're committed to our vision of building a healthier nation.

Nuffield Health facilities in the area



Key department contacts

Outpatient bookings line

Call **01242 246574**

nh.cheltenham.referrals@nhs.net

GP enquiry line

Call **01242 246552**

Pathology

Call **01242 246516**

Radiology

Call **01242 246539** | Fax **01242 246539**

Sales & Services Manager

Deb Gregory

Call **07580 101037**

deborah.gregory@nuffieldhealth.com

Physiotherapy

Call **03450 454845**

Reception

Call **01242 246500** | Fax **01242 246501**



Nuffield Health Cheltenham Hospital
Hatherley Lane, Cheltenham GL51 6SY



Call **01242 246552**