

Monday

FAMILY SWIM



AQUA AEROBICS



WATER BABIES



SWIM SCHOOL



SWIM FIT/ADULT SWIM LESSONS



ADULT 1-2-1 SWIM LESSONS



MAY TAKE PLACE AT ANYTIME WHEN 2 OR 3 LANES ARE OPEN

TIME	LEISURE POOL	LANE 1	LANE 2	LANE 3
06:00-09:30		SLOW	MEDIUM	FAST
09:30-11:00		ALL USERS	AQUA AEROBICS	
11:00-11:15	FAMILY SWIM	ALL USERS	AQUA AEROBICS	
11:15-14:00		SLOW		MEDIUM
14:00-16:00		SLOW	MEDIUM	WATER BABIES
16:00-17:30		SLOW	MEDIUM	
17:30-18:00		SLOW	MEDIUM	FAST
18:00-19:00			SLOW	MEDIUM
19:00-20:00		ALL USERS	SWIM FIT	
20:00-21:45		SLOW	MEDIUM	FAST



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TIME	LEISURE POOL	LANE 1	LANE 2	LANE 3
06:00-10:00		SLOW	MEDIUM	FAST
10:00-11:00		ALL USERS	AQUA ZUMBA	
11:00-11:30	FAMILY SWIM	SLOW	MEDIUM	FAST
11:30-12:15		ALL USERS	AQUA AEROBICS	
12:15-16:00		SLOW	MEDIUM	FAST
16:00-18:00		SLOW	MEDIUM	SWIM SCHOOL
18:00-19:00		SLOW	MEDIUM	
19:00-19:30		SLOW	MEDIUM	FAST
19:30-20:15		ALL USERS	AQUA ZUMBA	
20:15-21:45		SLOW	MEDIUM	FAST



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 MAY TAKE PLACE AT ANYTIME WHEN 2 OR 3 LANES ARE OPEN

TIME	LEISURE POOL	LANE 1	LANE 2	LANE 3
06:00-09:45		SLOW	MEDIUM	FAST
09:45-10:30		ALL USERS	AQUA AEROBICS	
10:30-11:00		SLOW	MEDIUM	
11:00-11:30	FAMILY SWIM	SLOW	MEDIUM	
11:30-12:15		ALL USERS	AQUA AEROBICS	
12:15-16:00		SLOW	MEDIUM	
16:00-16:30		SLOW	MEDIUM	SWIM SCHOOL
16:30-17:30		SLOW	MEDIUM	JUNIOR AQUA
17:30-18:00		SLOW	MEDIUM	SWIM SCHOOL
18:00-19:00		SLOW	MEDIUM	ADULT LESSONS
19:00-20:00		ALL USERS	SWIM FIT	
20:00-21:45		SLOW	MEDIUM	FAST



Thursday

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MAY TAKE PLACE AT ANYTIME WHEN 2 OR 3 LANES ARE OPEN

TIME	LEISURE POOL	LANE 1	LANE 2	LANE 3
06:00-10:00		SLOW	MEDIUM	FAST
10:00-11:00		SLOW	MEDIUM	
11:00-11:40	FAMILY SWIM	SLOW	MEDIUM	
11:40-12:25		ALL USERS	AQUA AEROBICS	
12:25-16:00		SLOW	MEDIUM	
16:00-18:00		SLOW	MEDIUM	SWIM SCHOOL
18:00-21:45		SLOW	MEDIUM	FAST



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06:00-07:00		SLOW	MEDIUM	FAST
07:00-08:00		ALL USERS	SWIM FIT	
08:00-10:00		SLOW	MEDIUM	FAST
10:00-10:45		ALL USERS	AQUA AEROBICS	
10:45-11:00		SLOW	MEDIUM	
11:00-12:30	FAMILY SWIM	SLOW	MEDIUM	
12:30-13:15		ALL USERS	AQUA AEROBICS	
13:15-14:00		SLOW	MEDIUM	
14:00-17:00		SLOW	MEDIUM	WATER BABIES
17:00-18:00		SLOW	MEDIUM	FAST
18:00-21:45		SLOW	MEDIUM	FAST



Saturday

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08:00-10:00		SLOW	MEDIUM	FAST
10:00-10:45		ALL USERS	AQUA AEROBICS	
11:00-15:45	FAMILY SWIM	SLOW	MEDIUM	WATER BABIES
15:45-17:00		SLOW	MEDIUM	FAST
17:00-19:45		SLOW	MEDIUM	FAST



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10:15-11:00		SLOW	MEDIUM	FAST
11:00-13:30	FAMILY SWIM	SLOW	MEDIUM	SWIM LESSONS
13:30-15:30		SLOW	MEDIUM	ADULT LESSONS
15:30-17:00		SLOW	MEDIUM	FAST
17:00-19:45		SLOW	MEDIUM	FAST

