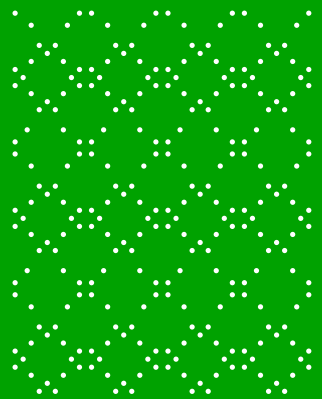
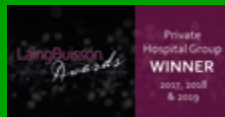


Consultant and services directory 2021/22

Nuffield Health Cambridge Hospital



Working with you, for your patients.



We're building a healthier nation

Working with you, for your patients

Connected healthcare for your patients, at every stage of their treatment journey.

Working with you, for your professional development

Professional training tailored to the needs of your practice.

Working with you, for your community

Expert-led, evidence-based charitable community programmes available locally to support your patients.

Dedicated GP Liaison Officer

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nuffieldhealth.com/hospitals/cambridge

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How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

Patients via NHS e-Referral Service

Your patients can also be referred via the NHS e-Referral Service – formerly 'choose and book' (www.nhs.uk/referrals). You and your patients can select the most convenient time, date and place of treatment for those NHS services we currently have listed on the NHS e-Referral Service web portal.

Call **08000 155020**

Fax **08004 715058**

Email chooseandbook@nuffieldhealth.com

Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That's reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

- ♦ The confirmed price is all your patient will ever pay*
- ♦ If they find a better price for the same procedure package, we'll match it**
- ♦ There are no time limits on aftercare.***

There is also the option of an interest-free loan.

*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your patient's procedure price. **Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of the patient's chosen Nuffield Health hospital. We will match against written quotes only. ***Where necessary, we promise to assist your patient to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your patient's procedure, this is guaranteed for the manufacturer's expected prosthesis lifetime. "Clinically required" indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at nuffieldhealth.com/promise.



Patient safety is our number one priority

We want to reassure you and your patients that we've put in place safety measures to make our hospital COVID-19 secure. We're offering telephone and online consultations, as well as face-to-face appointments, so whether your patients' appointment is from home or in person, they'll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government and Public Health England guidance and are implemented by the Nuffield Health infection prevention team.



Key facilities at Nuffield Health Cambridge Hospital

Medical cover

24hr resident medical officer.

Patient accommodation

36 en-suite patient rooms with nurse call, smart TV, Wi-Fi and a 2-bed extended monitoring unit.

Theatre and support services

- ◆ Three digital theatres
- ◆ Minor ops theatre
- ◆ Five-bay day case suite.



Outpatient services

Including:

- ◆ 18 consulting rooms
- ◆ ENT suite and audiology suite
- ◆ Specialist urology, gynaecology and ophthalmology consultation rooms
- ◆ Plaster room
- ◆ Outpatient treatment room
- ◆ Pharmacy.



Consultant services and directory

NHS base – abbreviations

AH	Addenbrooke's Hospital
BEDS	Bedford Hospital NHS Foundation Trust
CUH	Cambridge University Hospital NHS Foundation Trust
HB	Hinchingbrooke Hospital
MEHT	Mid Essex Hospital
RPH	Royal Papworth Hospital NHS Foundation Trust
SEPT	South Essex Partnership University NHS Foundation Trust
WS	West Suffolk Hospital



Visit nuffieldhealth.com/consultants to view our consultants' and surgeons' profiles.

The details for each consultant show their name, specialist area and NHS hospital.

Consultant Name	Sub-speciality	NHS Base
Allergy Medicine and Asthma		
Nasser, Shuaib Dr	Asthma and all types of allergy including food allergy, hay fever, anaphylaxis, urticaria, angioedema, perennial rhinitis, sinusitis, recurrent nasal polyps, eczema, bee and wasp sting allergy and drug allergy in adults and children.	AH
Audiological Medicine		
Halliday, Sue Mrs	Audiology.	AH
Breast Surgery		
Agrawal, Amit Mr	Breast cancer, one-stop diagnostic clinic, breast cancer surgery, oncoplastic breast surgery, breast reconstruction, symmetrising reduction and augmentation and correction of deformity following cancer surgery with fat transfer or partial breast reconstruction.	AH
Benson, John Prof	Breast cancer – diagnosis, surgery and reconstruction.	AH
Forouhi, Parto Mr	Surgery for breast cancer including breast re-shaping surgery for cancer, diagnosis and treatment of breast problems and breast reconstruction. Additional services provided include treatment of abdominal wall hernias.	AH
Wishart, Gordon Prof	Medicolegal.	
Cardiology		
Begley, David Dr	Cardiac rhythm management including the investigation of cardiac rhythm disorders leading to symptoms of palpitations, breathlessness, fatigue, and syncope/pre-syncope. Treatments include the implantation of permanent pacemakers and implantable cardioverter defibrillators (ICDs) and the ablation of all forms of arrhythmias.	RPH
Calvert, Patrick Mr	General cardiology, including chest pain, murmurs and valve disease, palpitation/arrhythmia, dizziness/blackout, shortness of breath, heart failure and hypertension. Assessment and treatment of coronary disease including angiography and angioplasty plus stent. Assessment and treatment of valve disease including mitral valvuloplasty and percutaneous mitral valve repair. Assessment and percutaneous closure of atrial septal defect, patent foramen ovale and left atrial appendage closure.	RPH
Clarke, Sarah Dr	All aspects of general cardiology and interventional cardiology including angina, heart valve disease, heart failure/cardiomyopathy, arrhythmias, hypertension, syncope and cardiac screening. Symptoms of chest pain, breathlessness, palpitations and dizziness.	RPH
Fynn, Simon Dr	Atrial fibrillation, heart rhythm disturbances, palpitations, catheter ablation, blackout, syncope, pacemaker and defibrillator implantation.	RPH
Grace, Andrew Prof	Atrial fibrillation, cardiac/heart arrhythmias and unexplained symptoms (slow pulses, rapid pulses, extra and missing beats, palpitations), sudden collapse/syncope, cardiac ablation procedures, pacemakers and arrhythmia devices and general cardiology.	RPH
Heck, Patrick Dr	Cardiology, atrial fibrillation, cardiac arrhythmias, syncope, palpitations, cardiac screening, pacemakers and ablations.	RPH
Hoole, Stephen Dr	Interventional cardiology focusing on the investigation of chest pain and/or breathlessness with non-invasive CT coronary angiography, stress perfusion cardiac MRI, exercise stress tests and invasive intracoronary imaging and physiology to guide treatment of coronary artery blockages with key-hole coronary artery stenting via the radial (wrist) artery.	RPH
Martin, Claire Dr	Ablation of ventricular arrhythmias including ventricular ectopics and ventricular tachycardia, ablation of atrial arrhythmias including atrial fibrillation, atrial flutter and SVT, implantation of pacemakers, defibrillators and cardiac resynchronisation device, evaluation of familial cardiac conditions, diagnosis and treatment of palpitations, blackouts and dizziness.	RPH
O'Sullivan, Michael Dr	General cardiology, interventional cardiology, breathlessness, chest pain, angina, valvular heart disease, heart failure, palpitations, cardiac screening and hypertension.	RPH

Consultant Name	Sub-speciality	NHS Base
Cardiology – continued		
Schofield, Peter Dr	General cardiology and interventional cardiology, coronary artery disease, valvular heart disease, heart failure, cardiomyopathy and cardiac arrhythmia.	RPH
Virdee, Munmohan Dr	Atrial fibrillation, heart rhythm disturbances, palpitations, catheter ablation, blackout, syncope, pacemaker and defibrillator implantation.	RPH
Dermatology		
Alexandroff, Anton Dr	General, paediatric dermatology, assessment of skin lesions including moles, melanomas and non-melanoma skin cancers, dermatitis, psoriasis, acne and alopecia.	
Burrows, Nigel Dr	General, paediatric dermatology, assessment of benign and malignant skin lesions including moles.	AH
Ranasinghe, Aruni Dr	General, paediatric dermatology, assessment of moles and benign and malignant skin lesions, psoriasis, acne, eczema and dermatitis.	WS
Todd, Pamela Dr	General dermatology, contact allergy, vulval disorders, malignant melanoma, alopecia and patch testing.	AH
Dietitians		
Miah, Tanzil Miss	Gut specialist dietitian – specialist areas include irritable bowel syndrome (IBS), Crohn’s disease, ulcerative colitis, coeliac disease, cancers and nutrition before and following gut surgery (including stomas).	AH CUH
Naylor, Sally Mrs	Irritable bowel syndrome (IBS), including low FODMAP approach, Crohn’s disease, coeliac disease (newly diagnosed and reviews), weight reduction, hypercholesterolemia, nutritional assessment and support.	BEDS
Riordan, Alex Mrs	Irritable bowel syndrome (IBS), food intolerance, coeliac disease, diabetes, obesity and nutritional assessment and support.	SEPT
Ear, Nose and Throat (ENT)		
Amen, Furrat Mr	General and paediatric ENT, thyroid, head and neck cancer.	
Axon, Patrick Mr	General and paediatric ENT, ear disease, child and adult ear problems, hearing loss, dizziness, grommets and tonsils, hearing implants and skull based surgery.	AH
Bewick, Jessica Ms	Paediatric ENT including airway conditions, head and neck lumps, discharging ear, hearing loss. ENT in the complex child and general ENT in adults.	AH CUH
Donnelly, Neil Mr	General and paediatric ENT, ear disease, child and adult ear problems, hearing loss, dizziness, grommets and tonsils, hearing implants and skull based surgery.	CUH
Fahmy, Fahmy Mr	Adult and paediatric services, general ENT, middle ear surgery, endoscopic sinus surgery and rhinoplasty.	WS
Fish, Brian Mr	General adult and paediatric ENT, neck lumps including thyroid, parathyroid and salivary gland, voice and swallowing disorders, throat and tonsil conditions, nasal blockage, snoring and endoscopic sinus surgery.	AH
Jani, Piyush Mr	General adult and paediatric ENT, neck lumps including thyroid, parathyroid and salivary gland, throat and swallowing disorders, tonsil conditions, nasal blockage, snoring and endoscopic sinus surgery.	AH
Jonas, Nico Mr	General adult, paediatric and specialist paediatric ENT. Swallowing, throat, tonsil and adenoid problems, snoring, sleep apnoea, tonsillectomy and adenoidectomy, hearing problems, speech delay, glue ear, ear infections and grommets, neck lumps and salivary gland disease, nasal obstruction, sinus disease and tongue-tie.	AH
McKiernan, David Mr	General adult and paediatric ENT, with sub-specialist interest in medical management of nasal problems and nasal surgery including endoscopic sinus surgery, surgery for nasal obstruction, cosmetic and functional rhinoplasty, facial skin cancers, prominent ears and CSF leak repairs.	AH

Consultant Name	Sub-speciality	NHS Base
Ear, Nose and Throat (ENT) – continued		
Sharma, Rishi Mr	General adult and paediatric ENT surgeon with subspecialty expertise in medical and surgical management of nasal and sinus disease, nasal polyps, allergy, deviated nasal septum and complex sinus pathologies such as tumours, CSF leaks and anterior skull base surgery.	
Tysome, James Mr	Adult and paediatric general ENT, otology, endoscopic sinus surgery, cochlear implantation, ear disease, balance, parotid and neck surgery and skull base surgery.	AH
Endocrinology and Diabetes		
Clark, John Dr	General endocrinology, thyroid disease, investigation of thyroid nodule, pituitary disease and diabetes mellitus.	WS
Todd, Jeannie Dr	General endocrinology, diabetes, thyroid and adrenal disorders, PCOS, prolactin and pituitary disorders and fertility issues.	
Gastroenterology		
Corbett, Gareth Dr	General gastroenterology, irritable bowel syndrome (IBS), inflammatory bowel disease (IBD), endoscopy and colonoscopy.	AH
Middleton, Stephen Dr	Irritable bowel syndrome (IBS), inflammatory bowel disease (IBD), dyspepsia, endoscopy, colonoscopy (diagnostic and therapeutic) and manometry.	AH
Parkes, Miles Dr	Crohn’s disease, ulcerative colitis, coeliac, anaemia, ulcer disease, irritable bowel syndrome (IBS), endoscopy and colonoscopy.	AH
Salvestrini, Camilla Dr	General paediatric gastroenterology, failure to thrive, coeliac disease, feeding difficulties and nutrition, gastroesophageal reflux and stomach pain and endoscopy.	AH
Woodward, Jeremy Dr	General gastroenterology, irritable bowel syndrome (IBS), inflammatory bowel disease (IBD), endoscopy, colonoscopy and coeliac.	AH
General Medicine		
Bradley, John Prof	General and renal medicine and nephrology.	AH
Forsyth, Duncan Dr	Alzheimer’s disease, dementia and movement disorders.	AH
Kirthisingha, Viveca Dr	General and geriatric medicine and gerontology with an interest in falls, medication reviews, long term conditions and frailty.	
General Surgery – Lower Gastrointestinal		
Davies, Justin Mr	All colorectal conditions, including modern management of haemorrhoids (HALO, THD and Rafaelo®), rectal bleeding, anal fistula, abscess and anal fissure, laparoscopic surgery for colorectal cancer, Crohn’s disease, ulcerative colitis, ileoanal pouch surgery and diverticular disease, colonoscopy and hernia repair.	AH
Fearnhead, Nicola Miss	Open and laparoscopic colorectal surgery, bowel, pelvic floor dysfunction and colonoscopy.	AH
Hall, Nigel Mr	Adult colorectal surgery, anorectal problems, colonoscopy, screening, laparoscopic surgery, incisional and parastomal hernia surgery, other abdominal and groin hernias, investigation of rectal bleeding, abdominal pain and altered bowel habit etc.	AH
Powar, Michael Mr	All colorectal surgery, hernia repair, faecal incontinence, chronic constipation, coloproctology, cancers of the bowel and colon, rectal prolapse, management of haemorrhoids (HALO, THD and Rafaelo®), rectal bleeding, anal fistula, abscess and anal fissure.	AH
Wheeler, James Mr	Adult colorectal surgery, transanal endoscopic surgery, colonoscopy, Crohn’s disease, HALO and other haemorrhoid surgery, proctology, hernia repair, colorectal cancer open and laparoscopic surgery.	AH



Consultant Name	Sub-speciality	NHS Base
General Surgery – Upper Gastrointestinal		
Hindmarsh, Andrew Mr	Upper gastrointestinal surgery, gallstones and laparoscopic cholecystectomy, laparoscopic abdominal wall and groin hernia surgery, anti-reflux and hiatus hernia surgery, achalasia and upper GI endoscopy.	AH
Russell, Neil Mr	Laparoscopic and open surgery for abdominal wall and groin hernia repairs, local anaesthetic groin hernia repairs, gallstone disease and laparoscopic cholecystectomy.	AH
Sujendran, Vijay Mr	Upper gastrointestinal surgery, laparoscopic gallbladder surgery, laparoscopic hernia, laparoscopic anti-reflux surgery, gastroscopy (Barrett’s surveillance, endoscopic mucosal resection and radiofrequency ablation), oesophageal and gastric cancers.	AH
Gynaecology		
Baldwin, Peter Mr	General gynaecology, gynaecological oncology, colposcopy, hysteroscopy, laparoscopic and open surgery, menopause, menorrhagia and vulval disease.	AH
Halдар, Krishnayan Mr	General gynaecology and menstrual disorder, gynaecological cancer, colposcopy, advanced laparoscopic surgery, open surgery and vulval disorders.	AH
Shafi, Mahmood Mr	General gynaecology, gynaecological oncology, colposcopy, HPV vaccination, vulval disease, pelvic pain, heavy and painful periods, ovarian cysts, keyhole and minimal access surgery and hysteroscopy.	AH
Slack, Mark Mr	Urogynaecology, laparoscopic surgery, minimal access surgery for childbirth-related pelvic floor problems and menorrhagia.	AH
Hand Surgery		
Grant, Ian Mr	Hand surgery, carpal tunnel treatments, Dupuytren’s contracture, peripheral nerve surgery and children’s hand surgery.	AH
Hopkinson-Woolley, James Mr	Hand and wrist surgery, carpal tunnel treatments and Dupuytren’s contracture.	AH
Johnston, Phillip Mr	Hand and wrist surgery, carpal tunnel treatments and Dupuytren’s contracture.	AH
Haematology		
Crawley, Charles Dr	Haematology oncology, haematology, lymphoma, CLL, myeloma, myelodysplasia, leukaemia and stem cell transplant.	AH
Follows, George Dr	Haematology oncology, lymphoma, CLL, Hodgkin disease, anaemia and abnormal blood values/ blood counts.	AH
Hepatology		
Griffiths, William Dr	Abnormal liver blood tests/imaging, chronic liver disease, hyperferritinaemia and biliary endoscopy.	AH

Consultant Name	Sub-speciality	NHS Base
Iron Deficiency		
Klein, Andrew Dr	Iron deficiency anaemia causing fatigue, shortness of breath, hair loss, brittle nails and palpitations, before and after surgery, vegetarians/vegans, women’s health and chronic illness.	RPH
Nephrology		
Bradley, John Prof	General and renal medicine and nephrology.	AH
Neurology		
Ambegaonkar, Gautam Dr	Paediatric neurology, paediatric epilepsy, headaches, rehabilitation and dyspraxia.	AH
Brierley, Charlotte Dr	General neurology with special interest in muscular dystrophy, peripheral nerve disease, multiple sclerosis and headaches.	AH
Ham, Tim Dr	General neurology with special interest in epilepsy, headache, Parkinson’s disease and cognitive disorder.	AH
Hensiek, Anke Dr	General neurology with special interest in headache, pain, dizziness, epilepsy, Parkinson’s disease, neuropathies, memory problems, movement disorders, multiple sclerosis and inherited neurological diseases.	AH RPH
Krishnakumar, Deepa Dr	Paediatric neurology, paediatric epilepsy, headaches, strokes, cerebral palsy, developmental problems, neuromuscular disorders and rehabilitation.	AH
Parker, Alasdair Dr	Paediatric neurology, paediatric epilepsy, headaches, traumatic brain injury, motor disorders and tics/Tourette’s syndrome.	AH
Phillips, Wendy Dr	General neurology, multiple-system atrophy (MSA) and functional movement disorders.	AH
Neurosurgery		
Garnett, Matthew Mr	Adult general neurosurgery, spinal surgery, back pain and neck pain, prolapsed disc, minimally invasive surgery, head injury, hydrocephalus and headaches.	AH
Jalloh, Ibrahim Mr	Adult and paediatric neurosurgery, Chiari malformation, hydrocephalus, minimally invasive spinal surgery, back pain, neck pain and leg pain (sciatica).	AH
Kirkpatrick, Peter Mr	Lumbar spine disorders, head injury and cerebral vascular disease.	AH
Laing, Rodney Mr	Spinal neurosurgery, back pain, neck pain, leg pain (sciatica), arm pain, disc prolapse spinal stenosis, keyhole surgery, minimally invasive spinal surgery, carpal tunnel decompression, spinal tumors, spinal fractures and cervical myelopathy.	CUH
Macfarlane, Robert Mr	Medicolegal.	AH
Mannion, Richard Mr	Spinal neurosurgery including keyhole procedures and spinal fusion, back pain and trigeminal neuralgia.	AH
Trivedi, Rikin Mr	Keyhole spine surgery, neck pain, back pain, disc prolapse, spinal stenosis, disc replacement, spinal fusion, spine tumours, carpal tunnel, ulnar nerve entrapment and nerve tumours.	AH



Consultant Name	Sub-speciality	NHS Base
Oncology – Medical		
Benson, Richard Dr	Head and neck, thyroid and urological cancer.	AH
Corrie, Philpa Dr	Pancreatic and hepatobiliary cancers, melanoma and gastrointestinal tract cancers.	AH
Crawley, Charles Dr	Haematology oncology, lymphoma, CLL, myeloma, myelodysplasia, leukaemia and stem cell transplant.	AH
Follows, George Dr	Haematology oncology, lymphoma, CLL, Hodgkin’s disease, anaemia and abnormal blood values/ blood counts.	AH
Ford, Hugo Dr	Colorectal cancer, stomach and oesophageal cancer and diagnosis and management of cancer of unknown primary origin.	AH
Gilligan, David Dr	Thoracic oncology (lung cancer and mesothelioma), upper GI (oesophageal and stomach) cancer and cancers of unknown primary origin.	AH RPH
Hatcher, Helen Dr	Teenage and young adult cancer, sarcoma, rare gynaecological tumours and complex chemotherapy for brain tumours.	AH
Horan, Gail Dr	Prostate, bladder, renal cancers and sarcoma.	AH RPH
Jefferies, Sarah Dr	Head and neck cancer, thyroid cancer and central nervous system (CNS) tumours.	AH
Jephcott, Catherine Dr	Breast, colorectal and upper gastrointestinal tract cancers.	AH
Mazhar, Danish Dr	Testis, prostate, germ cell and bladder cancer.	AH
McAdam, Karen Dr	Breast, colorectal, hepatobiliary, neuroendocrine and upper gastrointestinal tract cancers and unknown primary cancer.	AH
Moody, Margaret Dr	Lymphoma, breast and colorectal cancers.	AH
Russell, Simon Dr	Urological malignancies of prostate and bladder, breast cancer and unknown primary cancer.	HB AH
Tan, Li Tee Dr	Gynaecological malignancies and colorectal cancer.	AH HB
Wilson, Charles Dr	Breast, colorectal and gastrointestinal cancers.	AH
Ophthalmology		
Alexander, Philip Mr	Lens: cataract surgery, YAG capsulotomy for posterior capsule opacification and dislocated lenses (implants or crystalline lenses). Vitreous: floaters and vitreous haemorrhage. Retina: retinal tears, retinal detachment, Stickler syndrome, ocular trauma and diabetic retinopathy including advanced diabetic eye disease requiring surgery. Macula: macular hole, vitreo-macular traction (VMT) and epiretinal membrane/epimacular membrane.	AH
Allen, Louise Miss	Specialist paediatric ophthalmology including squint surgery, inherited ocular disorders, paediatric cataract surgery and joint paediatric clinics with specialist orthoptic support.	AH
Bourne, Rupert Prof	Cataract surgery, glaucoma and general eye conditions.	HB AH

Consultant Name	Sub-speciality	NHS Base
Ophthalmology – continued		
Ong, Jong Mr	Cataract surgery, complex cataract surgery and general medical retinal disorders including macular degeneration, diabetic retinopathy and vascular disorders, vitreoretinal surgery including retinal detachment and macular surgery.	AH
Shahid, Humma Miss	Comprehensive ophthalmology care to include: small incision cataract surgery with the use of premium (toric and multifocal) intraocular lenses, glaucoma diagnosis and treatment including laser treatment and glaucoma surgery, YAG laser capsulotomy, general ophthalmology including eyelid lumps, blepharitis and dry eye conditions and corneal disorders.	AH
Vivian, Anthony Mr	General adult and paediatric ophthalmology, specialist adult and paediatric squint surgery.	AH WS
Woodruff, Simon Mr	General ophthalmology, cataract surgery and refraction surgery.	MEHT
Oral and Maxillofacial Surgery		
Cameron, Malcolm Mr	Adult and paediatric oral, facial and maxillofacial surgery, including malignancy, salivary gland, head and neck pathology and surgery, oral, dental and jaw lesions and wisdom tooth removal.	AH
Thompson, Mark Mr	Adult and paediatric oral and maxillofacial surgery, including malignancy, salivary gland surgery, oral surgery for dental and jaw lesions and wisdom tooth removal.	AH
Orthopaedics		
Carrothers, Andrew Mr	Hip and knee replacements (primary and revision), pelvic and acetabular surgery, arthroscopic knee surgery, sports injuries, lower limb trauma, reconstructive surgery, management of complex trauma patients and robotic arm assisted surgery, periprosthetic fractures associated with a hip and knee replacement.	AH CUH
Chitnavis, Jai Mr	Arthroscopic knee surgery, ligament reconstruction and knee replacement.	AH
Chou, Daud Mr	Total hip replacement, total knee replacement, revision hip and knee replacement, knee arthroscopy, pelvic and acetabular reconstruction, lower limb fracture surgery, hip and knee megaprosthesis surgery.	AH
Conlan, David Mr	Medicolegal.	AH
Crawford, John Mr	Spinal surgery, scoliosis, back pain, neck pain and discectomy.	AH
Edwards, Dennis Mr	Knee arthroscopy, ACL reconstruction and knee replacement.	AH
Gooding, Christopher Mr	Hip replacement, hip revision surgery, knee replacement, periprosthetic fractures associated with a hip and knee replacement, knee arthroscopy and robotic-arm assisted surgery, bone infection and treatment of bone metastases.	AH
Hay, Douglas Mr	Spinal surgery, scoliosis, back pain, neck pain and discectomy.	AH
Hopkinson-Woolley, James Mr	Hand and wrist surgery.	AH
Johnston, Phillip Mr	Hand and wrist surgery and upper limb surgery, wrist fracture, post fracture correction, hand and wrist osteoarthritis and wrist pain.	AH
Kang, Neil Mr	Shoulder and elbow surgery, upper limb trauma and sports surgery.	AH
Keene, Graham Mr	Hip replacement, hip resurfacing, hip revision surgery and arthroscopic hip surgery, knee replacement and arthroscopic knee surgery, femoroacetabular impingement surgery, sports injury treatment and robotic arm assisted surgery.	AH



Consultant Name	Sub-speciality	NHS Base
Orthopaedics – continued		
Khanduja, Vikas Mr	Arthroscopic surgery of the hip, hip preservation surgery, surgery for femoroacetabular impingement and total hip replacements, knee arthroscopy, ligament reconstruction, medial and patellofemoral knee replacements, primary and revision total knee replacements, ACL reconstruction and sports injury.	AH
Krkovic, Matija Mr	Limb reconstructions post trauma, non-unions, infected non-unions, limb lengthening, bone and joint infections, deformity correction, knee arthroplasty, general trauma and osseointegration.	AH
Latimer, Mark Mr	Adult and paediatric orthopaedic surgery including hip and knee replacement, knee arthroscopy and trauma surgery.	AH
Malviya, Ajay Mr	Hip and knee replacement, pelvic osteotomy, sports hip surgery and periacetabular osteotomy.	
McDonnell, Stephen Mr	Sports knee injuries, knee and hip arthritis management, knee replacement (partial/ unicompartmental, total and revision), hip replacement, arthroscopic meniscal surgery, ligament reconstruction (ACL) and robotic arm assisted surgery.	AH
Melton, Joel Mr	Knee specialist – arthroscopic knee surgery, ligament reconstruction, ACL surgery and realignment, osteotomy surgery, knee replacement, Mako™ robotic-arm assisted surgery and unicompartmental knee replacement.	AH
Robinson, Andrew Mr	Foot surgery, forefoot reconstruction, tendon pathology, sports injury and ankle replacement.	AH
Shakokani, Majeed Mr	Hip replacement, hip revision, knee replacement, knee arthroscopy and robotic-arm assisted hip replacement surgery.	WS
Singh, Sarvpreet Mr	Sports and soft tissue knee injuries, knee and hip arthritis management, knee replacementincluding total, partial, and revision knee replacement, hip replacement, arthroscopicmeniscal surgery and ligament (ACL) reconstruction.	HB
Singhania, Alope Mr	Knee arthroscopy, ACL reconstruction, knee and hip replacement and resurfacing.	HB
Stohr, Kuldeep Ms	Paediatric orthopaedic surgery, including hip dysplasia, paediatric trauma and gait anomalies.	AH
Tytherleigh-Strong, Graham Mr	Arthroscopic open shoulder and elbow surgery and sports surgery.	AH
Van Rensburg, Lee Mr	Shoulder and elbow surgery, upper limb trauma and sports surgery.	AH
Vince, Alastair Mr	Hip replacement, hip resurfacing, hip revision surgery, total knee surgery, partial knee surgery, knee arthroscopy, sports injury and Mako™ robotic-arm assisted surgery.	AH
Orthotics		
Shah, Yasmin Ms	Adult and paediatric, instability and pain control, ligamentous instability, foot deformities, Marfan’s syndrome, charcot foot, diabetes, leg length discrepancy, hallux rigidus, disc lesions, osteoporosis, cerebral palsy, talipes, carpal tunnel syndrome, MS and spinal cord injury.	
Paediatrics		
Allen, Louise Miss	Specialist paediatric ophthalmology including squint surgery, inherited ocular disorders, paediatric cataract surgery and joint paediatric clinics with specialist orthoptic support.	AH
Ambegaonkar, Gautam Dr	Paediatric neurology, paediatric epilepsy, headaches and rehabilitation.	AH
Aslam, Adil Mr	General and laparoscopic paediatric surgery, paediatric tongue-tie, hernia, gastroenterology, groin surgery and circumcision.	AH

Consultant Name	Sub-speciality	NHS Base
Paediatrics – continued		
Axon, Patrick Mr	Paediatric ENT, ear disease, child and adult ear problems, hearing loss, dizziness, grommets and tonsils, hearing implants and skull based surgery.	CUH
Benson, Sally Dr	Paediatric clinical psychologist.	AH
Bewick, Jessica Ms	Paediatric ENT including airway conditions, head and neck lumps, discharging ear, hearing loss and ENT in the complex child.	AH/CUH
Burrows, Nigel Dr	General and paediatric dermatology, assessment of benign and malignant skin lesions including moles.	AH
Cameron, Malcolm Mr	Paediatric oral, facial and maxillofacial surgery, including malignancy, salivary gland and head and neck pathology and surgery, oral, dental and jaw lesions, oral medicine, jaw joint problems, facial pain and tooth extractions for dental phobic patient.	AH
Farrell, Stephen Mr	General surgery of childhood and gastrointestinal surgery.	
Fish, Brian Mr	General paediatric ENT, neck lumps including thyroid, parathyroid, salivary glands, voice and swallowing disorders, throat and tonsil conditions, nasal blockage, snoring and endoscopic sinus surgery.	AH
Garnett, Matthew Mr	Adult and paediatric general neurosurgery, spinal surgery, back pain, neck pain, prolapsed disc, minimally invasive surgery, head injury, hydrocephalus and headaches.	AH
Hall, Per Mr	Dermatological surgery, facial surgery, paediatric surgery, reconstructive surgery, skin cancer, cosmetic breast surgery, non-surgical cosmetic treatment, management of facial deformity including cleft lip and palate and cosmetic rhinoplasty.	AH
Henry, Carine Mrs	Infant feeding, feeding problems in childhood, obesity and disordered eating, food allergy and intolerance, gastrointestinal problems during infancy, childhood and teens, nutritional and dietary assessment and dietary management, education and support.	
Jani, Piyush Mr	General adult and paediatric ENT, neck lumps including thyroid, parathyroid and salivary gland, throat and swallowing disorders, tonsil conditions, nasal blockage, snoring and endoscopic sinus surgery.	AH
Krishnakumar, Deepa Dr	Paediatric neurology, paediatric epilepsy, headaches, stroke, cerebral palsy, developmental problems, neuromuscular disorders, rehabilitation thyroids, rhinology and tongue-tie.	AH
Latimer, Mark Mr	Paediatric orthopaedic surgery.	
Parker, Alasdair Dr	Paediatric neurology, paediatric epilepsy, headaches, traumatic brain injury, motor disorders and tics/Tourette’s syndrome.	AH
Rolfe, Paul Dr	Paediatric pain management – specialist in the management of chronic pain in children.	AH
Salvestrini, Camilla Dr	General paediatric gastroenterology, failure to thrive, coeliac disease, feeding difficulties, nutrition, gastroesophageal reflux, stomach pain and endoscopy.	AH
Stohr, Kuldeep Ms	Paediatric orthopaedic surgery, including hip dysplasia, paediatric trauma and gait anomalies.	AH
Tysome, James Mr	Paediatric general ENT, otology, endoscopic sinus surgery, cochlear implantation, ear disease, balance, parotid and neck surgery and skull base surgery.	AH
Vivian, Anthony Mr	General adult and paediatric ophthalmology, specialist adult and paediatric squint surgery.	WS
Williams, Martyn Mr	Paediatric urology, foreskin problems, circumcision, daytime wetting, bedwetting, urinary tract infection, kidney disorders, hydronephrosis, bladder disorders, overactive bladder, neuropathic bladder, reflux and stone disease.	AH



Consultant Name	Sub-speciality	NHS Base
Pain Management		
Abrahams, Mark Dr	Pain medicine with a special interest in spinal pain conditions (neck, thoracic, lower back pain), neuropathic pain conditions (including post-surgical neuropathic pain and complex regional pain syndrome [CRPS]), and widespread muscular pain conditions such as fibromyalgia. Therapeutic interventions including nerve blocking techniques, radiofrequency denervation and spinal cord stimulation.	AH
Rolfe, Paul Dr	Management of children's chronic pain, therapeutic injections, diagnostic nerve blocks, pain medicine including chronic back and neck pain, complex regional pain syndrome and procedures for chronic neuropathic pain.	AH
Tamosauskas, Rokas Dr	Pain medicine including chronic back and neck pain, diagnostic nerve blocks, therapeutic injections and denervation (radiofrequency and pulsed radiofrequency) procedures for chronic neuropathic pain, complex regional pain syndrome and fibromyalgia.	AH
Weeks, Evan Dr	Pain medicine with a special interest in spinal pain conditions (neck, thoracic, lower back pain), neuropathic pain conditions (including post-surgical neuropathic pain and complex regional pain syndrome [CRPS]), and widespread muscular pain conditions such as fibromyalgia. Therapeutic interventions, including nerve blocking techniques and radiofrequency denervation.	AH
Physiotherapy – Physiotherapy clinic opening times are by arrangement. Please call 0345 045 4845 for further information.		
Kuranda, Gosia Miss	MSK physiotherapist and acupuncture.	
McLernon Katie, Ms	MSK physiotherapist and acupuncture.	
O'Hare, Emily Miss	MSK physiotherapist, inpatient physiotherapist and acupuncture.	
Owen, Phil Mr	Physiotherapy Manager.	
Wilde, Korina Ms	MSK physiotherapist and acupuncture.	
Wilson, Nicki Mrs	MSK physiotherapist.	
Plastic and Cosmetic Surgery		
Abood, Ahid Mr	Plastic, reconstructive, cosmetic surgery and mole removal.	AH
Ahmad, Tariq Mr	Cosmetic breast surgery, facelift, eyelid and nose cosmetic surgery, abdominoplasty and body contouring, liposuction and lipostructure fat grafting, reconstructive plastic surgery, skin laser and endoscopic aesthetic surgery.	
Durrani, Amer Mr	Mole, cyst, wart and skin tag removal under local anaesthetic, management of all types of skin cancer, sentinel lymph node biopsy for malignant melanoma, scar revision, axillary, groin and neck dissection for metastatic cancer.	AH
Grant, Ian Mr	Plastic surgery, breast augmentation, reduction and correction of developmental abnormality, skin cancer, benign skin lesion surgery, abdominoplasty, liposuction, cosmetic facial surgery, blepharoplasty, facelift and prominent ear correction.	AH
Hall, Per Mr	Dermatological surgery, facial surgery, paediatric surgery, reconstructive surgery, skin cancer, cosmetic breast surgery, non-surgical cosmetic treatment, management of facial deformity including cleft lip and palate and cosmetic rhinoplasty.	AH

Consultant Name	Sub-speciality	NHS Base
Plastic and Cosmetic Surgery – continued		
Malata, Charles Prof	Cosmetic breast surgery (augmentation, reduction, lifting and nipple tattooing), breast reconstruction, facial cosmetic (facelift, eyelid surgery, rhinoplasty, prominent ears, neck lifts and endoscopic brow lift), abdominoplasty, body contouring, reconstructive surgery, skin lesions and cancers.	AH
Price, Richard Mr	Moles, skin lesions and skin cancers, cosmetic breast surgery (augmentation, reduction, lifting), facial reconstruction, facial cosmetic surgery (facelift, eyelid surgery, prominent ears, neck lifts and endoscopic brow lift), non-surgical cosmetic injections, abdominoplasty, liposuction, reconstructive surgery, labial reduction surgery and medicolegal reports.	AH
Psychiatry and Psychology		
Benson, Sally Dr	Paediatric clinical psychologist.	AH
Hunt, Neil Dr	General adult psychiatrist with interest in depression, anxiety and particularly bipolar disorder.	
O'Flynn, Richard Dr	General adult psychiatry, depression, bipolar disorder, anxiety disorders, drug and alcohol dependency, eating disorders and psychophysiological disorders.	
Radiology		
Addley, Helen Dr	Gynaecology radiology.	AH
Babar, Judith Dr	Chest radiology.	AH
Barrett, Tristan Dr	Radiologist.	AH
Bearcroft, Philip Dr	Musculoskeletal radiology.	AH
Carroll, Nick Dr	Gastroenterology.	AH
Cross, Justin Dr	Neuroradiology.	AH
Das, Tilak Dr	Adult and paediatric neuroradiology, spinal radiology, head and neck radiology.	CUH
Freeman, Sue Dr	Gynaecology radiologist.	AH
Gerety, Emma Dr	Musculoskeletal radiology.	AH
Godfrey, Edmund Dr	Gastroenterology radiologist.	AH
Gomez, Anna Dr	Paediatrics radiologist.	AH
Gopalan, Deepa Dr	Cardiothoracic radiology.	RPH
Grainger, Andrew Dr	Musculoskeletal radiology, imaging of sports injury and arthritis, image guided MSK interventions including joint and soft tissue injection.	AH
Higgins, Nick Dr	Neuroradiology.	AH
Hopper, Melanie Dr	Musculoskeletal and spinal injections.	AH
Hughes, Jackie Dr	Pediatric radiologist.	



Consultant Name	Sub-speciality	NHS Base
Radiology – continued		
Jones, Jonathan Dr	Neuroradiology.	AH
Joshi, Yogish Dr	Neuroradiology.	AH
Matys, Tomasz Dr	Neuroradiology.	AH
McDonald, Scott Dr	Musculoskeletal radiology.	CUH
Sala, Evis Prof	Genitourinary.	
Scoffings, Dan Dr	Adult and paediatric neuroradiology, spinal radiology, head and neck radiology.	AH
Screaton, Nick Dr	Chest radiology.	RPH
See, Teik Dr	Interventional, vascular, urology, hepatobiliary and oncology.	AH
Shaida, Nadeem Dr	Consultant in diagnostic and interventional radiology, specialist interests include uroradiology, vascular interventions, fibroid embolisation, prostate artery embolisation, interventional oncology including liver and kidney ablation and image guided biopsy and drainage procedures.	AH
Tanner, James Dr	Mamography.	AH
Tasker, Angela Dr	Chest radiology.	RPH
Whitley, Siobhan Dr	Gastroenterology, oncology and hepatobiliary.	AH
Winterbottom, Andrew Dr	Interventional and urology.	AH
Respiratory Medicine		
Mahadeva, Ravi Dr	General respiratory medicine including asthma, COPD, bronchiectasis, lung fibrosis, diagnostic assessment for cough, breathlessness and chest pain, abnormal chest X-ray and lung function tests.	AH
Rheumatology		
Clunie, Gavin Dr	Osteoporosis, inflammatory and other arthritis, autoimmune connective tissue diseases (positive ANA etc.) and musculoskeletal diagnostic problems.	AH
Jadon, Deepak Dr	Back pain (acute and chronic), rheumatoid arthritis (RA), psoriatic arthritis (PsA), ankylosing spondylitis (AS), gout, pseudogout, osteoarthritis (OA of knee, hand, foot and spine), fibromyalgia, lupus (SLE), Sjogren's syndrome, osteoporosis, chronic pain, and rotator cuff pain, joint and soft-tissue injections with cortisone and local anaesthetic and ultrasound of joints, tendons and ligaments (for diagnosis, monitoring and ultrasound-guided cortisone injection).	AH
Malaviya, Anshuman Dr	Early arthritis, rheumatoid arthritis, psoriatic arthritis and ankylosing spondylitis.	AH
O'Reilly, David Dr	Arthritis, rheumatoid, psoriatic, reactive, degenerative, connective-tissue diseases (such as SLE, myositis and Sjogren's syndrome), polymyalgia/giant cell arteritis, gout, osteoarthritis osteoporosis, Paget's disease, shoulder/neck/back pain/sciatica and unexplained symptoms with or without abnormal inflammatory markers.	WS
Rees, Jonathan Dr	Rheumatology, sports medicine and injury, back pain, rheumatoid arthritis, osteoporosis, osteoarthritis diseases and chronic/complex pain.	CUH
Shenker, Nick Dr	Inflammatory and degenerative joint diseases, chronic pain, complex regional pain syndromes, soft tissue and spinal disease.	AH

Consultant Name	Sub-speciality	NHS Base
Sports and Exercise Medicine		
Kulothungan, Suntharalingam Dr	Sport and exercise medicine, musculoskeletal medicine, sports injury, osteoarthritis and musculoskeletal ultrasound.	AH
Rees, Jonathan Dr	Rheumatology, sports medicine and injury, back pain, rheumatoid arthritis, osteoporosis, osteoarthritis diseases, chronic pain and complex.	CUH
Urology		
Aho, Tevita Mr	Laser prostate surgery, laparoscopic surgery, male urinary symptoms and laparoscopic renal surgery (nephrectomy and pyeloplasty).	AH
Armitage, James Mr	General urology, laser prostate surgery, endourology, laparoscopic surgery andrology, erectile dysfunction, urological pathology, benign prostate diseases and urinary tract infection.	AH
Biers, Suzanne Miss	General urology (including circumcision, cystoscopy, scrotal surgery, vasectomy), female urology (including urinary symptoms and incontinence), male urinary symptoms and incontinence, haematuria, bladder cancer, urethral strictures, urinary tract infection, neurourology, reconstruction of the urinary tract, Peyronie's disease and distal ureteric stones.	AH
Hayek, Sami Mr	Endourology (kidney stones), sexual dysfunction, low testosterone, male and female's lower urinary symptoms, incontinence, prostate surgery (TURP, laser, UroLift® and rezum), recurrent urinary infections, pelvic pain, chronic prostatitis, general urology benign and cancer.	AH
Kasra, Saeb-Parsy Mr	Urology, endourology, stone disease, urological cancer, urological surgery, men's health, haematuria, PSA testing and prostatitis.	AH
Kastner, Christof Mr	MRI prostate cancer assessments and minimally invasive treatments, laser prostate surgery and general urology.	AH
Kelly, John Prof	Haematuria, prostate and bladder cancer, prostate disorders, general urology, robotic prostatectomy and robotic cystectomy.	AH
Lamb, Ben Mr	Prostate cancer, bladder cancer, robotic surgery and general urology.	AH
Shah, Nimish Mr	General urology, raised PSA, prostate cancer and robotic surgery, bladder cancer, kidney stone disease, urinary tract infection and male lower urinary tract symptoms.	AH
Williams, Martyn Mr	Paediatric urology including foreskin problems, circumcision, daytime wetting, bedwetting urinary tract infection, kidney disorders, hydronephrosis, antenatal diagnosis bladder disorders, overactive bladder, neuropathic bladder, reflux and stone disease.	AH
Wiseman, Oliver Mr	Urology, endocrology (kidney stones), urological surgery, urological cancer, men's health, general urology and male infertility including reversal of vasectomy.	AH
Vascular Surgery		
Coughlin, Patrick Mr	Vascular surgery including the treatment of varicose veins and arterial related issues (limb ischaemia/aneurysms), specialist in Raynaud's phenomenon and hand-arm vibration syndrome.	AH
Gaunt, Michael Mr	Varicose veins, endovenous laser ablation, clarivein, VNUS closure, veinwave, foam injection sclerotherapy, microsclerotherapy, thread veins, spider veins, red veins, facial veins, venous eczema, venous ulceration, deep vein thrombosis (DVT), lymphoedema, leg swelling, phlebitis, venous and arterial disorders, peripheral vascular disease, hernias and subcutaneous lumps and bumps.	AH
Gohel, Manj Mr	Specialist in complex venous disease, including varicose veins, thread veins, spider veins, deep vein thrombosis, post-thrombotic syndrome, leg swelling, venous eczema, leg ulcers, phlebitis, aortic aneurysm and peripheral vascular disease. Treatments offered include radiofrequency ablation, ultrasound guided foam sclerotherapy, microsclerotherapy, cyanoacrolate glue closure (Venaseal™) and deep vein stenting.	AH
Harrison, Seamus Mr	Vascular and endovascular surgery including minimally invasive treatment of varicose veins (VNUS closure, foam sclerotherapy, phlebectomies and microsclerotherapy), aortic aneurysm and dissection, peripheral arterial disease, carotid surgery and thoracic outlet syndrome.	AH





How patients feel tomorrow starts today



At Nuffield Health hospitals, we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, offering a range of award-winning healthcare services.

Working with you, for your patients.



Associated services

Connected health is a key aspect of our patient focus. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



Recovery Plus

When you refer a patient to us their treatment doesn't end once they leave the hospital. Our end-to-end approach to complete healthcare brings together a wide range of healthcare services across our hospitals, fitness and wellbeing centres and clinical services. Recovery Plus is an optional enhanced recovery programme available to our private patients free of charge when clinically appropriate.

- ◆ Dedicated recovery coach after discharge
- ◆ Health check with personalised exercise and diet advice
- ◆ Three month membership to our fitness and wellbeing centres.

nuffieldhealth.com/recoveryplus

Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- ◆ Results given straight away
- ◆ Personalised report with test results and next steps
- ◆ Quick and easy referrals (if needed)
- ◆ Patients now have the option to have an online health assessment including at home pathology testing.

nuffieldhealth.com/health-assessments

Physiotherapy

Our expert physiotherapy team is located at our Cambridge fitness and wellbeing centre and provides a full range of musculoskeletal services delivered by quality practitioners using leading-edge technology. Our team are listed in the physiotherapy section of this directory.

nuffieldhealth.com/physiotherapy

Patients accessing any of our services also benefit from a 30-day free gym pass.

Emotional wellbeing

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

nuffieldhealth.com/mental-health-support





Associated services cont.

Diagnostic imaging services

We have comprehensive imaging capabilities including:

- ◆ MRI
- ◆ CT
- ◆ X-ray
- ◆ Ultrasound
- ◆ Mammography.

nuffieldhealth.com/healthcare-professionals/diagnostic-and-specialist-services

Pathology

We have a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data.

nuffieldhealth.com/healthcare-professionals/services/pathology

Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated GP liaison can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

- ◆ Covering topics tailored to your needs
- ◆ Delivered online
- ◆ Free to attend
- ◆ Flexible formats that work around you.

nuffieldhealth.com/healthcare-professionals/events-for-gps



Associated services cont.

Local Nuffield Health fitness and wellbeing centres

Keeping your patients safe and healthy is our number one priority. Our unique expertise operating our hospitals safely across the UK has enabled us to ensure our fitness and wellbeing centres are as safe as possible for your patients. Our network of 113 centres across the UK offer a huge range of facilities and services including swimming, group exercise for all abilities and on-site experts including chartered personal trainers and physiotherapists. Patients accessing any of our services also benefit from a 30-day free gym pass.

Nuffield Health 24/7

For members looking to workout at a time and place which suits them, we have developed our brand-new digital wellness platform, Nuffield Health 24/7. Offering over 200 on-demand workouts from heart pumping HIIT, to relaxing yoga, there's something for everybody and every ability. We've also created clinically led programmes across healthy hip, knee and spine from our expert physiotherapists. Your health is on demand, with Nuffield Health 24/7.

247.nuffieldhealth.com

To find your local fitness and wellbeing centre, visit nuffieldhealth.com/fitness



Nuffield Health Cambridge Fitness & Wellbeing Centre

213 Cromwell Road, Cambridge CB1 3BA
01223 245200 nuffieldhealth.com/gyms/cambridge

40% FITNESS AND WELLBEING CENTRE DISCOUNT

We are offering a **40% discount to all NHS staff** including GPs and practice staff to recognise their hard work and commitment. Please call your local Nuffield Health fitness and wellbeing centre to enquire about membership.

nuffieldhealth.com/NHS



Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.

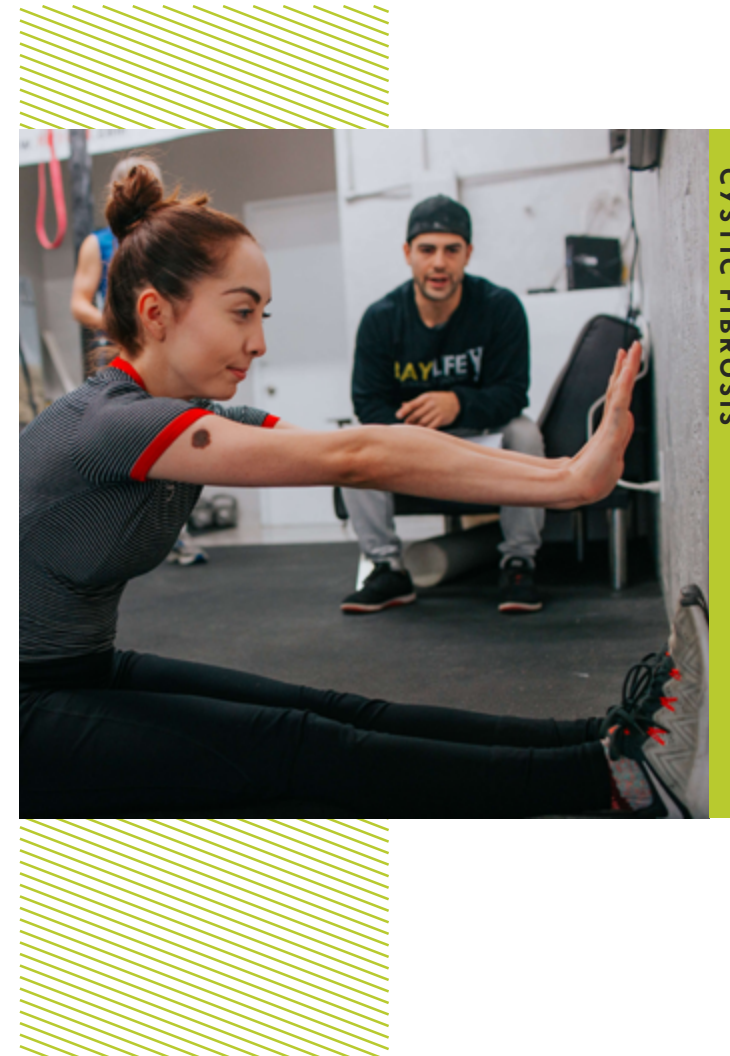


Joint Pain Programme

An affordable, evidence-based 12-week course helping people with osteoarthritis to live a full life. The programme aims to help those living with joint pain to live life to the fullest, with expert guidance and a bespoke exercise programme. Patients will be assigned a wellbeing expert to learn about the role of food, exercise, sleep and mental wellbeing in managing pain.



Visit our website nuffieldhealth.com/healthcare-professionals for more information.



Cystic Fibrosis Programme

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.

Schools Wellbeing Activity Programme (SWAP)

A free six-week wellbeing programme empowering children to improve their overall health and wellbeing.



Meet Our Experts events

As a charity, we run regular sessions with the support of our on-site experts, giving members and non-members a chance to learn about health and fitness. These events cover everything from injury prevention to skin care.

Search 'Our Impact' on nuffieldhealth.com to learn more.

To refer your patients visit nuffieldhealth.com/healthcare-professionals/patient-referrals

We are the UK's largest healthcare charity*

For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation. We're proud we are able to invest all our income back into this vision – whether that's through outstanding day-to-day services, or by pioneering improvements in care so more people can benefit: our customers and patients always come first.

The COVID-19 pandemic has presented all of us with new challenges, and our purpose of building a healthier nation has never been more important. In 2020 and 2021, we proudly made our 31 hospitals available to the NHS, and so far, we've treated over 270,000 NHS patients during the pandemic.

In addition to treating patients during their illness, our unique connected healthcare offering enables us to support their recovery and rehabilitation requirements. Working in collaboration with the NHS, we've developed a new COVID-19 Rehabilitation Programme that offers a blend of physical therapy and emotional support. This free 12-week programme is delivered virtually for the first six weeks and the remainder is in a selection of our 113 fitness and wellbeing centres.

nuffieldhealth.com/covidrehab

As ever, in good times and bad, we're committed to our vision of building a healthier nation.

Nuffield Health facilities in the area



Key department contacts

GP enquiries

Call **01223 370956** | Fax **01223 281310**
cambridge.GP@nuffieldhealth.com

Hospital director (PA)

Call **01223 370924**
tracy.short@nuffieldhealth.com

Outpatient bookings

Call **01223 370922** | Fax **01223 281310**
cambridge.referrals@nuffieldhealth.com

Physiotherapy

Call **01223 370901**

Radiology

Call **01223 370906**
cambridge.radiology@nuffieldhealth.com



Nuffield Health Cambridge Hospital
4 Trumpington Road, Cambridge CB2 8AF



Call **01223 370922**