

Swimming Lesson Timetable

Bromley

Fully qualified A.S.A swimming instructors to lead your child to a happy safe swim session, encouraging water confidence, stroke, skill and stamina development. For further information, please contact **Clare Messer** on clare.messer@nuffieldhealth.com

Monday			
Pool	Instructor	Time	Stage
Teaching	Debbie	10.00am	Parent and baby
Teaching	Tim	4.00pm	Stage 1
		4.30pm	Stage 3
Main	Francis	4.00pm	Stage 5/6
		4.30pm	Stage 6
Teaching	Tim	5.00pm	Stage 4
		5.30pm	Stage 2
Main	Francis	5.00pm	Stage 5
		5.30pm	Stage 7

Wednesday			
Pool	Instructor	Time	Stage
Teaching	Julie	4.00pm	Pre school
		4.30pm	Stage 2
Main	Tim	4.00pm	Stage 5
		4.30pm	Stage 6
Teaching	Julie	5.00pm	Stage 3
		5.30pm	Stage 4
Main	Tim	5.00pm	Stage 7
		5.30pm	Swim Squad

Tuesday			
Pool	Instructor	Time	Stage
Teaching	Donna	10.00am	Parent and baby
		10.30am	Parent and baby 2-3 ½ yrs
Teaching	Donna	1.30pm	Pre school
		2.00pm	Pre school
Teaching	Julie	4.00pm	Stage 1
		4.30pm	Stage 2
Main	Tim	4.00pm	Stage 7
		4.30pm	Stage 5
Teaching	Julie	5.00pm	Stage 3
		5.30pm	Stage 4
Main	Tim	5.00pm	Stage 6
		5.30pm	Stage 8

Thursday			
Pool	Instructor	Time	Stage
Teaching	Sam	1.30pm	Pre school
Teaching	Donna	4.00pm	Stage 1
		4.30pm	Stage 2
Main	Sam	4.00pm	Stage 6
		4.30pm	Stage 5
Teaching	Donna	5.00pm	Stage 3
		5.30pm	Stage 4
Main	Sam	5.00pm	Stage 7
		5.30pm	Stage 8

Friday			
Pool	Instructor	Time	Stage
Teaching	Donna	11.30am	Parent and baby
		11.00am	Pre school