

Swimming Lesson Timetable

Bromley

Fully qualified A.S.A swimming instructors to lead your child to a happy safe swim session, encouraging water confidence, stroke, skill and stamina development. For further information, please contact bromley.swimschool@nuffieldhealth.com

Monday			
Pool	Instructor	Time	Stage
Teaching	Debbie	10.20am	Parent & baby
		10.50am	
Teaching/Main	Mirko	4.00pm	Stage 1
		4.30pm	Stage 3
		5.00pm	Stage 4
		5.30pm	Stage 2
		4.00pm	Stage 4
Main	Donna	4.30pm	Stage 5
		5.00pm	Stage 6
		5.30pm	Stage 7

Tuesday			
Pool	Instructor	Time	Stage
Teaching	Milla	10.30am	Parent & baby
		10.30am	Pre-school
Teaching	Donna	2.00pm	Pre-school
		3.00pm	Parent & baby
Main	Jaime	4.00pm	Stage 7
		4.30pm	Stage 6
		5.00pm	Stage 5
		5.30pm	Stage 4
Teaching	Mirko	4.00pm	Stage 1
Main		4.30pm	Stage 2
		5.00pm	Stage 3
		5.30pm	Stage 4

Wednesday			
Pool	Instructor	Time	Stage
Teaching	Donna	10.00am	Pre-school
		10.30am	
		11.00am	
		11.30am	
Teaching	Donna	4.00pm	Stage 1
		4.30pm	Stage 2
		5.00pm	Stage 3
		4.30pm	Stage 3
Main	Mirko	4.00pm	Stage 3
		5.00pm	Stage 4
		5.30pm	Stage 5
		5.00pm	Stage 5
Main	Jaime	5.30pm	Stage 6
		5.00pm	Stage 7

Thursday			
Pool	Instructor	Time	Stage
Teaching	Donna	2.00pm	Pre-school
		2.30pm	
Teaching/Main	Donna	4.00pm	Stage 1
		4.30pm	Stage 2
		5.00pm	Stage 3
		5.30pm	Stage 4
		6.40pm	Adult Improver
Main	Sam	4.00pm	Stage 5
		4.30pm	Stage 5
		5.00pm	Stage 7
		5.30pm	Stage 8+
		6.00pm	Adult Beginner
		6.30pm	Adult Improver

Friday			
Pool	Instructor	Time	Stage
Teaching	Clare	10.30am	Pre-school
		11.00am	
Main	Jaime	4.30pm	Stage 3
		5.00pm	Stage 4
		5.30pm	Stage 5
		6.00pm	Stage 6
Main	Isabelle	4.30pm	Stage 3
Teaching		5.00pm	Stage 1
		5.30pm	Stage 2
		6.00pm	Stage 2

Sunday			
Pool	Instructor	Time	Stage
Teaching	Ileidy	10.00am	Stage 5
Main		10.30am	Stage 2
Main		11.00am	Stage 3
Teaching		11.30am	Stage 1
Main		12.00pm	Stage 4
Teaching		12.30pm	Stage 2
		1.00pm	Stage 1

1-2-1 and 2-2-1 private sessions available for children and adults please speak to reception or check the website for availability.