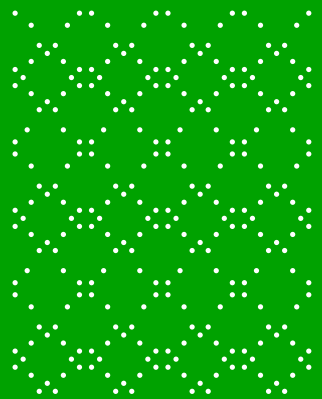


# Consultant and services directory 2021/22

Nuffield Health Bristol Hospital



Working with you, for your patients.





# We're building a healthier nation

## Working with you, for your patients

Connected healthcare for your patients, at every stage of their treatment journey.

## Working with you, for your professional development

Professional training tailored to the needs of your practice.

## Working with you, for your community

Expert-led, evidence-based charitable community programmes available locally to support your patients.



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# How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

## Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

## Patients via NHS e-Referral Service

Your patients can also be referred via the NHS e-Referral Service – formerly 'choose and book' ([www.nhs.uk/referrals](http://www.nhs.uk/referrals)). You and your patients can select the most convenient time, date and place of treatment for those NHS services we currently have listed on the NHS e-Referral Service web portal.

Call **0117 9064870**

Email [bristol.enquiries@nuffieldhealth.com](mailto:bristol.enquiries@nuffieldhealth.com)

## Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That's reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

- ♦ The confirmed price is all your patient will ever pay\*
- ♦ If they find a better price for the same procedure package, we'll match it\*\*
- ♦ There are no time limits on aftercare.\*\*\*

There is also the option of an interest-free loan.

\*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your patient's procedure price. \*\*Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of the patient's chosen Nuffield Health hospital. We will match against written quotes only. \*\*\*Where necessary, we promise to assist your patient to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your patient's procedure, this is guaranteed for the manufacturer's expected prosthesis lifetime. "Clinically required" indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at [nuffieldhealth.com/promise](http://nuffieldhealth.com/promise).



## Patient safety is our number one priority

We want to reassure you and your patients that we've put in place safety measures to make our hospital COVID-19 secure. We're offering telephone and online consultations, as well as face-to-face appointments, so whether your patients' appointment is from home or in person, they'll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government and Public Health England guidance and are implemented by the Nuffield Health infection prevention team.





# Key facilities at Nuffield Health Bristol Hospital

## Medical cover

24hr resident medical officer.

## Patient accommodation

30 individual patient rooms with en-suite facilities, nurse call system, direct dial telephone, flat screen TV and radio and all patient rooms are Wi-Fi enabled.

## Theatre and support services

Four operating theatres, including:

- ◆ Three major surgical theatres with Howorth Exflow™ system
- ◆ One minor day surgery suite
- ◆ JAG accredited endoscopy suite
- ◆ State-of-the-art diagnostic and imaging suite
- ◆ MAKO™ robotic arm-assisted orthopaedic knee surgery
- ◆ Five private patient “pods” for day case procedures.



## Outpatient services

- ◆ 12 consulting rooms
- ◆ Anaesthetic-led pre-assessment clinic
- ◆ Audiology clinic
- ◆ Diagnostic imaging
  - CT
  - Mammography
  - MRI
  - Orthopantomogram (OPG)
  - Ultrasound
  - X-ray
- ◆ Echocardiology
- ◆ Optometrist
- ◆ Pathology laboratory
- ◆ Pharmacy
- ◆ Physiotherapy.





# Consultant and services directory

## NHS base – abbreviations

BEH	Bristol Eye Hospital
BHI	Bristol Heart Institute
BRCH	Bristol Royal Children's Hospital
BRI	Bristol Royal Infirmary
NBT	North Bristol NHS Trust Southmead Hospital
SMH	St Michael's Hospital
UCLH	University College London Hospitals NHS Foundation Trust
WGH	Weston General Hospital



Visit [nuffieldhealth.com/consultants](https://nuffieldhealth.com/consultants) to view our consultants' profiles.

The details for each consultant show their name, specialist area, contact details and NHS hospital.

Consultant Name	Sub-speciality	Telephone	NHS Base
Bariatric Surgery			
Mr James Hewes	Bariatrics, general surgery, weight loss surgery, upper GI surgery, gallstones, hernia and acid reflux.	0117 9064870	NBT
Mr James Hopkins	Bariatrics, general surgery, upper GI surgery, laparoscopic surgery, hernia, gallstones and acid reflux.	0117 9064888	NBT
Mr Alan Osborne	Bariatrics, upper GI surgery, general surgery, weight loss, hernia and gallstones.	0117 9064870	NBT
Mr Daniel Titcomb	Gastroenterology, general surgery, bariatric surgery, weight loss surgery, endoscopy, hernia, laparoscopic surgery and gallstones.	0117 9064881	BRI
Breast Care Clinic			
Miss Sasirekha (Sasi) Govindarajulu	Interventional breast procedures, ultrasound guided therapeutic and diagnostic procedures and excisions.	0117 9064870	NBT
Cardiology			
Dr Jonathan Pitts-Crick	Clinical cardiology, arrhythmia EP and ablation, pacemakers, heart failure and diagnostic angiograms.	0117 9064870	BHI
Dr Ashley Nisbet	Cardiology and electrophysiology.	0117 9064870	BHI
Dr Guido Pieles	Cardiology and paediatric cardiology.	0117 9064870	BRCH
Dermatology			
Dr Helen Audrain	General dermatology, mole removal and excisions.	0117 9064870	NBT
Dr Adam Bray	All skin problems, prevention and diagnosis and treatment of skin cancer.	0117 9064870	BRI
Mr Iraklis Delikonstantinou	Prevention, diagnosis and treatment of all skin cancers and a special interest in melanoma.	0117 9064870	NBT
Miss Grammatiki (Mata) Mitsala	Prevention, diagnosis and treatment of all skin cancers and a special interest in melanoma.	0117 9064870	NBT
Dr Genevieve Osborne	Adult general dermatology and paediatric dermatology, mole checks, diagnosis and treatment of skin cancer.	0117 9064889	BRI BRCH
Mr Ewan Wilson	Prevention, diagnosis and treatment of all skin cancers and a special interest in melanoma.	0117 9064870	NBT
Dietetics			
Mr Dafydd Wilson-Evans	Diet, nutrition and weight loss.	0117 9064870	NBT
Ear, Nose and Throat (ENT)			
Professor Martin Birchall	Disorders of the voice and throat.	0117 9064870	UCLH
Mr Oliver Dale	Head and neck surgery, thyroid surgery, complex nasal surgery including sinus surgery, septoplasty and turbinate surgery.	0117 9041117	BRI
Mrs Marianne McEnnery	Adult audiology, hearing aid provision, hearing loss and tinnitus.	0117 9064880	N/A



Consultant Name	Sub-speciality	Telephone	NHS Base
Ear, Nose and Throat (ENT) – continued			
Mr Ahmed Shaaban	Head and neck surgery, sinus surgery, pinnaplasty and salivary gland surgery.	0117 9064880	NBT
Mr Paul Tierney	General ENT surgery, thyroid surgery, nasal and sinus disorders, voice and snoring problems, rhinoplasty and paediatric ENT surgery.	0117 9064870	NBT
Endocrinology and Diabetes			
Professor Parag Singhal	Diabetes and endocrinology.	0117 9064870	WGH
Dr Campbell Murdoch	Diabetes and metabolic health.	0117 9064870	N/A
Gastroenterology			
Dr Amanda Beale	Abdominal problems, endoscopy, IBS, coeliac disease and inflammatory bowel disease.	0117 9064880	BRI
Dr Tom Creed	Diagnostic and therapeutic colonoscopy, sigmoidoscopy and gastroscopy, bowel cancer screening, IBS, nutrition, inflammatory bowel disease and intestinal failure.	0117 9064880	BRI
Dr Jim (Andrew) Portal	Gut and liver related health problems, indigestion, change in bowel habit, abdominal pains, fatty liver disease, cirrhosis and endoscopy.	0117 9064880	BRI
Dr Robert Przemioslo	Irritable bowel and inflammatory bowel disorders, diagnostic and therapeutic colonoscopy, indigestion and reflux disorders, including endoscopic therapy (STRETTA), RESTECH and BRAVO investigations, liver disease and pancreatology including diagnostic endoscopy and biliary endoscopy (ERCP).	0117 9064870	NBT
General Surgery			
Mr Reyad Abbadi	Liver, gallbladder, bile ducts and pancreas.	0117 9064889	BRI
Mr James Hewes	General surgery, upper GI surgery, bariatrics, weight loss surgery, gallstones, hernia and acid reflux.	0117 9064870	NBT
Mr James Hopkins	Bariatrics, general surgery, upper GI surgery, laparoscopic surgery, hernia, gallstones and acid reflux.	0117 9064888	NBT
Mr Shakeeb Khan	Hernia surgery, renal transplantation and vascular access surgery.	0117 9064888	NBT
Mr Alan Osborne	Bariatrics, upper GI surgery, general surgery, weight loss surgery, hernia and gallstones.	0117 9064870	NBT
Mr Jamshed Shabbir	Laparoscopic surgery and inflammatory bowel disease.	0117 9064870	BRI
Mr Daniel Titcomb	Gastroenterology, general surgery, bariatric surgery, weight loss surgery, endoscopy, hernia, laparoscopic surgery and gallstones.	0117 9064881	BRI
Mr Paul Wilkerson	General surgery, upper GI surgery, laparoscopic surgery, gallstones, hernia and acid reflux.	0117 9064870	BRI

Consultant Name	Sub-speciality	Telephone	NHS Base
Gynaecology			
Miss Elisabeth Adams	Urogynaecology, prolapse and incontinence surgery, mesh repairs and childbirth trauma, psychosexual and couple therapy, labial counselling.	0117 9064870	SMH
Miss Jo Bailey	General gynaecology, colposcopy, laparoscopic surgery, abdominal and pelvic surgery.	0117 9064870	SMH
Miss Naomi Crouch	Colposcopy, hysteroscopy and adolescent gynaecology.	0117 9064870	SMH
Dr Suvarna Mahavarkar	General gynaecology, colposcopy, laparoscopic surgery, pelvic surgery and gynaecological skin conditions.	0117 9064880	SMH
Dr Amit Patel	General gynaecology, colposcopy, laparoscopic surgery and hysteroscopy.	0117 9064870	SMH
Neurosurgery			
Mr Neil Barua	Spinal surgery including lumbar discectomy and lumbar decompression, neuro-oncology.	0117 9041117	NBT
Mr Mark Nowell	Spinal surgery including treatment for cervical and lumbar degenerative disease, trauma, tumour and infection.	0117 9064888	NBT
Mr Nikunj Patel	Spinal surgery and pain management.	0117 9064870	NBT
Mr Nitin Patel	Spinal surgery and neuro-oncology.	0117 9064881	NBT
Oral and Maxillofacial Surgery			
Mr Alistair Cobb	Facial aesthetic surgery, rhinoplasty, facial skin cancers, children's facial surgery including craniofacial, cleft lip and palate surgery, wisdom teeth and non-surgical facial rejuvenation.	0117 9064874	N/A
Ophthalmology			
Miss Clare Bailey	Cataract surgery, retinal disorders and macular degeneration.	0117 9064671	BEH
Mr Kieren Darcy	Cataract surgery, corneal surgery, refractive lens surgery and general ophthalmology.	0117 9064870	BEH
Mr Rafik Girgis	Cataract surgery, refractive lens surgery and glaucoma.	0117 9064870	N/A
Mr Michael Greaney	Cataract surgery, refractive lens surgery and glaucoma.	0117 9064670	BEH
Mr Richard Haynes	Cataract surgery and vitreoretinal surgery.	0117 9064671	BEH
Mr Philip Jaycock	Cataract surgery, premium, toric and multifocal intraocular lenses, corneal surgery and corneal collagen cross-linking.	0117 9064874	BEH
Mr Sidath Liyanage	Retina, cataract and vitreoretinal surgery.	0117 9064870	BEH
Mr Mohammed Majid	Cataract surgery, retinal surgery (including macular hole, retinal detachment and epiretinal membranes), medical retinal disease including injections for macular degeneration, diabetic retinopathy and retinal vein occlusion, uveitis, ocular plastics (including blepharoplasty).	0117 9064884	BEH





Consultant Name	Sub-speciality	Telephone	NHS Base
Ophthalmology – continued			
Mr Adam Ross	Cataract surgery including micro-incision and complex cataract surgery, medical retina and uveitis.	0117 9064870	BEH
Miss Rani Sebastian	Glaucoma and neuro-ophthalmology.	0117 9064870	BEH
Orthopaedics – Lower Limb			
Professor Roger Atkins	Knees, hips, limb reconstruction, foot and ankle surgery, problems after injury and fracture including non-union, mal-union and bone infection.	0117 9064870	NBT
Mr Richard Baker	Knee replacement, including MAKO™ robotic arm-assisted surgery, hip replacement, trauma, hip revision, knee revision and knee arthroscopy.	0117 9064874	NBT
Mr Damian Clark	Knee surgery, sports injury patellofemoral surgery, ligament reconstructions, knee arthritis and knee replacement, including MAKO™ robotic arm-assisted surgery.	0117 9064672	NBT
Mr Hywel Davies	Ligament reconstruction, sports injuries and knee replacement, including MAKO™ robotic arm-assisted surgery.	0117 9064672	NBT
Mr Stephen Eastaugh-Waring	Hip replacement, hip resurfacing and hip revision.	0117 9064888	NBT
Mr Mujahid El-Deen	Hip and knee surgery, foot and ankle surgery.	0117 9064884	N/A
Mr Nicholas Howells	Knee replacement, including MAKO™ robotic arm-assisted surgery, keyhole surgery and musculoskeletal.	0117 9064870	NBT
Mr Asif Khan	Full range of foot and ankle surgery and diabetic foot care.	0117 9064672	BRI
Mr Gerard Lattouf	Foot and ankle surgery.	0117 9064870	N/A
Mr Sanchit Mehendale	Hip and knee surgery.	0117 9064671	BRI
Mr James Murray	Ligament reconstruction, meniscal and cartilage surgery, partial and total knee replacements and sports injuries.	0117 9064870	NBT
Mr James Robinson	Knee surgery, sports injury, arthroscopic keyhole surgery, ligament reconstruction and knee replacement, including MAKO™ robotic arm-assisted surgery.	0117 9064672	NBT
Mr Peter Robinson	Foot and ankle surgery, including cartilage grafting, ankle replacement and diabetic foot care.	0117 9064870	NBT
Mr Oliver Schindler	Hip and knee replacement surgery, sports traumatology and arthroscopic surgery.	0117 9064874	N/A
Mr Jonathan Webb	Knee surgery, sports injury, arthroscopic keyhole surgery, ligament reconstruction, knee arthritis and knee replacement, including MAKO™ robotic arm-assisted surgery.	0117 9064883	N/A
Mr Jason Webb	Osteoarthritis, hip revision surgery and hip resurfacing.	0117 9064870	NBT
Mr Michael Whitehouse	Hip and knee replacement, young adult hip disorders, hip revision and knee arthroscopy.	0117 9064888	NBT

Consultant Name	Sub-speciality	Telephone	NHS Base
Orthopaedics – Spinal			
Mr Ian Harding	Spinal disorders (cervical and lumbar) and thoracic assessment and treatment.	0117 9064870	NBT
Mr Michael Katsimihas	Orthopaedic spinal surgery, cervical and lumbar spine, degenerative work, fusion and disc replacements.	0117 9064874	NBT
Mr Priyan Landham	Spinal disorders (cervical and lumbar) and thoracic assessment and treatment.	0117 9064889	NBT BRCH
Mr Stephen Morris	Orthopaedic spinal surgery, spinal deformity, degenerative (cervical, thoracic, lumbar), trauma, tumours, sports and exercise medicine.	0117 9064888	NBT
Orthopaedics – Upper Limb and Hands			
Mr Rouin Amirfeyz	Osteoarthritis, hand, wrist, elbow and sports injury.	0117 9064870	BRI
Mr Raj Bhatia	Hand surgeon.	0117 9041117	N/A
Mr Neil Blewitt	Shoulder surgery, elbow surgery, hand and wrist surgery and arthroscopy.	0117 9064670	NBT
Mr Philip McCann	Shoulder and elbow surgery including arthritis, impingement, tendon tears and shoulder replacement, sports-related upper limb injuries, hand and wrist surgery.	0117 9064870	BRI
Mr Iain Packham	Shoulder and elbow surgery.	0117 9064870	NBT
Orthotics			
Mr Mark Elmer	Foot and ankle, lower limb, external appliances, back and neck supports, shoe raises and foot orthoses.	0117 9064870	N/A
Pain Management			
Dr Gaurav Chhabra	Pain management, joint pain treatment, epidural injections and neuralgia treatment.	0117 9041117	NBT
Dr Gareth Greenslade	Pain management, spinal and urogenital pain, neuropathic pain, pudendal neuralgia and whiplash.	0117 9064870	NBT
Dr Murli Krishna	Pain management, expert in ultrasound-guided and fluoroscopy-guided interventional pain procedures.	0117 9064671	NBT
Physiotherapy			
Matt Bradley	General post-operative rehab, sports injuries, back and neck pain, acupuncture, general musculoskeletal, shoulders and ESWT.	0117 9872727	N/A
Andrea George	Post-operative rehab for total hip/knee replacements and general post-operative rehab.	0117 9872727	N/A
Claire Kohn	Vestibular and dizziness rehabilitation, sports injuries, back and neck pain, acupuncture, general musculoskeletal and shoulders.	0117 9872727	N/A
Charlotte Meads	Post-operative rehab for total hip/knee replacements general post-operative rehab and clinical Pilates.	0117 9872727	N/A
Hayley Saunders	Women’s health physiotherapy, general musculoskeletal and acupuncture.	0117 9872727	N/A
Mihaela Stanescu	General post-operative rehab.	0117 9872727	N/A





Consultant Name	Sub-speciality	Telephone	NHS Base
Plastic and Cosmetic Surgery			
Mr Shaheel Chummun	Breast surgery, facial surgery, rhinoplasty and reconstructive surgery.	0117 9064874	NBT
Mr Nigel Mercer	Breast surgery, facial surgery, eyelid surgery, rhinoplasty, body contouring, skin cancer, non-surgical facial rejuvenation, abdominoplasty, pinnaplasty and liposuction.	0117 9064870	BRCH
Mr Antonio Orlando	Breast surgery, facial surgery, eyelid surgery, rhinoplasty, body contouring, skin cancer and non-surgical facial.	0117 9064870	NBT
Mr Jonathan Pleat	Burns, scarring and reconstructive surgery, aesthetic surgery, non-surgical facial rejuvenation and skin cancer.	0117 9064870	NBT BRCH
Miss Lisa Sacks	Breast surgery, vertical scar breast reduction, abdominoplasty, rhinoplasty, hand surgery, labiaplasty, lesions and scar revisions.	0117 9070086	N/A
Mr Ewan Wilson	Cosmetic surgery, skin oncology and reconstructive surgery.	0117 9064870	NBT
Mr Paul Wilson	Sarcoma, head and neck, breast, hand, cosmetic and general plastic surgery.	0117 9064870	NBT
Mr Sherif Wilson	Cosmetic, breast reconstruction, skin cancer and hand surgery.	0117 9064870	NBT
Private GP			
Dr Gillian Jenkins	Family planning, accident and emergency, psychiatry, weight management, travel medicine and a special interest in diabetes.	0117 9064870	N/A
Dr Sonia Mann	Generalist care with a special interest in menopause, mental wellness and integrated medicine.	0117 9064870	N/A
Dr Claire Winstanley	All aspects of health and wellbeing, with a particular interest in diet and alternative therapies.	0117 9064870	N/A
Psychiatry and Psychology			
Dr Cecilia Batten	Psychiatry and psychology.	0117 9064870	N/A
Dr Angela Caney	Pain management psychology.	0117 9064870	N/A
Dr Tara Collinge	Psychiatry, psychology and a special interest in ADHD.	0117 9064870	N/A
Dr Vanessa Snowdon-Carr	Weight loss psychology.	0117 9064870	N/A
Radiology			
Dr Verka Beric	Neuroradiology – brain and spinal.	0117 9064878	NBT
Dr Marcus Bradley	Musculoskeletal, CT/MRI/US, pain injections, neuroradiology – brains and spines.	0117 9064878	NBT
Professor Mark Callaway	Abdominal MRI/CT/US, including CT colon.	0117 9064878	BRI



Consultant Name	Sub-speciality	Telephone	NHS Base
Radiology – continued			
Dr Julian Chakraverty	Musculoskeletal, CT/MRI/US and pain injections.	0117 9064878	BRI
Dr Anthony Edey	Chest – CT.	0117 9064878	NBT
Dr John Hughes	Pelvic imaging CT/MRI/US.	0117 9064878	BRI
Dr Shoba Philip	Chest, abdominal, urology CT/MRI/US including CT colon.	0117 9064878	NBT
Dr Huw Roach	Abdominal MRI/CT/US including CT colon.	0117 9064878	NBT
Dr Brathaban Rajayogeswaran	Musculoskeletal, CT/MRI/US and pain injections.	0117 9064878	NBT
Dr Shelley Renowden	Neuroradiology – brain and spinal.	0117 9064878	NBT
Dr Neil Stoodley	Neuroradiology – brain and spinal.	0117 9064878	NBT
Dr Mark Thornton	Chest, abdominal and urology CT/MRI/US.	0117 9064878	NBT
Dr Ed Walton	Musculoskeletal, CT/MRI/US and pain injections.	0117 9064878	NBT
Dr Roland Watura	Musculoskeletal, CT/MRI/US and pain injections.	0117 9064878	NBT
Dr Fionnan Williams	Neuroradiology – brain and spinal.	0117 9064878	NBT
Dr Mandy Williams	Head and neck CT/MRI/US and paediatric radiology.	0117 9064878	BRI
Dr Martin Williams	Musculoskeletal, CT/MRI/US and pain injections.	0117 9064878	NBT
Rheumatology			
Dr Robert Marshall	Inflammatory arthritis, rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis, osteoarthritis, systemic lupus erythematosus, gout, pseudogout, scleroderma, vasculitis and pain management.	0117 9064870	BRI
Dr Samir Patel	Acute and general medicine.	0117 9064870	NBT
Professor Jonathan Tobias	Osteoporosis and bone disorders.	0117 9064870	NBT
Sport and Exercise Medicine			
Dr Stuart Miller	Sports, exercise medicine and sports injuries.	0117 9064889	N/A
Dr Guy Evans	Sports, exercise medicine and sports injuries.	0117 9064889	N/A



Consultant Name	Sub-speciality	Telephone	NHS Base
Urology			
Mr Salah Albuheissi	Management of kidney, testis and retroperitoneal cancers, erectile dysfunction, prostate and bladder problems.	0117 9064870	NBT
Professor Hashim Hashim	Female and male urinary incontinence, bladder pain syndrome, pelvic organ prolapse, urinary tract infections, reconstructive urology, neuro-urology, urodynamics, BPH and standard and laser TURP.	0117 9064870	NBT
Mr Anthony Koupparis	Lower urinary tract symptoms, BPH, prostate, bladder and kidney cancer, urinary tract infections, erectile dysfunction, low testosterone, complex robotic and open cancer surgery.	0117 9064870	NBT
Mr Aditya Manjunath	General urological conditions, andrology and male genitourethral reconstruction.	0117 9064870	NBT
Professor Rajendra Persad	Early detection and treatment of prostate and bladder cancer, erectile dysfunction, penile prosthetic surgery, andrology and microsurgical reversal of vasectomy, minimally invasive procedures and robotic radical prostatectomy.	0117 9064870	NBT
Mr Joe Philip	Kidney stones, ureter and kidney cancer, laparoscopic kidney surgery and lower urinary tract dysfunction.	0117 9064870	NBT
Mr Farukh Qureshi	Urinary tract stones, endoscopic surgery for urethra, bladder and kidney, erectile dysfunction, penile and scrotal surgery, andrology.	0117 9064870	NBT
Vascular Surgery			
Mr William Neary	Vascular surgery, varicose veins and laparoscopic surgery.	0117 9064870	NBT







## How patients feel tomorrow starts today



At Nuffield Health hospitals, we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, offering a range of award-winning healthcare services.

**Working with you, for your patients.**





# Associated services

Connected health is a key aspect of our patient focus. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



## Recovery Plus

When you refer a patient to us, their treatment doesn't end once they leave the hospital. Our end-to-end approach to complete healthcare brings together a wide range of healthcare services across our hospitals, fitness and wellbeing centres and clinical services. Recovery Plus is an optional enhanced recovery programme available to our private patients free of charge when clinically appropriate.

- ◆ Dedicated recovery coach after discharge
- ◆ Health check with personalised exercise and diet advice
- ◆ Three month membership to our fitness and wellbeing centres.

[nuffieldhealth.com/recoveryplus](https://nuffieldhealth.com/recoveryplus)

## Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- ◆ Results given straight away
- ◆ Personalised report with test results and next steps
- ◆ Quick and easy referrals (if needed)
- ◆ Patients now have the option to have an online health assessment including at home pathology testing.

[nuffieldhealth.com/health-assessments](https://nuffieldhealth.com/health-assessments)

## Physiotherapy

Our hospital is home to a specialist physiotherapy centre and as a private hospital group we have the largest team of physiotherapists outside of the NHS. We provide a full range of services by quality practitioners using leading edge technology.

[nuffieldhealth.com/physiotherapy](https://nuffieldhealth.com/physiotherapy)

Patients accessing any of our services also benefit from a 30-day free gym pass.

## Emotional wellbeing

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

[nuffieldhealth.com/mental-health-support](https://nuffieldhealth.com/mental-health-support)







## Associated services cont.

### Diagnostic imaging services

We have comprehensive imaging capabilities including:

- ◆ CT
- ◆ Mammography
- ◆ MRI
- ◆ Orthopantomogram (OPG)
- ◆ Ultrasound
- ◆ X-ray.

[nuffieldhealth.com/healthcare-professionals/diagnostic-and-specialist-services](https://nuffieldhealth.com/healthcare-professionals/diagnostic-and-specialist-services)

### Pathology

We have a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data.

[nuffieldhealth.com/healthcare-professionals/services/pathology](https://nuffieldhealth.com/healthcare-professionals/services/pathology)

### Hospital sterile services unit (HSSU)

Our HSSU offers a bespoke decontamination service for re-useable surgical instruments from seven purpose built units throughout England. Our team can offer advice on decontamination for your surgery.

[nuffieldhealth.com/healthcare-professionals/services/hssu](https://nuffieldhealth.com/healthcare-professionals/services/hssu)

### Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated GP liaison can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

- ◆ Covering topics tailored to your needs
- ◆ Free to attend
- ◆ Delivered online
- ◆ Flexible formats that work around you.

[nuffieldhealth.com/healthcare-professionals/events-for-gps](https://nuffieldhealth.com/healthcare-professionals/events-for-gps)





# Associated services cont.

## Local Nuffield Health fitness and wellbeing centres

Keeping your patients safe and healthy is our number one priority. Our unique expertise operating our hospitals safely across the UK has enabled us to ensure our fitness and wellbeing centres are as safe as possible for your patients. Our network of 113 centres across the UK offer a huge range of facilities and services including swimming, group exercise for all abilities and on-site experts including chartered personal trainers and physiotherapists. Patients accessing any of our services also benefit from a 30-day free gym pass.

## Nuffield Health 24/7

For members looking to workout at a time and place which suits them, we have developed our brand-new digital wellness platform, Nuffield Health 24/7. Offering over 200 on-demand workouts from heart pumping HIIT, to relaxing yoga, there's something for everybody and every ability. We've also created clinically led programmes across healthy hip, knee and spine from our expert physiotherapists. Your health is on demand, with Nuffield Health 24/7.

[247.nuffieldhealth.com](https://247.nuffieldhealth.com)

To find your local fitness and wellbeing centre, visit [nuffieldhealth.com/fitness](https://nuffieldhealth.com/fitness)



### Nuffield Health Bristol Fitness & Wellbeing Centre

83 Queens Road, Bristol BS8 1QS  
0117 9116552 [nuffieldhealth.com/gyms/bristol](https://nuffieldhealth.com/gyms/bristol)



### Nuffield Health Bristol North Fitness & Wellbeing Centre

Hunts Ground Road, Stoke Gifford, Bristol BS34 8HN  
0117 4058289 [nuffieldhealth.com/gyms/bristolnorth](https://nuffieldhealth.com/gyms/bristolnorth)



### Nuffield Health Weston-super-Mare Fitness & Wellbeing Centre

168 Locking Road, Weston-super-Mare BS23 3HG  
01934 806556 [nuffieldhealth.com/gyms/weston-super-mare](https://nuffieldhealth.com/gyms/weston-super-mare)



## 40% FITNESS AND WELLBEING CENTRE DISCOUNT

We are offering a **40% discount** to all NHS staff including GPs and practice staff to recognise their hard work and commitment. Please call your local Nuffield Health fitness and wellbeing centre to enquire about membership.

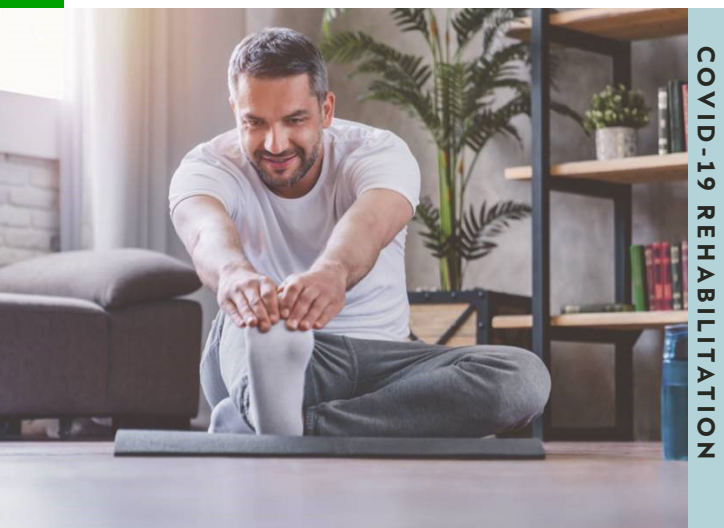
[nuffieldhealth.com/NHS](https://nuffieldhealth.com/NHS)





# Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.



COVID-19 REHABILITATION

## COVID-19 Rehabilitation Programme

Our newly launched unique programme has been developed in collaboration with NHS Trusts.

Following a suspected or confirmed COVID-19 diagnosis, patients can refer themselves onto the programme which offers a unique blend of physical and emotional support. The 12-week plan is led by clinical specialists, and is tailored to an individual's rehabilitation needs.

[nuffieldhealth.com/covidrehab](https://nuffieldhealth.com/covidrehab)



Visit our website [nuffieldhealth.com/healthcare-professionals](https://nuffieldhealth.com/healthcare-professionals) for more information.



STAMINA

## STAMINA Research

The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving Androgen Deprivation Therapy, in partnership with Sheffield Hallam University.

## Joint Pain Programme

An affordable, evidence-based 12-week course helping people with osteoarthritis to live a full life.



JOINT PAIN



CYSTIC FIBROSIS

## Cystic Fibrosis Programme

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.

## Schools Wellbeing Activity Programme (SWAP)

A free six-week wellbeing programme empowering children to improve their overall health and wellbeing.

## Meet Our Experts events

As a charity, we run regular sessions with the support of our on-site experts, giving members and non-members a chance to learn about health and fitness. These events cover everything from injury prevention to skin care.

Search 'Our Impact' on [nuffieldhealth.com](https://nuffieldhealth.com) to learn more.

For the majority of our flagship programmes we accept self or GP referrals, to find out more visit [nuffieldhealth.com/healthcare-professionals/patient-referrals](https://nuffieldhealth.com/healthcare-professionals/patient-referrals)

# We are the UK's largest healthcare charity\*

For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation. We're proud we are able to invest all our income back into this vision – whether that's through outstanding day-to-day services, or by pioneering improvements in care so more people can benefit: our customers and patients always come first.

The COVID-19 pandemic has presented all of us with new challenges, and our purpose of building a healthier nation has never been more important. In 2020 and 2021, we proudly made our 31 hospitals available to the NHS, and so far, we've treated over 270,000 NHS patients during the pandemic.

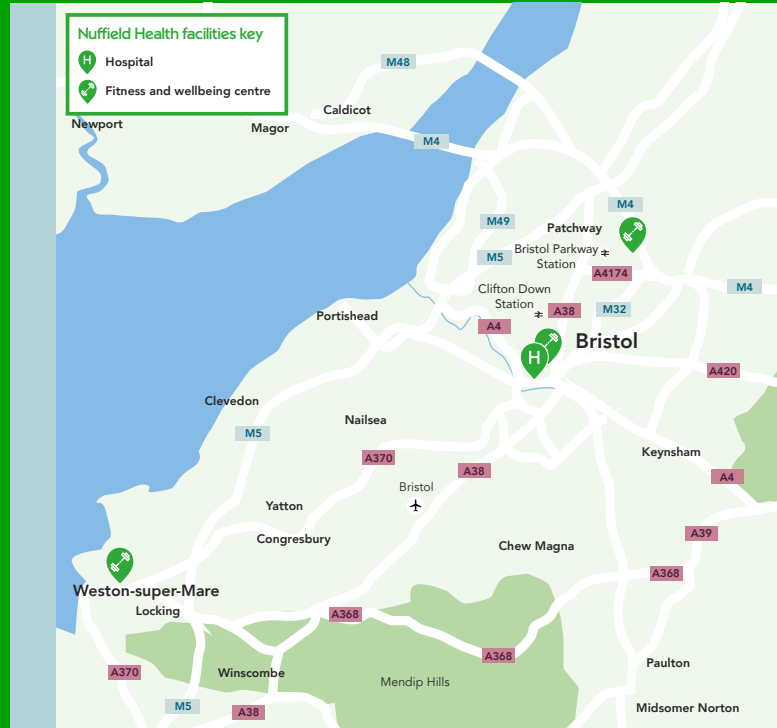
In addition to treating patients during their illness, our unique connected healthcare offering enables us to support their recovery and rehabilitation requirements. Working in collaboration with the NHS, we've developed a new COVID-19 Rehabilitation Programme that offers a blend of physical therapy and emotional support. This free 12-week programme is delivered virtually for the first six weeks and the remainder is in a selection of our 113 fitness and wellbeing centres.

[nuffieldhealth.com/covidrehab](https://nuffieldhealth.com/covidrehab)

As ever, in good times and bad, we're committed to our vision of building a healthier nation.



## Nuffield Health facilities in the area



## Key contact details

Call **0117 9064870**

Fax **0117 9254909**

Email [bristol.enquiries@nuffieldhealth.com](mailto:bristol.enquiries@nuffieldhealth.com)  
[nuffieldhealth.com/hospitals/bristol](http://nuffieldhealth.com/hospitals/bristol)



**Nuffield Health Bristol Hospital**  
3 Clifton Hill, Bristol BS8 1BN