

Specialists in you.



Consultant and services directory 2019.

Nuffield Health Brighton Hospital




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
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Consultant and services directory 2019.


Within our consultant and services directory, you will find an overview of our core clinical services, a directory of our consultants and an easy reference guide for patients.



01273 627008 

01273 627003 

brightonopd.bookings@nuffieldhealth.com 

nuffieldhealth.com/hospitals/brighton 

Address for referrals
Nuffield Health Brighton Hospital
Warren Road, Woodingdean, Brighton BN2 6DX

Welcome to Nuffield Health Brighton Hospital.

Welcome to a healthcare provider with a difference

As one of the UK's leading not-for-profit healthcare organisations, we've been looking after people for more than 60 years. Today, we continue to put people before profit, working in partnership with the NHS to benefit the community as a whole.

How we do it: by bringing together our hospitals, clinics and Fitness & Wellbeing clubs to create a complete network of health services that are built around the individual. Our goal: to get your patients fit and healthy... and then help them stay that way.

Because we have no shareholders, we invest all our profits back into improving the health and wellbeing services we offer. We can do this because we're a trading charity, so we have no shareholder demands to meet. Instead, our focus is on the patients we treat – putting their wellbeing first in everything we do.

Everything you need to know

We know your job is time consuming – that's why we want to make referring your patients as easy as possible for you. This directory is designed to help you do just that, and contains all the essential information you'll need in terms of the core clinical services we offer and where we offer them. You will also find a full directory of our consultants too.

How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

- Self-funded
- Insured
- NHS via local contract

Patients with health insurance

We have agreements with all major insurers. In most cases a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

Patients who are paying for themselves

For patients who want to fund their own treatment we can provide a range of services. All our patients are covered by the Nuffield Health Promise, and there is also the option of an interest-free loan.

Interest-free medical loans

Your patients can spread the cost of treatment using our financial partner Zebra Finance who offer interest-free and interest-bearing medical loans. The advisors at Zebra Finance can help your patients work out what the best options are.

Call **01332 680400**

Email **enquiries@zebrafinance.com**



Contact details.

Main referral line

📞 01273 627008 or 01273 627003

✉️ brightonopd.bookings@nuffieldhealth.com

Postal address for referrals

Nuffield Health Brighton Hospital
Warren Road, Woodingdean, Brighton BN2 6DX

Discover Nuffield Health Brighton Hospital.

Key facilities

Medical cover

24hr resident medical officer.

Patient accommodation

43 patient rooms with en-suite facilities, nurse call system, direct dial telephone, TV, radio and 4 dedicated chemotherapy rooms.

Theatre and support services

3 highly equipped main operating theatres, 2 with Howorth Exflow™ system, 1 equipped as a digital theatre, a separate endoscopy suite, 6 bed recovery area.

Outpatient services

Including:

- 15 consulting rooms
- Bespoke oncology
- Dental
- Ophthalmic
- ENT and audiology suites
- 3 minor treatment rooms
- 3 physiotherapy treatment rooms
- Gym and 3 health screening rooms (including exercise tolerance testing)



We put our patients at the heart of everything we do.

Nuffield Health is one of the leading not-for-profit UK healthcare organisations, looking after people for more than 60 years.

As a trading charity, we do not have investors or shareholders to answer to – our patients and customers come first. We invest all our income back into running and developing our health and wellbeing sites and services and pioneering new models of care and delivery so that more people can benefit.





Consultant directory and services.

NHS base list

BAR	Barts Health NHS Trust
BSUH	Brighton and Sussex University Hospitals' NHS Trust
MEH	Moorfields Eye Hospital
ESHT	East Sussex Healthcare Trust
GSTT	Guys and St Thomas NHS Trust
MTW	Maidstone and Tunbridge Wells NHS Trust
QVH	Queen Victoria Hospital
SASH	Sussex and Surrey Healthcare Trust
STH	Southend University Hospital NHS Foundation Trust
UHS	University Hospital Southampton
WSHT	Western Sussex Hospitals NHS Foundation Trust

Consultant Name	Sub Speciality	NHS Base
Anaesthetics (Pain Management)		
Bashir, I Dr	Chronic pain management for sickle cell and cancer related diseases, tendinopathy and complex regional pain syndrome. NICE approved botulinum toxin for migraines, nerve ablation and genicular RF for knee pain, neuropathic pain, interventions to relieve back pain including NICE approved radio frequency denervation, trigeminal neuralgia and X-ray guided interventions.	WSHT
Kurian, J Dr	Interventional pain management, spinal pain, radicular pain, X-ray guided interventions, radiofrequency denervation, cervicogenic headaches, trigeminal neuralgia.	
Thorp, S Dr	Chronic mechanical back pain, neuropathic pain, trigeminal neuralgia and post herpetic neuralgia.	QVH
Breast Surgery		
Zammit, C Mr	Breast abscess, cancer, lumps and disease, thyroid, endocrine cancer, parathyroidectomy and breast oncology.	BSUH
Cardiology Consultation only		
Cockburn J Dr	General adult cardiology with a sub speciality interest in coronary and structural intervention including stenting and percutaneous heart valve treatment.	BSUH
Davidson, C Dr	Heart failure, ischaemic heart disease, hypertension and atrial fibrillation.	BSUH
De Belder, A Dr	Interventional cardiology, coronary percutaneous closure of atrial septal defects and patent foramen ovale, transcatheter aortic and mitral valve technologies.	BSUH
Dhamrait, S Dr	Coronary intervention and stenting, heart attack, angina, hypertension, valve disease, genetics of heart disease, heart failure and pacing.	
McCready, J Dr	Cardiac rhythm disorders, pacemakers, implantable defibrillators and ablation of atrial fibrillation.	BSUH
O'Nunain, S Dr	Investigation and treatment of cardiac arrhythmia.	TST
Cosmetic Surgery		
Altman, K Mr	Aesthetic surgery, facial feminisation surgery and maxillofacial surgery.	BSUH
Banwell, P Mr	Non-surgical and anti-ageing treatments, scar treatments, skin cancers.	BSUH
Brittain, P Mr	Blepharoplasty and oculoplastic surgery.	
Litwin, A Mr	Cosmetic eyelid and mid face surgery including blepharoplasty and ptosis, oculoplastic and reconstructive surgery.	QVH
McLeod, M Mr	Blepharoplasty, oculoplastic surgery and facial aesthetics.	BSUH
Mellington, A Mr	Breast reconstruction, augmentation, uplift, reduction and asymmetry correction, abdominoplasty, liposuction, body contouring, correction diastasis recti, perineal reconstruction, lower limb trauma, prominent ear correction, skin cancer, lumps and bumps, scar revision.	QVH
Nduka, C Mr	Cosmetic, reconstructive and aesthetic surgery including face, breast and abdomen, liposuction, facial palsy and skin cancer.	QVH
O'Connell, M Mr	Rhinoplasty, cosmetic nose surgery pinnaplasty, ear deformity, nose, ear and face lesions.	BSUH
Rajak, S Mr	Blepharoplasty and oculoplastic surgery, plastic and reconstructive surgery of the eyelids and brows.	BSUH



Consultant Name	Sub Speciality	NHS Base
Cosmetic Surgery – continued		
Ross, D Mr	Reconstructive and cosmetic surgery of the breast, abdomen and face, liposuction and body contouring after massive weight loss, skin cancer, complex perineal construction, correction of pectus and chest wall deformity.	GSTT
Tanner, B Mr	Cosmetic surgery – non surgical cosmetic treatments including ‘liquid facelift’ and skin resurfacing, minor operative procedures i.e. lesions and scar revision.	BSUH
Teo, T Mr	Plastic and reconstructive surgery, hand surgery, cosmetic and reconstructive aesthetic surgery, skin cancer surgery and mole checks.	QVH
Watts, S Mr	Facial cosmetic surgery including: rhinoplasty, eyelid surgery, pinnaplasty, ear deformity, skin lesions, fillers and non-surgical anti-ageing treatments.	BSUH
Dermatology		
De Giovanni, C Dr	Skin surgery (including facial lesions, flap and graft repairs), mole assessment and treatment, skin cancer, photodynamic therapy, warts and other benign lesion assessment and treatment, all aspects of general dermatology and skin rashes, botulinum toxin injections for cosmetic and hyperhidrosis indications, dermal filler injections.	BSUH
Topham, E Dr	Sun damaged skin, skin surgery, skin rash, warts, skin cancer, rosacea, rodent ulcer, psoriasis, mole removal and assessment, melanoma, hives, eczema and acne.	BSUH
Woollons, A Dr	Skin cancer, skin surgery, photodynamic therapy and all aspects of general dermatology.	WSHT
Ear, Nose and Throat (ENT)		
Das, P Mr	General adult ENT with a sub-specialist interest in hearing and balance disorders, ear diseases, benign and malignant diseases of the head and neck, nose and paranasal sinuses, with a special interest in thyroid, salivary gland, nasal and sinus, complex paediatric ENT conditions including hearing, sleep disorders, ear and airway problems.	BSUH
McGilligan, T Mr	Thyroid, salivary gland, nasal and sinus surgery and general ENT.	BSUH
O’Connell, M Mr	All nose and sinus problems including nasal blockage, loss of smell and sinusitis, ear disorders such as hearing loss, ear infections, tinnitus and balance conditions, cosmetic nasal surgery/ rhinoplasty, nasal reconstruction, prominent ears and pinnaplasty, children’s ENT problems including ear infections, glue ear, hearing loss, tonsils and adenoids, sleep apnoea, perforated ear drum, pinnaplasty and otoplasty.	BSUH
Saunders, N Mr	All aspects of general ENT surgery with a subspecialist interest in ear disorders, dizziness and skull base surgery, general paediatric ENT and otology.	BSUH
Watts, S Mr	All aspects of general ENT, with a subspecialist interest in rhinology, facial plastics and aesthetic surgery, children’s ENT problems including ear infections, glue ear, hearing loss, tonsils and adenoids, sleep apnoea, perforated ear drum, congenital abnormalities and neck lumps.	BSUH
Endocrinology		
Ahmed, F Dr	Diabetes care, adrenal and thyroid disorder, parathyroid and calcium metabolism, PCOS, transgender hormone replacement, hypogonadism, menopause, pituitary disorder.	BSUH

Consultant Name	Sub Speciality	NHS Base
Gastroenterology		
Cairns, S Dr	Gastroenterology, abdominal pain, abdominal swelling, anorexia, diarrhoea, Crohn’s disease, bowel disease, cancer and obstruction, difficulty swallowing, gall stones, heartburn and jaundice.	BSUH
Ireland, A Dr	Gastroenterology, oesophageal disease, inflammatory bowel disease and full range of endoscopic procedures.	BSUH
Jackson, N Dr	Gastroenterology and nutritional problems.	BSUH
Jamil, K Dr	Colorectal, gastroenterology, general (internal) medicine, general medicine, hepatology.	BSUH
Tibble, J Dr	Gastroenterology, hepatology and endoscopic procedures.	BSUH
Gender Affirmation Surgery		
Altman, K Mr	Facial feminisation surgery.	QVH
Clark, J Mr	Ileal-vaginoplasty with Mr Thomas.	BSUH
Coker, C Mr	Specialist reconstructive surgery: vaginoplasty, vulvoplasty with no vaginoplasty.	BSUH
Larner, T Mr	Specialist reconstructive surgery: vaginoplasty, vulvoplasty with no vaginoplasty.	BSUH
Mellington, A Mr	Breast augmentation and chest reconstructive surgery.	QVH
Ross, D Mr	Breast augmentation and chest reconstructive surgery.	GSTT
Thomas, P Mr	Specialist reconstructive surgery: vaginoplasty, vulvoplasty with no vaginoplasty, ileo-vaginoplasty, revision surgery for patients experiencing problems following gender affirmation surgery, joint procedures: vaginoplasty with cryco-thyroid shave.	BSUH
Watts, S Mr	Upper and lower blepharoplasties, soft tissue rejuvenation, cryco-thyroid shave and complex rhinoplasty.	BSUH
Gender Medicine		
Coxon, J Dr	Medical management of cross-gender hormone therapy (once endorsed by a psychiatrist/ psychologist with gender medicine training).	BSUH
General Medicine		
Agranoff, D Dr	Infectious diseases, general (internal) medicine.	BSUH
Cairns, S Dr	Gastroenterology, abdominal pain, abdominal swelling, anorexia, diarrhoea, Crohn’s disease, bowel disease, cancer and obstruction, difficulty swallowing, gallstones, heartburn and jaundice.	BSUH
Doffman, S Dr	General respiratory disease and medicine, infection and immunity, lung cancer, diffuse parenchymal lung disease, pleural disease, airways disease (COPD and asthma).	BSUH
Hurt, K Dr	Asthma, bronchiectasis, chronic obstructive pulmonary disease (COPD), lung cancer and tuberculosis (TB).	BSUH
Ireland, A Dr	Gastroenterology, oesophageal disease, inflammatory bowel disease and full range of endoscopic procedures.	BSUH
Jackson, N Dr	Gastroenterology and nutritional problems.	BSUH

Consultant Name	Sub Speciality	NHS Base
General Medicine – <i>continued</i>		
Kingswood, J Dr	General medicine and renal medicine (nephrology).	BSUH
Messenger, J Dr	General respiratory medicine, lung cancer, sleep apnoea, pleural disease, interstitial lung disease and asthma COPD.	BSUH
Tibble, J Mr	Gastroenterology, hepatology and endoscopic procedures.	BSUH
General Surgery		
Brooks, M Mr	General, arterial and vascular surgery, open hernia repair, thoroscopic sympathectomy for hyperhidrosis, venous access, lumps and bumps and ingrowing toenails.	BSUH
Button, M Mr	General and vascular surgery, hernias, arterial and venous surgery, thoroscopic sympathectomy, lumps and bumps, in growing toenails.	BSUH
Clark, J Mr	General and colorectal surgery, laparoscopic surgery and endoscopic service (colonoscopy and gastroscopy).	BSUH
Dixit, A Mr	Advanced laparoscopic surgery, treatment of obesity, specialist keyhole surgery for hernias, gallbladders and gastro-oesophageal (acid) reflux.	WSHT
Khera, G Mr	General and gastrointestinal laparoscopic surgery, laparoscopic gallbladder surgery and management of gallstone disease, hernia repair including open, laparoscopic and specialist management of recurrent/redo hernias, laparoscopic treatment of sportsman’s hernia and Gilmore’s groin, upper GI (OGD) and lower GI (flexible sigmoidoscopy) endoscopy, lumps and bumps surgery, change in bowel habit investigation, investigation of new onset anaemia.	BSUH
Lamah, M Mr	General surgery and colorectal disease, upper and lower endoscopy, bowel cancer, hernia and haemorrhoids.	BSUH
Manifold, D Mr	General and gastrointestinal surgery, gallbladder surgery and hernia repair (open and laparoscopic), anti-reflux surgery, endoscopy, haemorrhoids, lumps and bumps and ingrowing toenails.	BSUH
Moore, E Mr	General surgery, laparoscopic surgery, colorectal surgery, colonoscopy, gastroscopy, all abdominal and groin hernias, haemorrhoids, bowel cancer, anal cancer, all anal diseases, fistula surgery, pilonidal sinus surgery, adhesions, gallstones, abdominal pain, change in bowel habit, rectal bleeding, polyps, lumps and bumps.	BSUH
Patel, H Miss	General and colorectal surgery, hernia and anal surgery, bowel cancer surgery, laparoscopic surgery and upper and lower GI endoscopy.	BSUH
Salman, M Mr	General and vascular surgery, keyhole and open hernia repair (primary and recurrent), hyperhidrosis, venous access, AV fistulas for dialysis, lumps and bumps and ingrowing toenails.	BSUH
Uheba, M Mr	Colorectal surgery, including cancer, endoscopy, colonoscopy, hernias and haemorrhoids.	BSUH
Yusuf, S Mr	Varicose veins (endovenous and open), inguinal hernia, endovascular aortic aneurysm repair, endoscopic sympathectomy and carotid endarterectomy.	BSUH
Zammit, C Mr	Breast and endocrine surgery, benign breast disease, surgical oncology of symptomatic and screen-detected cancer.	BSUH
Geriatrics		
Alexander, H Dr	Elderly medicine including osteoporosis, orthogeriatrics, falls, frailty and memory loss.	BSUH

Consultant Name	Sub Speciality	NHS Base
Gynaecology		
Ajala, T Mr	Early pregnancy assessment, acute benign gynaecology, gynaecology ultrasound scan, obstetrics abnormal cervical smears and colposcopy, management of fibroids, menopause and HRT management, prolapse repairs, hysterscopic and laparoscopic surgery.	BSUH
Gayen, A Mr	Urogynaecology – complex pelvic floor surgery, benign gynaecology, minimal access surgery and colposcopy.	BSUH
Kaushik, S Miss	Gynaecology surgery, gynaecological cancer surgery, abnormal smears and colposcopy, heavy or painful periods, premenstrual syndrome, hysterectomy, keyhole surgery (including ovarian cysts, prophylactic removal of ovaries and hysterectomy), management of fibroids, pelvic pain and problems of the menopause, vulval disease.	BSUH
Kelada, E Mr	General gynaecology problems, subfertility, infertility investigations and treatment, IVF, recurrent miscarriage, early pregnancy scan, polycystic ovarian syndrome (PCOS), heavy periods, menstrual disorders, pelvic pain, pain during intercourse, menopause and hormone replacement therapy (HRT), hysteroscopic and laparoscopic surgery.	BSUH
Larsen-Disney, P Mr	General gynaecology and oncology, abnormal smears, colposcopy, fibroids, hysteroscopy, hysterectomy, labial reduction, laparoscopy (keyhole surgery), menopause, menstrual bleeding, ovarian cysts, pelvic pain, pelvic floor surgery, vulval disease and surgery.	BSUH
Lo, J Miss	Abdominal adhesion surgery, abnormal smears, benign gynaecology, contraception, hysterectomy, labial reduction, menopausal bleeding, PMS clinic, ovarian cysts, vaginal repair, pelvic floor disease and repair, menstrual bleeding, laparoscopic and hysteroscopic surgery, fibroids, heavy painful periods, adolescent gynaecology.	BSUH
Pakarian, F Mr	Gynaecological oncology, colposcopy, hysterectomy, laparoscopic surgery, menopause, menstrual bleeding, ovarian cysts, pelvic pain, pelvic floor surgery, vulval disease and surgery, general gynaecology, urogynaecology and pelvic pain.	BSUH
Haematology		
Chevassut, T Dr	General and malignant haematology including myeloproliferative disorders, chronic lymphocytic leukaemia and multiple myeloma.	BSUH
Corbett, T Dr	Myelodysplasia, myeloproliferative disorders, leukaemia, myeloma, anaemias and other cytopenias, coagulation, thrombophilia and diagnostic haematology.	BSUH
Dalley, C Dr	Myelodysplasia, myeloproliferative disorders, leukaemia, myeloma, anaemias and other cytopenias, coagulation, thrombophilia and diagnostic haematology.	UHS
Newman, J Dr	General and malignant haematology including anaemia, iron deficiency, clotting disorders including easy bruising, leukaemias, lymphomas, myeloproliferative and myelodysplastic syndromes, mast cell disorders, myeloma and diagnostic haematology.	ESHT
Health and Fitness		
Lewis, C Dr	Health screening.	
Maythan, L Dr	Health screening.	
Taylor, G Dr	Health screening.	
Imaging – Call 01273 627013 or Fax 01273 627020		
Ganai, B Dr	Vascular imaging, renal imaging, vascular and non-vascular interventional radiology, general abdominal imaging.	BSUH
Cuthbert, F Dr	Gynaecology radiology and uroradiology.	BSUH

Consultant Name	Sub Speciality	NHS Base
Imaging – continued		
Francis, I Dr	Head and neck.	BSUH
Good, C Dr	All aspects of brain and spine imaging, also skull base, ENT and orbital imaging.	BSUH
Gupta, Y Dr	Interventional radiology and vascular imaging.	BSUH
Jeswani, T Dr	Musculoskeletal including image guided injections.	WSHT
Johnston, M Dr	Intervention, renal and vascular.	BSUH
Koumellis, P Dr	Brain and spine, imaging and intervention.	BSUH
Lee, J Dr	Chest imaging, cardiac CT.	BSUH
Lewis, G Dr	Gastrointestinal and cancer radiology.	BSUH
Mytafidis, A Dr	Breast imaging.	BSUH
Poitelea, M Dr	Neuroradiology.	BSUH
Richenberg, J Dr	Abdominal radiology, pelvic imaging, uroradiology, gynaecology radiology, infertility, prostate disease and cancer.	BSUH
Rubin, G Dr	Breast imaging.	BSUH
Simpson, E Dr	Skin, head and neck and urological radiology.	BSUH
Thompson, P Dr	Urological and gastrointestinal radiology.	BSUH
Vitta, L Dr	Paediatric imaging, gynaecology.	BSUH
Vundavalli, R Dr	Neuroradiology.	BSUH
Infectious Diseases		
Agranoff, D Dr	Tropical medicine, returning travellers, tick-borne infections, parasitic infections, skin and soft tissue infections, unexplained fevers, respiratory and gastrointestinal infections.	BSUH
Neurology		
Chalmers, R Dr	General neurology and neuro-ophthalmology.	BSUH
Saha, A R Dr	General neurology and movement disorders.	BSUH
Neurosurgery		
Al-Mahfoudh, R Mr	Complex spine surgery, minimally invasive and endoscopic neurosurgery, general neurosurgery and spine surgery, carpal tunnel surgery, sciatica, slipped disc and back pain, brain tumours, hydrocephalus and pain management.	BSUH
Critchley, G Mr	Adult neurosurgery and spinal surgery including treatment of cervical, thoracic and lumbar degenerative conditions, cervical, thoracic and lumbar disc surgery, spinal trauma, spinal tumours, brain tumours and cerebral aneurysms.	BSUH
Elias, T Mr	Cervical spine surgery for neck and arm symptoms, lumbar spine surgery for back and leg symptoms, spinal tumours, complex spine surgery.	BSUH

Consultant Name	Sub Speciality	NHS Base
Neurosurgery – continued		
Foroughi, M Mr	Minimally invasive surgery of brain and spine, micro-discectomy, sciatica, spinal stenosis, cervical discectomy and disc replacement, Chiari malformation and syringomyelia, brain tumours, hydrocephalus, aneurysms and AVMs, trigeminal neuralgia and hemifacial spasm.	BSUH
Norris, J Mr	Cranial and spinal neurosurgery, spinal disc prolapses and other nerve compressions, tumours, aneurysms/AVMs, shunts and thoracic outlet syndromes, medicolegal expert reports.	BSUH
Nutrition and Dietetics		
Laidlaw, C Ms	Nutritional assessments, gastroenterology, irritable bowel (FODMAP) oncology weight management (bariatric surgery), lifestyle change and wellbeing.	BSUH
Oncology – Call 01273 624488 ext 7745 or fax 01273 627006		
Bloomfield, D Dr	Breast cancer, breast disease, testicular tumour and testicular lumps.	BSUH
Creak, A Dr	Brain tumour, chemotherapy, spinal tumours and radiotherapy.	BSUH
Newman, J Mr	Investigation and treatment of patients with lymph gland disorders including low grade and high grade lymphomas, chronic lymphocytic leukaemia, chronic myeloid leukaemia, myelodysplastic and myeloproliferative disorders, myeloma and other bone marrow disorders.	ESHT
Robinson, A Dr	Urological and upper GI – prostate, bladder, pancreatic and oesophageal cancers.	BSUH
Savage, P Dr	Medical oncology, oncology, uro-oncology, urological cancer.	BSUH
Simcock, R Dr	Breast cancer, head and neck cancers.	BSUH
Simpson, J Dr	Head and neck, thyroid, skin and lung cancers, lymphoma radiotherapy.	BSUH
Soultati, A Dr	Colorectal cancer, urological cancers (prostate cancer, kidney cancer, bladder cancer).	BSUH/ ESHT
Webb, A Dr	Lymphomas, renal and GI cancers, bowel cancer, medical oncology and chemotherapy.	BSUH
Westwell, S Dr	Breast cancer, malignant melanoma, rare skin cancers including Merkel cell carcinoma and HIV related Kaposi sarcoma.	BSUH
Ophthalmology		
Bhermi, S Mr	Small incision phacoemulsification cataract surgery using premium multifocal and astigmatic intraocular lens implants for spectacle independence, contemporary glaucoma management including laser, routine or complex surgery, general ophthalmology and glaucoma implants.	MEH
Brittain, P Mr	Cataract, corneal disorders, diabetic eye disease, external eye disorders, facial palsy, facial surgery, hemifacial spasm, lacrimal surgery, lens implant, lentis mplus implant, macular degeneration, myopia treatment, oculoplastic surgery, orbital disease, peri ocular cosmetic surgery, ptosis correction and reconstructive surgery.	BSUH
Casswell, A Mr	Small incision cataract surgery with premium multifocal lens implants including astigmatism correction (to be free of glasses), vitrectomy and retinal surgery, vitreolysis for floaters, retinal diseases including macular degeneration, diabetes, glaucoma and general ophthalmology.	
Hughes, E Mr	Routine and complex cataract surgery, retinal diseases (macular degeneration, surgical retinal conditions), inflammatory eye disease and general ophthalmology.	BSUH
Litwin, A Mr	Cataract surgery, external eye disorders, eye lift, eyelid cyst removal, lacrimal disorders and surgery, oculoplastic surgery and orbital disease.	QVH
Liu, C OBE Prof	Routine and complex cataract surgery, premium intraocular lenses, lens and laser refractive surgery, correction for reading glasses and astigmatism, glaucoma, cornea and external eye disease and keratoprosthesis (artificial cornea), corneal transplantation including DSAEK and DMEK.	BSUH

Consultant Name	Sub Speciality	NHS Base
Ophthalmology – <i>continued</i>		
McLeod, B Mr	Cataract surgery, premium intraocular lens implantation, glaucoma, oculoplastic surgery, lacrimal surgery and general ophthalmology.	
Nanavaty, M Mr	Refractive eye surgery, laser eye surgery, cataract surgery, anterior segment, external eye disorders, glaucoma and impaired vision.	BSUH
Purbrick, R Mr	Cataract surgery, age-related macular degeneration (AMD), diabetic eye disease, retinal and macular diseases (including retinal vein occlusion, central serous retinopathy), general ophthalmology.	BSUH
Rajak, S Mr	Cataract surgery, oculoplastic (eyelid plastic surgery) including blepharoplasty and complex eyelid cancers, orbital disease and surgery including thyroid eye disease management and orbital fracture, lacrimal (tear drainage) disease including endoscopic surgery, general ophthalmology.	BSUH
Oral and Maxillofacial Surgery		
Altman, K Mr	General oral surgery, salivary gland disease, jaw surgery for deformity, aesthetic surgery, oral surgery, skin cancer, jaw surgery for facial deformity, facial feminisation and medico-legal reports.	QVH
Herold, J Mr	General oral surgery, tooth extraction, oral cysts, impacted teeth and medico-legal.	BSUH
Orthopaedics		
Ajis, A Mr	Minimally invasive surgery of the foot and ankle, bunions, hammer toes, sports injuries, Achilles tendon problems, foot arthritis, ankle arthritis and ankle replacements.	WSHT
Bhat, M Mr	Special interest in hand, wrist, elbow, shoulder and forefoot surgery.	SASH
Caesar, B Lt. Col	Shoulder, elbow, soft tissue knee injuries, trauma and sports trauma.	BSUH
Cass, M Mr	Full range of surgical treatments for all spinal disorders including degenerative (arthritic) problems, spinal trauma and tumours involving the spine.	BSUH
Chowdhry, M Mr	Hip and knee surgery, comprehensive knee ligament surgery, sports injuries, meniscal repair, tendon/ligament injuries, cartilage regeneration procedures, tibial osteotomy, polytrauma, pelvic fracture fixation, knee dislocation.	BSUH
Da Assunção, R Mr	Hip and knee replacement and reconstruction, joint preserving knee surgery, knee osteotomy, partial knee replacement, ligament reconstruction, ACL reconstruction, minimally invasive knee surgery, sports injuries, orthopaedic trauma.	WSHT
Dawson-Bowling, S Mr	Hip and knee surgery and replacement, knee ligament injury, joint resurfacing, osteoarthritis, tendonitis, hip arthroscopy (keyhole surgery) and treatment of femoroacetabular impingement and mesenchymal cell-induced chondrogenesis.	BAR
Elsayed, S Mr	Spinal surgical problems including: prolapsed intervertebral discs (sciatica/arm pain), post traumatic conditions, scoliosis, inflammatory conditions affecting the spine, metastatic spine disease, degenerative spine disease, non-specific lower back or neck pain, radicular pain caused by nerve root compression.	BSUH
Karmani, S Mr	Full range of surgical treatments for all spinal disorders including degenerative (arthritic) problems, spinal trauma and tumours involving the spine.	
Palmer, S Mr	Foot, ankle and lower limb, cartilage resurfacing, bunions, claw toes, foot and heel pain.	WSHT
Pattison, R Mr	Adult hip disorder, hip replacement and revisions, knee arthroscopy hip and knee replacements.	BSUH
Touret, L Miss	Upper limb, including shoulder, wrist, elbow and hand conditions, sports and soft tissue injuries and fractures, nerve and tendon surgery, upper limb arthroscopies.	BSUH

Consultant Name	Sub Speciality	NHS Base
Paediatrics		
Butt, A Dr	Paediatric gastroenterology and nutrition – general and complex gastrointestinal and nutritional problems including: Symptoms – abdominal pain, diarrhoea, vomiting, GI bleeding, constipation, weight loss, poor weight gain, nutritional deficiencies e.g. iron, vitamin D. Conditions – Crohn’s, ulcerative colitis, coeliac disease and enteropathies, gastro-oesophageal reflux, peptic ulcer, food intolerances, eosinophilic disease, functional GI disease e.g. IBS. Procedures and investigations – diagnostic and therapeutic upper and lower GI endoscopy, 24 hour PH study, impedance, breath hydrogen tests.	BSUH
Hii, M Dr	Paediatric gastroenterology – gastroscopy, colonoscopy, skin prick test, hydrogen breath test (glucose, fructose, sucrose, lactose) and 24 hour PH study. Conditions treated – gastroesophageal reflux, food allergy, coeliac disease, small bowel bacterial overgrowth, sugar intolerance (sucrose, fructose, lactose), constipation, inflammatory bowel disease, chronic abdominal pain, chronic diarrhoea.	BSUH
Physiotherapy – Please note: Physiotherapy clinic opening times are by arrangement. Please call 01273 627011 for further information.		
Bradley, E Ms	General physiotherapy, spinal manipulation, peripheral joints, acupuncture, sports injuries, vestibular rehabilitation and chronic pain.	
Harris, O Mr	General physiotherapy, spinal manipulation, peripheral joints, acupuncture, sports injuries, vestibular rehabilitation and chronic pain.	
Mayes, V Ms	General physiotherapy, acupuncture, peripheral joints, spinal manipulation, rehabilitation, women’s health and sports injuries.	
Rosam, C Mrs	General physiotherapy, chest and respiratory, peripheral joints, spinal, hand and wrist rehabilitation, women’s health and sports injuries.	
Sutherland, D Mr	General physiotherapy, spinal and peripheral joints, acupuncture, sports injuries and chronic pain.	
Plastic and Cosmetic Surgery		
Banwell, P Mr	Non-surgical and anti-ageing treatments, scar treatments, skin cancers.	BSUH
Mellington, A Mr	Breast reconstruction, augmentation, uplift, reduction and asymmetry correction, abdominoplasty, liposuction, body contouring, correction diastasis recti, perineal reconstruction, lower limb trauma, prominent ear correction, skin cancer, lumps and bumps, scar revision.	BSUH
Nduka, C Mr	Cosmetic, reconstructive and aesthetic surgery including face, breast and abdomen, liposuction, facial palsy and skin cancer.	QVH
Rajak, S Mr	Plastic and reconstructive surgery of the eyelids and brows, blepharoplasty and oculoplastic surgery.	BSUH
Ross, D Mr	Reconstructive and cosmetic surgery of the breast, abdomen and face, liposuction and body contouring after massive weight loss, skin cancer, complex perineal construction, correction of pectus and chest wall deformity.	GSTT
Tanner, B Mr	Cosmetic surgery – non surgical cosmetic treatments including ‘liquid’ facelift and skin resurfacing, minor operative procedures ie lesions and scar revision.	MTW
Teo, T Mr	Plastic and reconstructive surgery, hand surgery, cosmetic and reconstructive aesthetic surgery, skin cancer surgery and mole checks.	QVH
Watts, S Mr	Facial cosmetic surgery including: rhinoplasty, eyelid surgery, pinnaplasty, ear deformity, skin lesions, fillers and non-surgical anti-ageing treatments, cosmetic septorhinoplasty and blepharoplasties.	BSUH

Consultant Name	Sub Speciality	NHS Base
Radiology – please see Imaging		
Renal Medicine		
Kingswood, JC Dr	Nephrology, all aspects of adult kidney medicine, hypertension and the medical management.	BSUH
Respiratory Medicine		
Doffman, S Dr	General respiratory disease and medicine, infection and immunity, lung cancer, diffuse parenchymal lung disease and pleural.	BSUH
Messenger, J Dr	Asthma, bronchoscopy, COPD, lungs and lung cancer.	BSUH
Rheumatology		
Hajela, V Dr	Non-specific and regional musculoskeletal pain, diagnostic difficulties, fibromyalgia, osteoarthritis, rheumatoid and other inflammatory arthritis, gout, neck and back pain, lupus and other connective tissue disease.	BSUH
Papasavvas, G Dr	General rheumatology, osteoporosis, inflammatory arthritis, soft tissue rheumatism and gout.	BSUH
Walters, M Dr	All aspects of musculoskeletal disease, arthritis, osteoporosis and back pain.	
Sexual Medicine (dysfunction) Clinic		
Coxon, J Dr	Male and female sexual dysfunction and testosterone deficiency. For men: erectile dysfunction, ejaculation disorders (premature, delayed or absent), libido problems, testosterone deficiency (hypogonadism). For women: painful sex, low desire, orgasmic disorders, post-menopausal sexual difficulties.	BSUH
Spinal		
Al-Mahfoudh, R Mr	Complex spine surgery, minimally invasive and endoscopic neurosurgery, general neurosurgery and spine surgery, carpal tunnel surgery, sciatica, slipped disc and back pain, brain tumours, hydrocephalus and pain management.	BSUH
Critchley, G Mr	Adult neurosurgery and spinal surgery including treatment of cervical, thoracic and lumbar degenerative conditions, cervical, thoracic and lumbar disc surgery, spinal trauma, spinal tumours, brain tumours and cerebral aneurysms.	BSUH
Cass, M Mr	Full range of surgical treatments for all spinal disorders including degenerative (arthritic) problems, spinal trauma and tumours involving the spine.	BSUH
Elias, T Mr	Cervical spine surgery for neck and arm symptoms, lumbar spine surgery for back and leg symptoms, spinal tumours, complex spine surgery.	BSUH
Elsayed, S Mr	Spinal surgical problems including: prolapsed intervertebral discs (sciatica/arm pain), post traumatic conditions, scoliosis, inflammatory conditions affecting the spine, metastatic spine disease, degenerative spine disease, non-specific lower back or neck pain, radicular pain caused by nerve root compression.	BSUH
Foroughi, M Mr	Minimally invasive surgery of spine and brain, micro-discectomy, sciatica, spinal stenosis, cervical discectomy and disc replacement, Chiari malformation and syringomyelia, brain tumours, hydrocephalus, aneurysms and AVMs, trigeminal neuralgia and hemifacial spasm.	BSUH
Norris, J Mr	Cranial and spinal neurosurgery, spinal disc prolapses and other nerve compressions, tumours, aneurysms/AVMs, shunts and thoracic outlet syndromes, medicolegal expert reports.	BSUH

Consultant Name	Sub Speciality	NHS Base
Urology		
Alanbuki, A Mr	Benign prostate diseases, bladder/kidney stone disease, bladder cancer, prostate cancer, kidney cancer, urinary tract infections, urological pathology, laser and innovative minimal invasive prostate surgery (UroLift®), laparoscopic surgery, laser stone surgery, partial nephrectomy (open and laparoscopic) and laparoscopic nephrectomy.	BSUH
Coker, C Mr	Urinary symptoms, urodynamics, urinary tract infections, urinary stone disease, prostate disease (benign and malignant) and gender reassignment surgery.	BSUH
Larner, T Mr	General urology, men’s health, bladder and prostate cancer, laser prostatectomy, HIFU, benign prostatic hyperplasia, laparoscopic surgery for benign and malignant kidney disease.	BSUH
Symes, A Mr	General urology, stone disease, lithotripsy, ureteroscopy, PCNL, laser prostate surgery and men’s health. Benign and malignant prostate disease and minimally invasive surgery for BPH (e.g. UroLift®).	BSUH
Vascular Surgery		
Brooks, M Mr	Varicose vein surgery (open and endovenous) and arterial surgery (lower limb bypass, carotid and aortic).	BSUH
Button, M Mr	General and vascular surgery, varicose veins (open surgery and VNUS) hernias, arterial and endovenous surgery, thoroscopic sympathectomy lumps and bumps and ingrowing toenails.	BSUH
Salman, M Mr	Varicose vein surgery (open and endovenous) and arterial surgery (bypass and carotid) and aortic surgery (open and endovascular).	BSUH
Yusuf, S Mr	Varicose veins (endovenous and open) inguinal hernia, endovascular aortic aneurysm repair carotid endarterectomy and endoscopic sympathectomy.	BSUH



Clear and simple pricing.

When it comes to the way in which patients pay us, transparency and clarity are key. That's reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves.

What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

OUR PRICES ARE ALL-INCLUSIVE*
The confirmed price is all your patient will ever pay.

WE WILL EQUAL ANY COMPARABLE PRICE**
If they find a better price for the same procedure package, we'll match it.

THERE ARE NO TIME LIMITS ON AFTERCARE***
We'll be there for as long as they need us.

*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your procedure price. **Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of your chosen Nuffield Health hospital. We will match against written quotes only. ***Where necessary, we promise to assist you to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your procedure, this is guaranteed for the manufacturer's expected prosthesis lifetime. "Clinically required" indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at nuffieldhealth.com/promise.

Associated services.

Local Fitness & Wellbeing clubs

The most important thing to us is getting your patients fit and healthy with our network of fitness experts and cutting-edge facilities. Our clubs have a huge range of facilities and services available and gives you access to our on-site experts including personal trainers and physiotherapists, plus regular Health MOTs.

Our local Fitness & Wellbeing clubs

Nuffield Health Crawley Fitness & Wellbeing club

Crabbet Park, Crawley RH10 4ST

01293 735677

Nuffield Health Crawley Central Fitness & Wellbeing club

Unit 3, Crawley Leisure Park, Ifield Avenue, Crawley RH10 8LR

01293 739462

Health assessments

Nuffield Health offer a wide range of health assessments to give you and your patients a comprehensive health overview. Available across the UK, visit our website or call **03452 302040** to find out more.

Recovery Plus

Recovery Plus is Nuffield Health's flagship recovery programme available free-of-charge to our private patients at Nuffield Health hospitals.

Recovery Plus brings together a spectrum of healthcare services across Nuffield Health hospitals and Fitness & Wellbeing clubs, and provides your patients with the support they need to get well and stay healthy after their procedure. Recovery Plus embodies Nuffield Health's complete end-to-end approach to healthcare. It is an optional enhanced recovery pathway that starts after our patients have finished their post-operative care.



Physiotherapy

Our hospital is home to one of Nuffield Health's specialist physiotherapy centres, providing a full range of musculoskeletal services delivered by quality practitioners using leading-edge technology. Our team at this hospital are listed in the physiotherapy section of this directory or alternatively, call us on **01273 627011**

Diagnostic imaging services

Nuffield Health has comprehensive imaging capabilities delivered through our 31 hospitals. We provide a wide range of imaging modalities including MRI, CT, X-ray, Ultrasound, Mammography and DXA. Our consultant-led service ensures that your referral will be reported by an experienced radiologist.

Current diagnostic services available at Nuffield Health Brighton Hospital include:

- CT (static)
- Ultrasound: general
- General X-Ray
- Ultrasound: gynaecology
- MRI
- Mammography

Shantel Garnham
Imaging Manager

Call **01273 627013**
Fax **01273 627020**
shantel.garnham@nuffieldhealth.com



Pathology

Nuffield Health has a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data. All pathology requests require a referral from a clinician.

Philip Matthews
Pathology Manager
Call **01273 627005** ext. 7507

Hospital sterile services unit (HSSU)

Nuffield Health's HSSU offers a bespoke decontamination service for re-useable medical devices (surgical instruments) from six purpose built units throughout England, with access to fully supported and expert mobilisation and transition planning.

Annette Barratt
Business Development Manager – HSSU
Call **07917 194706**



Key department contacts.

Hospital director
Call **01273 627076**
Fax **01273 627003**

Inpatient referrals
Call **01273 627000**
Fax **01273 627003**
brightonbookings@nuffieldhealth.com

Matron
Call **01273 627076**
Fax **01273 627003**

Oncology
Call **01273 624488 ext 7745**
Fax **01273 627006**
rachel.scarfe@nuffieldhealth.com

Outpatient referrals
Call **01273 627008**
Fax **0801273 627003**
brightonopd.bookings@nuffieldhealth.com

Pathology
Call **01273 627005**
Fax **01273 627003**
philip.matthews@nuffieldhealth.com

Physiotherapy
Call **0345 045 4845**
Fax **01273 627003**
brighton.enquiries@nuffieldhealth.com

Radiology
Call **01273 627013**
Fax **01273 627003**
bnradiographer@nuffieldhealth.com

Reception
Call **01273 624488**
Fax **01273 627003**
brightonreception@nuffieldhealth.com

Sales and enquiries
Call **01273 627007**
Fax **01273 627003**
brighton.enquiries@nuffieldhealth.com

Ward
Call **01273 681798**
Fax **01273 627003**
bnwardreception@nuffieldhealth.com



How to find us.

Nuffield Health Brighton Hospital
Warren Road, Woodingdean, Brighton BN2 6DX

 **01273 627008**

 **01273 627003**

 **brightonopd.bookings@nuffieldhealth.com**

 **nuffieldhealth.com/hospitals/brighton**