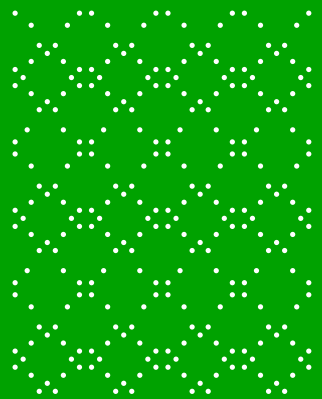


Consultant and services directory 2021/22

Nuffield Health Brighton Hospital



Working with you, for your patients.



We're building a healthier nation

Working with you, for your patients

Connected healthcare for your patients, at every stage of their treatment journey.

Working with you, for your professional development

Professional training tailored to the needs of your practice.

Working with you, for your community

Expert-led, evidence-based charitable community programmes available locally to support your patients.

GP Liaison

Alyson Liversedge
Alyson.liversedge@nuffieldhealth.com
01273 627071

Nuffield Health Brighton Hospital

Warren Road, Woodingdean,
Brighton BN2 6DX

nuffieldhealth.com/brighton

Contents

04 | How to refer your patients

06 | Key facilities

08 | Consultant directory

22 | Associated services:

22 | Recovery Plus

23 | Health assessments

23 | Physiotherapy

23 | Emotional wellbeing

25 | Diagnostic imaging services

25 | Pathology

25 | Hospital sterile services unit

25 | GP events

26 | Flagship programmes

28 | About us

How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

Patients via NHS e-Referral Service

Your patients can also be referred via the NHS e-Referral Service – formerly ‘choose and book’ (www.nhs.uk/referrals). You and your patients can select the most convenient time, date and place of treatment for those NHS services we currently have listed on the NHS e-Referral Service web portal.

Call **08000 155020**
Fax **08004 715058**
Email chooseandbook@nuffieldhealth.com

Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That’s reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

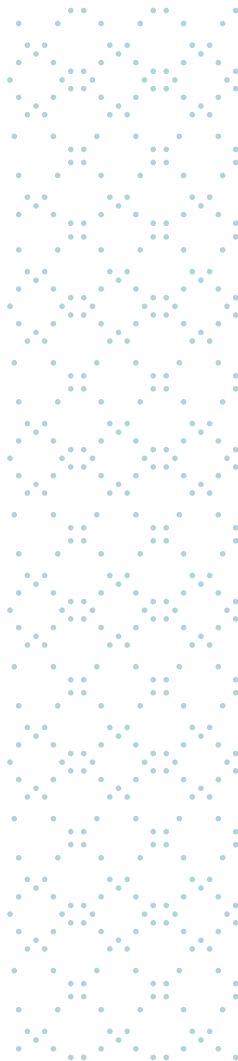
- ◆ The confirmed price is all your patient will ever pay*
- ◆ If they find a better price for the same procedure package, we’ll match it**
- ◆ There are no time limits on aftercare.***

There is also the option of an interest-free loan.

To refer your patients for private treatment at Nuffield Health Brighton Hospital, please send your referrals to:

Call **01273 627008**
Email nh.brighton.outpatients@nhs.net

*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your patient’s procedure price. **Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of the patient’s chosen Nuffield Health hospital. We will match against written quotes only. ***Where necessary, we promise to assist your patient to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your patient’s procedure, this is guaranteed for the manufacturer’s expected prosthesis lifetime. “Clinically required” indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at nuffieldhealth.com/promise.



Patient safety is our number one priority

We want to reassure you and your patients that we’ve put in place safety measures to make our hospital COVID-19 secure. We’re offering telephone and online consultations, as well as face-to-face appointments, so whether your patients’ appointment is from home or in person, they’ll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government and Public Health England guidance and are implemented by the Nuffield Health infection prevention team.



Key facilities at Nuffield Health Brighton Hospital

Medical cover

24hr resident medical officer.

Patient accommodation

43 patient rooms with en-suite facilities, nurse call system, direct dial telephone, TV, radio and four dedicated chemotherapy rooms.

Theatre and support services

- ◆ Three highly equipped main operating theatres
- ◆ Two with Howorth Exflow™ system
- ◆ One equipped as a digital theatre
- ◆ A separate endoscopy suite
- ◆ Six bed recovery area.



Outpatient services

Including:

- ◆ 15 consulting rooms
- ◆ Bespoke oncology unit
- ◆ Dental suite
- ◆ Ophthalmic suite
- ◆ ENT and audiology suites
- ◆ Three minor treatment rooms
- ◆ Three physiotherapy treatment rooms
- ◆ Gym and three health screening rooms (including exercise tolerance testing).



Consultant and services directory

NHS base – abbreviations

BAR	Barts Health NHS Trust
MEH	Moorfields Eye Hospital
ESHT	East Sussex Healthcare Trust
GSTT	Guys and St Thomas NHS Trust
MTW	Maidstone and Tunbridge Wells NHS Trust
QVH	Queen Victoria Hospital
SASH	Sussex and Surrey Healthcare Trust
STH	Southend University Hospital NHS Foundation Trust
UHS	University Hospital Southampton NHS Foundation Trust
UHSX	University Hospitals Sussex NHS Foundation Trust



Visit nuffieldhealth.com/consultants
to view our consultants' profiles.

The details for each consultant show their name, specialist area and NHS hospital.

Consultant Name	Sub-speciality	NHS Base
Anaesthetics (Pain Management)		
Bashir, I Dr	Chronic pain management for sickle cell and cancer related diseases, tendinopathy and complex regional pain syndrome. NICE approved botulinum toxin for migraines, nerve ablation and genicular radio frequency for knee pain, neuropathic pain, interventions to relieve back pain including NICE approved radio frequency denervation, trigeminal neuralgia and X-ray guided interventions.	UHSX
Kurian, J Dr	Interventional pain management, spinal pain, radicular pain, X-ray guided interventions, radio frequency denervation, cervicogenic headaches and trigeminal neuralgia.	
Breast Surgery		
Zammit, C Mr	Breast abscess, cancer, lumps and disease, thyroid, endocrine cancer, parathyroidectomy and breast oncology.	UHSX
Cardiology – consultation only		
Cockburn J Dr	General adult cardiology with a sub-speciality interest in coronary and structural intervention including stenting and percutaneous heart valve treatment.	UHSX
De Belder, A Dr	Interventional cardiology, coronary percutaneous closure of atrial septal defects and patent foramen ovale, transcatheter aortic and mitral valve technologies.	UHSX
Dhamrait, S Dr	Coronary intervention and stenting, heart attack, angina, hypertension, valve disease, genetics of heart disease, heart failure and pacing.	
McCready, J Dr	Cardiac rhythm disorders, pacemakers, implantable defibrillators and ablation of atrial fibrillation.	UHSX
Cosmetic Surgery		
Litwin, A Mr	Cosmetic eyelid and mid face surgery including blepharoplasty and ptosis, oculoplastic and reconstructive surgery.	QVH
Maini, N Mr	Facial feminisation surgery, jaw surgery, genioplasty, lip lift and skin lesions.	UHSX QVH
Mellington, A Mr	Breast reconstruction, augmentation, uplift, reduction and asymmetry correction, abdominoplasty, liposuction, body contouring, correction diastasis recti, perineal reconstruction, lower limb trauma, prominent ear correction, skin cancer, lumps and bumps and scar revision.	QVH
Nduka, C Mr	Cosmetic, reconstructive and aesthetic surgery including face, breast and abdomen, liposuction, facial palsy and skin cancer.	QVH
O'Connell, M Mr	Rhinoplasty, cosmetic nose surgery, pinnaplasty, ear deformity, nose, ear and face lesions.	UHSX
Rajak, S Mr	Blepharoplasty and oculoplastic surgery, plastic and reconstructive surgery of the eyelids and brows.	UHSX
Ross, D Mr	Reconstructive and cosmetic surgery of the breast, abdomen and face. Liposuction and body contouring after extreme weight loss, skin cancer, complex perineal construction, correction of pectus and chest wall deformity and transgender chest contouring surgery.	GSTT
Tanner, B Mr	Non-surgical cosmetic treatments including 'liquid facelift' and skin resurfacing, minor operative procedures such as lesions and scar revision.	UHSX
Watts, S Mr	Facial cosmetic surgery including rhinoplasty, eyelid surgery, pinnaplasty, ear deformity, skin lesions, fillers and non-surgical anti-ageing treatments.	UHSX

Consultant Name	Sub-speciality	NHS Base
Dermatology		
De Giovanni, C Dr	Skin surgery (including facial lesions, flap and graft repairs), mole assessment and treatment, skin cancer, photodynamic therapy, warts and other benign lesion assessment and treatment, all aspects of general dermatology and skin rashes, botulinum toxin injections for cosmetic and hyperhidrosis indications and dermal filler injections.	UHSX
Gupta, P Dr	Skin checks, mole checks, skin cancer, all types of skin rashes such as acne, rosacea, hives allergic skin rashes, eczema and psoriasis.	UHSX
Maini, N Mr	Facial skin lesions, reconstruction with local flaps and skin grafts.	UHSX QVH
Topham, E Dr	Skin cancer screening and treatment, mole assessment and removal, treatment of sun damaged skin, seborrheic warts, pigmented lesions, diagnosis and treatment of all rashes including psoriasis, eczema, urticaria, acne and rosacea.	UHSX
Woollons, A Dr	Skin cancer, skin surgery, photodynamic therapy and all aspects of general dermatology.	UHSX
Ear, Nose and Throat (ENT)		
Das, P Mr	General adult ENT with a sub specialist interest in hearing and balance disorders, ear diseases, benign and malignant diseases of the head and neck, nose and paranasal sinuses, with a special interest in thyroid, salivary gland, nasal and sinus, complex paediatric ENT conditions including hearing, sleep disorders, ear and airway problems.	UHSX
McGilligan, T Mr	Thyroid, salivary gland, nasal and sinus surgery and general ENT.	UHSX
O’Connell, M Mr	All nose and sinus problems including nasal blockage, loss of smell and sinusitis, ear disorders such as hearing loss, ear infections, tinnitus and balance conditions, cosmetic nasal surgery/ rhinoplasty, nasal reconstruction, prominent ears and pinnaplasty, children’s ENT problems including ear infections, glue ear, hearing loss, tonsils and adenoids, sleep apnoea, perforated ear drum, pinnaplasty and otoplasty.	UHSX
Saunders, N Mr	All aspects of general ENT surgery with a subspecialist interest in ear disorders, dizziness and skull base surgery, general paediatric ENT and otology.	UHSX
Watts, S Mr	All aspects of general ENT, with a subspecialist interest in rhinology, facial plastics and aesthetic surgery, children’s ENT problems including ear infections, glue ear, hearing loss, tonsils and adenoids, sleep apnoea, perforated ear drum, congenital abnormalities and neck lumps.	UHSX
Endocrinology		
Ahmed, F Dr	Diabetes care, adrenal and thyroid disorder, parathyroid and calcium metabolism, PCOS, hypogonadism, menopause and pituitary disorder.	UHSX
Gastroenterology		
Cairns, S Dr	Gastroenterology, change of bowel habit, indigestion and bowel cancer screening.	UHSX
Green, S Dr	Gastroenterology and advanced endoscopy.	UHSX
Jackson, N Dr	Gastroenterology and nutritional problems.	UHSX
Jamil, K Dr	Colorectal, gastroenterology, general (internal) medicine, general medicine and hepatology.	UHSX
Neal, D Dr	Gastroenterology, dyspepsia, reflux, irritable bowel syndrome (IBS), difficulty swallowing, investigation of diarrhea and constipation, inflammatory bowel disease (IBD) and liver disease.	ESHT
Tibble, J Dr	Gastroenterology, hepatology and endoscopic procedures.	UHSX

Consultant Name	Sub-speciality	NHS Base
Gender Affirmation Surgery		
Altman, K Mr	Facial feminisation surgery.	UHSX
Clark, J Mr	Ileal vaginoplasty with Mr Thomas.	UHSX
Coker, C Mr	Specialist reconstructive surgery: vaginoplasty, vulvoplasty with no vaginoplasty.	UHSX
Larner, T Mr	Specialist reconstructive surgery: vaginoplasty, vulvoplasty with no vaginoplasty.	UHSX
Maini, N Mr	Facial feminisation surgery.	UHSX QVH
Mellington, A Mr	Breast augmentation and chest reconstructive surgery.	QVH
Ross, D Mr	Breast augmentation and chest reconstructive surgery.	GSTT
Thomas, P Mr	Specialist reconstructive surgery: vaginoplasty, vulvoplasty with no vaginoplasty, ileal vaginoplasty, revision surgery for patients experiencing problems following gender affirmation surgery and joint procedures such as vaginoplasty with cricothyroid shave.	UHSX
Watts, S Mr	Upper and lower blepharoplasties, soft tissue rejuvenation, cricothyroid shave and complex rhinoplasty.	UHSX
Gender Medicine		
Coxon, J Dr	Medical management of gender-affirming hormone therapy (once endorsed by a psychiatrist/ psychologist with gender medicine training).	UHSX
General Medicine		
Agranoff, D Dr	Infectious diseases, general (internal) medicine.	UHSX
Cairns, S Dr	Gastroenterology, abdominal pain, abdominal swelling, anorexia, diarrhoea, Crohn’s disease, bowel disease, cancer and obstruction, difficulty swallowing, gallstones, heartburn and jaundice.	UHSX
Jackson, N Dr	Gastroenterology and nutritional problems.	UHSX
Kingswood, J Dr	General medicine and renal medicine (nephrology).	UHSX
Messenger, J Dr	General respiratory medicine, lung cancer, sleep apnoea, pleural disease, interstitial lung disease, asthma and COPD.	UHSX
Tibble, J Mr	Gastroenterology, hepatology and endoscopic procedures.	UHSX
General Surgery		
Brooks, M Mr	General, arterial and vascular surgery, open hernia repair, thorascopic sympathectomy for hyperhidrosis, venous access, lumps and bumps and ingrown toenails.	UHSX
Button, M Mr	Minimally invasive/endogenous and surgical treatment of varicose veins, vascular and aortic surgery, general surgery and hernia surgery.	UHSX
Clark, J Mr	General and colorectal surgery, laparoscopic surgery and endoscopic service (colonoscopy and gastroscopy).	UHSX
Dixit, A Mr	Advanced laparoscopic surgery, treatment of obesity, specialist keyhole surgery for hernias, gallbladders and gastro-oesophageal (acid) reflux.	UHSX



Consultant Name	Sub-speciality	NHS Base
General Surgery – <i>continued</i>		
Khera, G Mr	General and gastrointestinal laparoscopic surgery, laparoscopic gallbladder surgery and management of gallstone disease, hernia repair including open, laparoscopic and specialist management of recurrent/redo hernias, laparoscopic treatment of sportsman's hernia and Gilmore's groin, upper GI (OGD) and lower GI (flexible sigmoidoscopy) endoscopy, lumps and bumps surgery, change in bowel habit investigation and investigation of new onset anaemia.	UHSX
Lamah, M Mr	General surgery and colorectal disease, upper and lower endoscopy, bowel cancer, hernia and haemorrhoids.	UHSX
Moore, E Mr	General surgery, laparoscopic surgery, colorectal surgery, colonoscopy, gastroscopy, all abdominal and groin hernias, haemorrhoids, bowel cancer, anal cancer, all anal diseases, fistula surgery, pilonidal sinus surgery, adhesions, gallstones, abdominal pain, change in bowel habit, rectal bleeding, polyps and lumps and bumps.	UHSX
Patel, H Miss	General and colorectal surgery, hernia and anal surgery, bowel cancer surgery, laparoscopic surgery and upper and lower GI endoscopy.	UHSX
Salman, M Mr	General and vascular surgery, keyhole and open hernia repair (primary and recurrent), hyperhidrosis, venous access, AV fistulas for dialysis, lumps and bumps and ingrown toenails.	UHSX
Uheba, M Mr	Colorectal surgery, including cancer, endoscopy, colonoscopy, hernias and haemorrhoids.	UHSX
Yusuf, S Mr	Varicose veins (endovenous and open), inguinal hernia, endovascular aortic aneurysm repair, endoscopic sympathectomy and carotid endarterectomy.	UHSX
Zammit, C Mr	Breast and endocrine surgery, benign breast disease, surgical oncology of symptomatic and screen-detected cancer.	UHSX
Geriatrics		
Alexander, H Dr	Elderly medicine including osteoporosis, orthogeriatrics, falls, frailty and memory loss.	UHSX
Gynaecology		
Gayen, A Mr	Urogynaecology – complex pelvic floor surgery, benign gynaecology, minimal access surgery and colposcopy.	UHSX
Kaushik, S Miss	Gynaecology surgery, gynaecological cancer surgery, abnormal smears and colposcopy, heavy or painful periods, premenstrual syndrome, hysterectomy, keyhole surgery (including ovarian cysts, prophylactic removal of ovaries and hysterectomy), management of fibroids, pelvic pain, problems of the menopause and vulval disease.	UHSX
Kelada, E Mr	General gynaecology problems, subfertility, infertility investigations and treatment, IVF, recurrent miscarriage, early pregnancy scan, polycystic ovarian syndrome (PCOS), heavy periods, menstrual disorders, pelvic pain, pain during intercourse, menopause and hormone replacement therapy (HRT), hysteroscopic and laparoscopic surgery.	UHSX
Larsen-Disney, P Mr	General gynaecology and oncology, abnormal smears, colposcopy, fibroids, hysteroscopy, hysterectomy, labial reduction, laparoscopy (keyhole surgery), menopause, menstrual bleeding, ovarian cysts, pelvic pain, pelvic floor surgery, vulval disease and surgery.	UHSX
Lo, J Miss	Abdominal adhesion surgery, abnormal smears, benign gynaecology, contraception, hysterectomy, labial reduction, menopausal bleeding, PMS clinic, ovarian cysts, vaginal repair, pelvic floor disease and repair, menstrual bleeding, laparoscopic and hysteroscopic surgery, fibroids, heavy painful periods and adolescent gynaecology.	UHSX

Consultant Name	Sub-speciality	NHS Base
Haematology		
Chevassut, T Dr	General and malignant haematology including myeloproliferative disorders, chronic lymphocytic leukaemia and multiple myeloma.	UHSX
Corbett, T Dr	Myelodysplasia, myeloproliferative disorders, leukaemia, myeloma, anaemias and other cytopenias, coagulation, thrombophilia and diagnostic haematology.	UHSX
Dalley, C Dr	Myelodysplasia, myeloproliferative disorders, leukaemia, myeloma, anaemias and other cytopenias, coagulation, thrombophilia and diagnostic haematology.	UHS
Newman, J Dr	General and malignant haematology including anaemia, iron deficiency, clotting disorders including easy bruising, leukaemias, lymphomas, myeloproliferative and myelodysplastic syndromes, mast cell disorders, myeloma and diagnostic haematology.	ESHT
Health and Fitness		
Davey, L	Health screening.	
Imi, B	Health screening.	
Lewis, C Dr	Health screening.	
Timms, A	Health screening.	
Imaging – Please call 01273 627013 or fax 01273 627020		
Christou, A Dr	Breast imaging.	UHSX
Cuthbert, F Dr	Gynaecology radiology and uro radiology.	UHSX
Francis, I Dr	Head and neck.	UHSX
Ganai, B Dr	Vascular imaging, renal imaging, vascular and non-vascular interventional radiology, general abdominal imaging and cardiac radiology.	UHSX
Good, C Dr	All aspects of brain and spine imaging, also skull base, ENT and orbital imaging.	UHSX
Gupta, Y Dr	Interventional radiology, vascular imaging and cardiac radiology.	UHSX
Jeswani, T Dr	Musculoskeletal including image guided injections and spinal injections.	UHSX
Koumellis, P Dr	Brain and spine, imaging and intervention.	UHSX
Lee, J Dr	Chest imaging and cardiac CT.	UHSX
Lewis, G Dr	Gastrointestinal and cancer radiology.	UHSX
Mytafidis, A Dr	Breast imaging.	UHSX
Poitelea, M Dr	Neuroradiology.	UHSX
Richenberg, J Dr	Abdominal radiology, pelvic imaging, uro radiology, gynaecology radiology, infertility, prostate disease and cancer.	UHSX



Consultant Name	Sub-speciality	NHS Base
Imaging – continued – Please call 01273 627013 or fax 01273 627020		
Simpson, E Dr	Skin, head and neck and urological radiology.	UHSX
Thompson, P Dr	Urological and gastrointestinal radiology.	UHSX
Tryb, S Dr	Gynaecology, gastrointestinal and general radiology.	UHSX
Vitta, L Dr	Paediatric imaging and gynaecology.	UHSX
Vundavalli, R Dr	Neuroradiology.	UHSX
Infectious Diseases		
Agranoff, D Dr	Tropical medicine, returning travellers, tick-borne infections, parasitic infections, skin and soft tissue infections, unexplained fevers, respiratory and gastrointestinal infections.	UHSX
Neurology		
Chalmers, R Dr	General neurology and neuro-ophthalmology.	UHSX
Saha, A R Dr	General neurology and movement disorders.	UHSX
Nerve Conduction Studies		
Rudd, D Dr	Neurophysiology, electromyography and nerve conduction studies.	UHSX
Neurosurgery		
Al-Mahfoudh, R Mr	Complex spine surgery, minimally invasive and endoscopic neurosurgery, general neurosurgery and spine surgery, carpal tunnel surgery, sciatica, slipped disc and back pain, brain tumours, hydrocephalus and pain management.	UHSX
Critchley, G Mr	Adult neurosurgery and spinal surgery including treatment of cervical, thoracic and lumbar degenerative conditions, cervical, thoracic and lumbar disc surgery, spinal trauma, spinal tumours, brain tumours and cerebral aneurysms.	UHSX
Elias, T Mr	Cervical spine surgery for neck and arm symptoms, lumbar spine surgery for back and leg symptoms, spinal tumours and complex spine surgery.	UHSX
Foroughi, M Mr	Minimally invasive surgery of the brain and spine, micro-discectomy, sciatica, spinal stenosis, cervical discectomy and disc replacement, Chiari malformation and syringomyelia, brain tumours, hydrocephalus, aneurysms and AVMs, trigeminal neuralgia and hemifacial spasm.	UHSX
Nutrition and Dietetics		
Laidlaw, C Ms	Nutritional assessments, gastroenterology, irritable bowel (FODMAP), oncology, weight management (bariatric surgery) and lifestyle change and wellbeing.	UHSX
Oncology – Please call 01273 624488 ext 7745 or fax 01273 627006		
Bertelli, G Dr	Breast cancer, chemotherapy, hormone therapy and targeted treatments for early and advanced breast cancer.	UHSX
Bloomfield, D Dr	Breast cancer, breast disease, testicular tumour and testicular lumps.	UHSX
Creak, A Dr	Brain tumour, chemotherapy, spinal tumours and radiotherapy.	UHSX

Consultant Name	Sub-speciality	NHS Base
Oncology – continued – Please call 01273 624488 ext 7745 or fax 01273 627006		
Newman, J Mr	Investigation and treatment of patients with lymph gland disorders including low grade and high grade lymphomas, chronic lymphocytic leukaemia, chronic myeloid leukaemia, myelodysplastic and myeloproliferative disorders, myeloma and other bone marrow disorders.	ESHT
Robinson, A Dr	Urological and upper GI – prostate, bladder, pancreatic and oesophageal cancers.	UHSX
Savage, P Dr	Medical oncology, oncology, uro-oncology and urological cancer.	UHSX
Simcock, R Dr	Breast cancer, head and neck cancers.	UHSX
Simpson, J Dr	Head and neck, thyroid, skin and lung cancers and lymphoma radiotherapy.	UHSX
Soultati, A Dr	Colorectal cancer and urological cancers (prostate cancer, kidney cancer, bladder cancer).	UHSX ESHT
Webb, A Dr	Lymphomas, renal and GI cancers, bowel cancer, medical oncology and chemotherapy.	UHSX
Westwell, S Dr	Breast cancer, malignant melanoma, rare skin cancers including Merkel cell carcinoma and HIV related Kaposi’s sarcoma.	UHSX
Ophthalmology		
Hughes, E Mr	Routine and complex cataract surgery, retinal diseases (macular degeneration, surgical retinal conditions), inflammatory eye disease and general ophthalmology.	UHSX
Kashani , S Mr	Cataract surgery, retinal disorders and general ophthalmology.	ESHT
Litwin, A Mr	Cataract surgery, external eye disorders, eye lift, eyelid cyst removal, lacrimal disorders and surgery, oculoplastic surgery and orbital disease.	QVH
Liu OBE, C Prof.	Routine and complex cataract surgery, premium intraocular lenses, lens and laser refractive surgery, correction for reading glasses and astigmatism, glaucoma, cornea and external eye disease and keratoprosthesis (artificial cornea), corneal transplantation including DSAEK and DMEK.	UHSX
Nanavaty, M Mr	Refractive eye surgery, laser eye surgery, cataract surgery, anterior segment, external eye disorders, glaucoma and impaired vision.	UHSX
Purbrick, R Mr	Cataract surgery, age-related macular degeneration (AMD), diabetic eye disease, retinal and macular diseases (including retinal vein occlusion, central serous retinopathy) and general ophthalmology.	UHSX
Rajak, S Mr	Cataract surgery, oculoplastic (eyelid plastic surgery) including blepharoplasty and complex eyelid cancers, orbital disease and surgery including thyroid eye disease management and orbital fracture, lacrimal (tear drainage) disease including endoscopic surgery and general ophthalmology.	UHSX
Shweikh, Y Miss	Glaucoma specialist, glaucoma surgery, routine and complex cataract surgery, cataract surgery combined with minimally invasive glaucoma surgery, trabeculectomy, aqueous shunts, glaucoma revision surgery and general ophthalmology.	UHSX
Wearne, M Mr	General ophthalmology.	ESHT
Oral and Maxillofacial Surgery		
Altman, K Mr	General oral surgery, salivary gland disease, skin cancer, temporomandibular joint disorders, facial pain, dental extractions and impacted teeth, mouth/oral lesions, paediatric oral and maxillofacial surgery and medicolegal reports.	QVH
Herold, J Mr	General oral surgery, tooth extraction, oral cysts, impacted teeth and medico-legal.	UHSX
Maini, Mr N	Oral surgery, salivary gland disease, jaw surgery for deformity, skin lesions, jaw surgery and facial feminisation surgery.	UHSX QVH



Consultant Name	Sub-speciality	NHS Base
Orthopaedics		
Ajis, A Mr	Minimally invasive surgery of the foot and ankle, bunions, hammer toes, sports injuries, Achilles tendon problems, foot arthritis, ankle arthritis and ankle replacements.	UHSX
Bhat, M Mr	Special interest in hand, wrist, elbow, shoulder and forefoot surgery.	SASH
Caesar, B Lt. Col	Shoulder and elbow injuries, trauma and sports trauma.	UHSX
Cass, M Mr	Full range of surgical treatments for all spinal disorders including degenerative (arthritic) problems, spinal trauma and tumours involving the spine.	UHSX
Chowdhry, M Mr	Hip and knee surgery, comprehensive knee ligament surgery, sports injuries, meniscal repair, tendon/ligament injuries, cartilage regeneration procedures, tibial osteotomy, polytrauma, pelvic fracture fixation and knee dislocation.	UHSX
Dawson-Bowling, S Mr	Hip and knee surgery replacement, knee ligament injury, joint resurfacing, osteoarthritis, tendonitis, knee and hip arthroscopy (keyhole surgery) and treatment of femoracetabular impingement, carpal tunnel syndrome, treatment of the painful or failing joint replacement and biological treatments for arthritis.	BAR
Hoskinson, S Mr	Hip and knee replacement including revision procedures. Knee arthroscopy excluding ligament reconstruction.	ESHT
Johnson, R Mrs	Hand and wrist, trigger finger, carpal tunnel syndrome, ganglions and thumb based arthritis.	UHSX
Karmani, S Mr	Full range of surgical treatments for all spinal disorders including degenerative (arthritic) problems, spinal trauma and tumours involving the spine.	
Morassi, G Mr	Complex spine surgery for full range of congenital and degenerative spinal conditions, infections, trauma, tumours and deformities. Minimally invasive and keyhole surgery to spine.	UHSX
Palmer, S Mr	Foot, ankle and lower limb, cartilage resurfacing, bunions, claw toes, foot and heel pain, knee surgery including ligament reconstruction, keyhole surgery, joint preserving knee replacement and general sports medicine.	UHSX
Pattison, R Mr	Adult hip disorder, hip replacement and revisions and knee replacements.	UHSX
Phadnis, J Mr	Shoulder and elbow surgery. Treatments offered include joint replacement, arthroscopy (key hole surgery), sports injuries and trauma.	UHSX
Rose, B Mr	All aspects of foot and ankle surgery including arthroscopic procedures, stabilisations, complex reconstructions, arthroplasty (joint replacement), arthrodesis (joint fusion), tendon surgery, bunion correction and lesser toe correction.	ESHT
Skyrme, A Mr	Foot, ankle, knee and complex hip surgery including revision hip surgery and uncemented and cemented replacements.	ESHT
Touret, L Miss	Upper limb, including wrist, elbow and hand conditions, sports and soft tissue injuries and fractures, nerve and tendon surgery and upper limb arthroscopies.	UHSX
Paediatrics		
Butt, A Dr	Paediatric gastroenterology and nutrition – general and complex gastrointestinal and nutritional problems including: Symptoms – abdominal pain, diarrhoea, vomiting, GI bleeding, constipation, weight loss, poor weight gain and nutritional deficiencies eg iron, vitamin D. Conditions – Crohn’s disease, ulcerative colitis, coeliac disease and enteropathies, gastro-oesophageal reflux, peptic ulcer, food intolerances, eosinophilic disease and functional GI disease eg IBS. Procedures and investigations – diagnostic and therapeutic upper and lower GI endoscopy, 24 hour PH study, impedance and breath hydrogen tests.	UHSX

Consultant Name	Sub-speciality	NHS Base
Paediatrics – continued		
Hii, M Dr	Paediatric gastroenterology – gastroscopy, colonoscopy, skin prick test, hydrogen breath test (glucose, fructose, sucrose, lactose) and 24 hour PH study. Conditions treated – gastroesophageal reflux, food allergy, coeliac disease, small bowel bacterial overgrowth, sugar intolerance (sucrose, fructose, lactose), constipation, inflammatory bowel disease, chronic abdominal pain and chronic diarrhoea.	UHSX
Kanumakala, S Dr	Paediatric medicine – endocrinology, diabetes, childhood obesity and childhood lipid disorders.	UHSX
Maripuri, N Mr	All paediatric orthopaedic conditions including paediatric hip, knee, foot problems, leg deformities, sports injuries and fractures.	UHSX
Physiotherapy – Clinic opening times are by arrangement only – please call 01273 627011 for further information.		
Grubb, M Ms	General physiotherapy, spinal manipulation, sports injuries, musculoskeletal injuries and chronic pain.	
Harris, O Mr	General physiotherapy, spinal manipulation, peripheral joints, acupuncture, sports injuries, vestibular rehabilitation and chronic pain.	
Higgins, C Ms	General physiotherapy, acupuncture, peripheral joints, spinal manipulation, rehabilitation, women’s health, sports injuries and Pilates.	
Mayes, V Ms	General physiotherapy, acupuncture, peripheral joints, spinal manipulation, rehabilitation, women’s health and sports injuries.	
McPike, J Mr	General physiotherapy, spinal manipulation, sports injuries, musculoskeletal injuries, rheumatological rehab and chronic pain.	
Rosam, C Mrs	General physiotherapy, chest and respiratory, peripheral joints, spinal, hand and wrist rehabilitation, women’s health, sports injuries, clinical yoga and Pilates.	
Sutherland, D Mr	General physiotherapy, spinal and peripheral joints, acupuncture, sports injuries and chronic pain. Clinical yoga and Pilates.	
Plastic and Cosmetic Surgery		
Litwin, A Mr	Plastic surgery of the eyelids and brows, blepharoplasty and oculoplastic surgery.	QVH
Maini, N Mr	Facial skin lesions, reconstruction with local flaps and skin grafts, facial feminisation surgery, jaw surgery, genioplasty, lip lift and skin lesions.	UHSX QVH
Mellington, A Mr	Breast reconstruction, augmentation, uplift, reduction and asymmetry correction, abdominoplasty, liposuction, body contouring, correction diastasis recti, perineal reconstruction, lower limb trauma, prominent ear correction, skin cancer, lumps and bumps and scar revision.	UHSX
Nduka, C Mr	Cosmetic, reconstructive and aesthetic surgery including face, breast and abdomen, liposuction, facial palsy and skin cancer.	QVH
Rajak, S Mr	Plastic and reconstructive surgery of the eyelids and brows, blepharoplasty and oculoplastic surgery.	UHSX
Ross, D Mr	Reconstructive and cosmetic surgery of the breast, abdomen and face, liposuction and body contouring after massive weight loss, skin cancer, complex perineal construction, correction of pectus and chest wall deformity.	GSTT
Tanner, B Mr	Non-surgical cosmetic surgery and non-surgical cosmetic treatments including ‘liquid’ facelift and skin resurfacing, minor operative procedures ie lesions and scar revision.	MTW
Watts, S Mr	Facial cosmetic surgery including: rhinoplasty, eyelid surgery, pinnaplasty, ear deformity, skin lesions, fillers and non-surgical anti-ageing treatments, cosmetic septorhinoplasty and blepharoplasties.	UHSX



Consultant Name	Sub-speciality	NHS Base
Radiology – please see Imaging		
Renal Medicine		
Kingswood, JC Dr	Nephrology, all aspects of adult kidney medicine, hypertension and the medical management.	UHSX
Respiratory Medicine		
Messenger, J Dr	Asthma, bronchoscopy, COPD, lungs and lung cancer.	UHSX
Rheumatology		
Hajela, V Dr	Non-specific and regional musculoskeletal pain, diagnostic difficulties, fibromyalgia, osteoarthritis, rheumatoid and other inflammatory arthritis, gout, neck and back pain, lupus and other connective tissue disease.	UHSX
Papasavvas, G Dr	General rheumatology, osteoporosis, inflammatory arthritis, soft tissue rheumatism and gout.	UHSX
Spinal		
Al-Mahfoudh, R Mr	Complex spine surgery, minimally invasive and endoscopic neurosurgery, general neurosurgery and spine surgery, carpal tunnel surgery, sciatica, slipped disc and back pain, brain tumours, hydrocephalus and pain management.	UHSX
Critchley, G Mr	Adult neurosurgery and spinal surgery including treatment of cervical, thoracic and lumbar degenerative conditions, cervical, thoracic and lumbar disc surgery, spinal trauma, spinal tumours, brain tumours and cerebral aneurysms.	UHSX
Cass, M Mr	Full range of surgical treatments for all spinal disorders including degenerative (arthritic) problems, spinal trauma and tumours involving the spine.	UHSX
Elias, T Mr	Cervical spine surgery for neck and arm symptoms, lumbar spine surgery for back and leg symptoms, spinal tumours and complex spine surgery.	UHSX
Foroughi, M Mr	Minimally invasive surgery of spine and brain, micro-discectomy, sciatica, spinal stenosis, cervical discectomy and disc replacement, Chiari malformation and syringomyelia, brain tumours, hydrocephalus, aneurysms and AVMs, trigeminal neuralgia and hemifacial spasm.	UHSX
Karmani, S Mr	Full range of surgical treatments for all spinal disorders including degenerative (arthritic) problems, spinal trauma and tumours involving the spine.	UHSX
Morassi, G Mr	Complex spine surgery for full range of congenital and degenerative spinal conditions, infections, trauma, tumours and deformities. Minimally invasive and keyhole surgery to spine.	UHSX

Consultant Name	Sub-speciality	NHS Base
Urology		
Alanbuki, A Mr	Benign prostate diseases, bladder/kidney stone disease, bladder cancer, prostate cancer, kidney cancer, urinary tract infections, urological pathology, laser and innovative minimal invasive prostate surgery (UroLift®), laparoscopic surgery, laser stone surgery, partial nephrectomy (open and laparoscopic) and laparoscopic nephrectomy.	UHSX
Coker, C Mr	Urinary symptoms, urodynamics, urinary tract infections, urinary stone disease, prostate disease (benign and malignant) and gender reassignment surgery.	UHSX
Larner, T Mr	General urology, men’s health, bladder and prostate cancer, laser prostatectomy, HIFU, benign prostatic hyperplasia, laparoscopic surgery for benign and malignant kidney disease.	UHSX
Symes, A Mr	General urology, stone disease, lithotripsy, ureteroscopy, PCNL, laser prostate surgery and men’s health. Benign and malignant prostate disease and minimally invasive surgery for BPH (UroLift®).	UHSX
Zakikhani, P Mr	Core urology, stone disease and upper tract laparoscopy. Sub-speciality expertise in, rigid and flexible ureteroscopy with laser stone fragmentation and percutaneous stone surgery.	UHSX
Vascular Surgery		
Brooks, M Mr	Varicose vein surgery (open and endovenous) and arterial surgery (lower limb bypass, carotid and aortic).	UHSX
Button, M Mr	General and vascular surgery, varicose veins (open surgery and VNUS) hernias, arterial and endovenous surgery, thorascopic sympathectomy lumps and bumps and ingrown toenails.	UHSX
Salman, M Mr	Varicose vein surgery (open and endovenous) and arterial surgery (bypass and carotid) and aortic surgery (open and endovascular).	UHSX
Yusuf, S Mr	Varicose veins (endovenous and open) inguinal hernia, endovascular aortic aneurysm repair carotid endarterectomy and endoscopic sympathectomy.	UHSX





How patients feel tomorrow starts today



At Nuffield Health hospitals, we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, offering a range of award-winning healthcare services.

Working with you, for your patients.



Associated services

Connected health is a key aspect of our patient focus. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



Recovery Plus

When you refer a patient to us their treatment doesn't end once they leave the hospital. Our end-to-end approach to complete healthcare brings together a wide range of healthcare services across our hospitals, fitness and wellbeing centres and clinical services. Recovery Plus is an optional enhanced recovery programme available to our private patients free of charge when clinically appropriate.

- ◆ Dedicated recovery coach after discharge
- ◆ Health check with personalised exercise and diet advice
- ◆ Three month membership to our fitness and wellbeing centres.

nuffieldhealth.com/recoveryplus

Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- ◆ Results given straight away
- ◆ Personalised report with test results and next steps
- ◆ Quick and easy referrals (if needed)
- ◆ Patients now have the option to have an online health assessment including at home pathology testing.

nuffieldhealth.com/health-assessments

Physiotherapy

Our hospital is home to a specialist physiotherapy centre, providing a full range of musculoskeletal services delivered by quality practitioners using leading-edge technology. Our team are listed in the physiotherapy section of this directory.

nuffieldhealth.com/physiotherapy

Patients accessing any of our services also benefit from a 30-day free gym pass.

Emotional wellbeing

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

nuffieldhealth.com/mental-health-support





Associated services cont.

Diagnostic imaging services

We have comprehensive imaging capabilities including:

- ◆ MRI (including arthrograms)
- ◆ CT (including calcium scoring and cardiac CT)
- ◆ X-ray (including full length spine/lower limbs and paediatric imaging)
- ◆ Ultrasound (including pain management injections and pleural/ascitic drainage)
- ◆ Mammography (including screening).

nuffieldhealth.com/healthcare-professionals/diagnostic-and-specialist-services

Pathology

We have a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data.

nuffieldhealth.com/healthcare-professionals/services/pathology

Hospital sterile services unit (HSSU)

Our HSSU offers a bespoke decontamination service for re-useable surgical instruments from seven purpose built units throughout England. Our team can offer advice on decontamination for your surgery.

nuffieldhealth.com/healthcare-professionals/services/hssu

Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated GP liaison can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

- ◆ Covering topics tailored to your needs
- ◆ Free to attend
- ◆ Delivered online
- ◆ Flexible formats that work around you.

nuffieldhealth.com/healthcare-professionals/events-for-gps



Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.

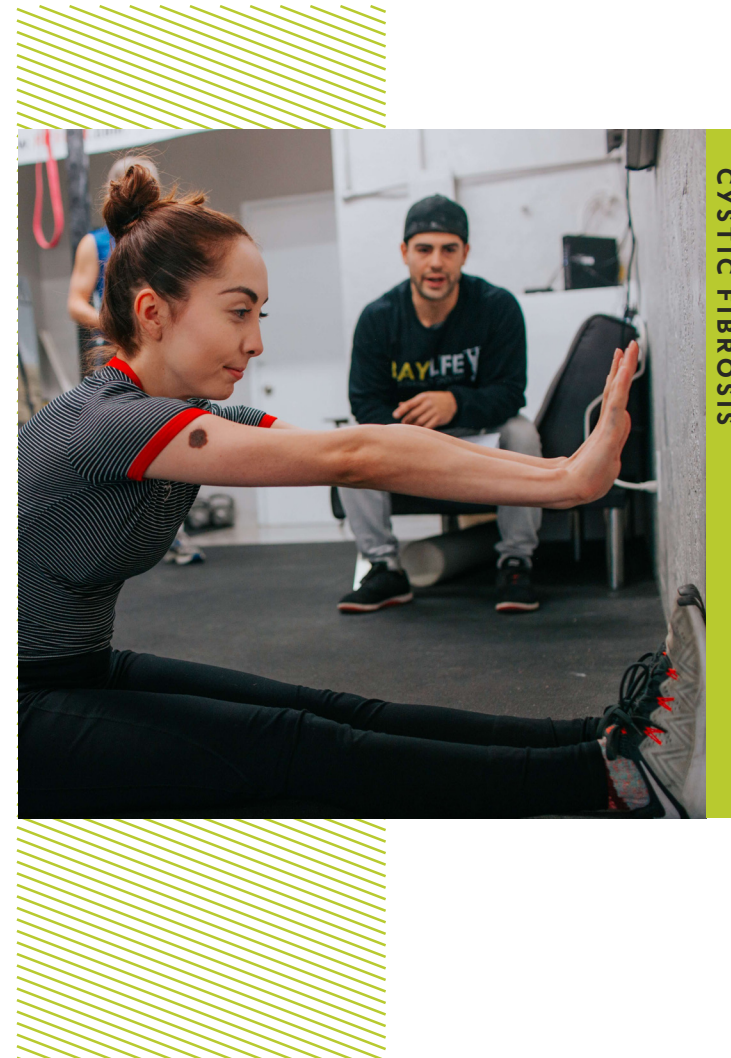


STAMINA Research

The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving Androgen Deprivation Therapy, in partnership with Sheffield Hallam University.



Visit our website nuffieldhealth.com/healthcare-professionals for more information.

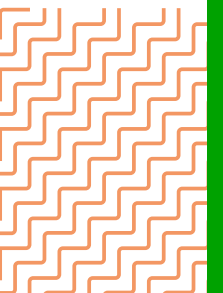


Cystic Fibrosis Programme

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.

Schools Wellbeing Activity Programme (SWAP)

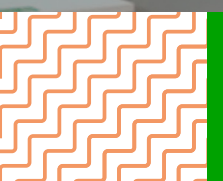
A free six-week wellbeing programme empowering children to improve their overall health and wellbeing.



Meet Our Experts events

As a charity, we run regular sessions with the support of our on-site experts, giving members and non-members a chance to learn about health and fitness. These events cover everything from injury prevention to skin care.

Search 'Our Impact' on nuffieldhealth.com to learn more.



To refer your patients visit nuffieldhealth.com/healthcare-professionals/patient-referrals

We are the UK's largest healthcare charity*

For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation. We're proud we are able to invest all our income back into this vision – whether that's through outstanding day-to-day services, or by pioneering improvements in care so more people can benefit: our customers and patients always come first.

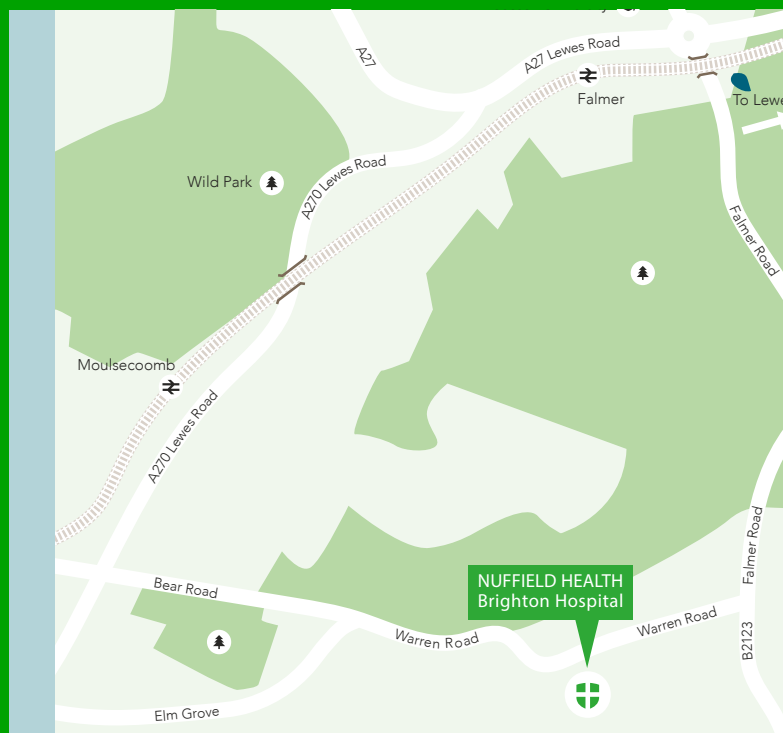
The COVID-19 pandemic has presented all of us with new challenges, and our purpose of building a healthier nation has never been more important. In 2020 and 2021, we proudly made our 31 hospitals available to the NHS, and so far, we've treated over 270,000 NHS patients during the pandemic.

In addition to treating patients during their illness, our unique connected healthcare offering enables us to support their recovery and rehabilitation requirements. Working in collaboration with the NHS, we've developed a new COVID-19 Rehabilitation Programme that offers a blend of physical therapy and emotional support. This free 12-week programme is delivered virtually for the first six weeks and the remainder is in a selection of our 113 fitness and wellbeing centres.

nuffieldhealth.com/covidrehab

As ever, in good times and bad, we're committed to our vision of building a healthier nation.

How to find us



Key department contacts

Hospital director

Call **01273 627076** | Fax **01273 627003**

Inpatient referrals

Call **01273 627000** | Fax **01273 627003**
brightonbookings@nuffieldhealth.com

Matron

Call **01273 627076** | Fax **01273 627003**

Oncology

Call **01273 624488 ext 7745**
Fax **01273 627006**
rachel.scarfe@nuffieldhealth.com

Outpatient referrals

Call **01273 627008** | Fax **01273 627003**
nh.brighton.outpatientbookings@nhs.net

Pathology

Call **01273 627005** | Fax **01273 627003**
philip.matthews@nuffieldhealth.com

Physiotherapy

Call **0345 045 4845** | Fax **01273 627003**
brighton.enquiries@nuffieldhealth.com

Radiology

Call **01273 627013** | Fax **01273 627003**
brighton.radiology@nuffieldhealth.com

Reception

Call **01273 624488** | Fax **01273 627003**
brightonreception@nuffieldhealth.com

Sales and enquiries

Call **01273 961696** | Fax **01273 627003**
brighton.enquiries@nuffieldhealth.com

Ward

Call **01273 681798** | Fax **01273 627003**
bnwardreception@nuffieldhealth.com



Nuffield Health Brighton Hospital

Warren Road, Woodingdean, Brighton BN2 6DX



Call **01273 627008**