



# Nuffield Health Brentwood Hospital.

## Newsflash

GP & Practice Colleagues Issue 25 - 2015

## Welcome.

Autumn rings in many changes, particularly those happening at Nuffield Health Brentwood Hospital and firstly I would like to introduce myself as the new Hospital Director, a role that I am looking forward to and which will allow us to build on the excellent work already achieved. My team and I are keen to maintain strong relationships within the local market, support general practice and develop new opportunities.



Our investment continues with the refurbishment of our operating theatres. On completion we will have three laminar flow theatres for complex surgery and a state-of-the-art digital theatre.

Thank you for your continued support.

### Richard Coggings

Hospital Director,  
Nuffield Health Brentwood Hospital

## To refer patients.

Send your named/unnamed referral direct to us and we will contact your patient.

 **01277 695 695**

 **01277 201 158**

 **brentwood.enquiries@nuffieldhealth.com**

Our directory of Consultants can be found online at **nuffieldhealth.com/healthcare-professionals**

## Latest News.

### Allergy services

Our Nurse led allergy service is available twice a month. This service provides your patients with access to either a skin prick test or, if required for more severe allergies, a blood test. Our Nurses provide help and advice to your patients and with appropriate tests manage the identified cause of the condition with a combination of medication, management and avoidance techniques. If a patient is found to have a severe allergy or a non-allergic problem they will be referred back to the GP or appropriate specialist for further treatment, this service is available for over 18s only.

### Additional service for direct referral from GPs

We have now launched an additional service that will allow GPs to make a direct referral and define what they would like the patient to be tested for. Our paediatric trained Phlebotomists are on hand to take the bloods from children aged 3 and above.

We now offer the following testing profiles, each of which has a full list of allergies that the profile covers. A new referral form will be delivered to surgeries shortly, which will allow GPs to request a more defined allergy test for their patients.

Food and Inhalant- APFI (RAST)	Inhalant- API
Food- APF	Child- APCP
Nuts and Seeds- APNS	Shellfish- APSF
Fish- APFF	Cereals- APC
Antibiotic- APA	Feathers (Domestic)- APFD
Feathers (Farm) APFP	Insect Venom- APIV
Spice 1- APS1	Spice 2- APS2
Specific Single Allergen- IGES	Total IgE- IGE
ISA (Array test often used for young children) ISAC	

All test results are faxed back to the surgery within 5 working days which allows the GP to provide a joined up service to their patients and enabling full updates to clinical records.

For further information please contact Bob Fereday on **01277 695629** or **Robert.fereday@nuffieldhealth.com**



**Bob Fereday,**  
Primary Care Manager

# Referring to Nuffield Health Hospitals.

To refer to a Nuffield Health Hospital please use the contact details on the front of this Newsflash or use our Clinic and Services Directory.

For Choose and Book treatment, please contact the Nuffield Health Choose and Book Contact Centre:

☎ **08000 155 020**

☎ **08452 803 251**

✉ chooseandbook  
@nuffieldhealth.com

## Recovery Plus.

Recovery Plus is our flagship recovery programme, available to our private patients for a number of Orthopaedic and Gynaecological procedures. Recovery Plus is free of charge and an optional addition which can form part of your patient's recovery programme, including a 12 week membership at a local Nuffield Health Fitness & Wellbeing Gym, and a Fitness Coach.

Visit [nuffieldhealth.com/recoveryplus](http://nuffieldhealth.com/recoveryplus)

### The Nuffield Health Promise

Our prices are all-inclusive.\*

We will equal any comparable price.\*\*

There are no time limits on your aftercare.\*\*\*

The Nuffield Health Promise is our unique pledge to patients who are paying for themselves.



Examination using Digital Dermoscopy

### A new Pay for Yourself service

Dr Khorshid, Consultant Dermatologist will lead a Skin Cancer Screening and Mole Mapping service here at Nuffield Health Brentwood Hospital.

The service is aimed at early detection of skin cancers, particularly malignant melanomas.

A specialist dermatology nurse will initially interview the patient and a full examination of the suspect skin area will take place using a close-up technique called digital dermoscopy.

Close up pictures will be taken of any suspicious skin lesions, the risk factors for skin cancer will be assessed and these will then be passed to Dr Khorshid, who will produce a full report outlining his findings and recommendations which will be forwarded to both the GP and the patient.

Appointments can be made for a full evaluation screening service check.

Dr Khorshid will lead all appointments and if a patient requires a surgical procedure, this can be offered at the hospital as part of Dr Khorshid's comprehensive one stop service for skin surgery.

For further information please contact Bob Fereday on **01277 695629** or [Robert.fereday@nuffieldhealth.com](mailto:Robert.fereday@nuffieldhealth.com)

## GP Learning Programme.

Our free GP Learning Programme is a great way to fulfil your CPD requirements.

For information on events taking place at Nuffield Health Brentwood Hospital please visit our website, telephone Bob Fereday on **01277 695 629** or email [essex.marketing@nuffieldhealth.com](mailto:essex.marketing@nuffieldhealth.com)



## Facts at a glance.

Information on our latest Infection Control or Patient Satisfaction statistics can be found on our website at [nuffieldhealth.com](http://nuffieldhealth.com)

### Contact Us:

☎ 01277 695 695

✉ [Brentwood.enquiries@nuffieldhealth.com](mailto:Brentwood.enquiries@nuffieldhealth.com)

\* Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your procedure price.

\*\* Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of your chosen Nuffield Health hospital. We will match against written quotes only.

\*\*\* Where necessary, we promise to assist you to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your procedure, this is guaranteed for the manufacturer's expected prosthesis lifetime. Clinically required indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services.