

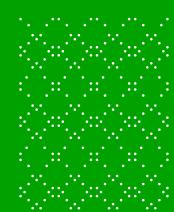
# Consultant and services directory 2021/22

**Nuffield Health Bournemouth Hospital** 



Working with you, for your patients.





# We're building a healthier nation

#### Working with you, for your patients

Connected healthcare for your patients, at every stage of their treatment journey.

## Working with you, for your professional development

Professional training tailored to the needs of your practice.

#### Working with you, for your community

Expert-led, evidence-based charitable community programmes available locally to support your patients.

# Customer services department bournemouth\_enquiries@nuffieldhealth.com 01202 702830

Nuffield Health Bournemouth Hospital 67 Lansdowne Road, Bournemouth

Dorset BH1 1RW

nuffieldhealth.com/bournemouth

# Contents

- 04 | How to refer your patients
- **06** | Key facilities
- **08** | Consultant directory
- **20** | Associated services:
  - **20** | Health assessments
  - **21** | Physiotherapy
  - 21 | Emotional wellbeing
  - 23 | Diagnostic imaging services
  - 23 | Pathology
  - 23 | Hospital sterile services unit
  - 23 | GP events
  - 24 | Cardiology
  - **26** | Paediatrics
  - **27** | Mako<sup>™</sup> robotic-arm assisted surgery
- **28** | Flagship programmes
- 30 | About us



# How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

#### Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

#### Patients via NHS e-Referral Service

Your patients can also be referred via the NHS e-Referral Service – formerly 'choose and book' (www.nhs.uk/referrals). You and your patients can select the most convenient time, date and place of treatment for those NHS services we currently have listed on the NHS e-Referral Service web portal.

Call **08000 155020** Fax **08004 715058** Email chooseandbook@nuffieldhealth.com

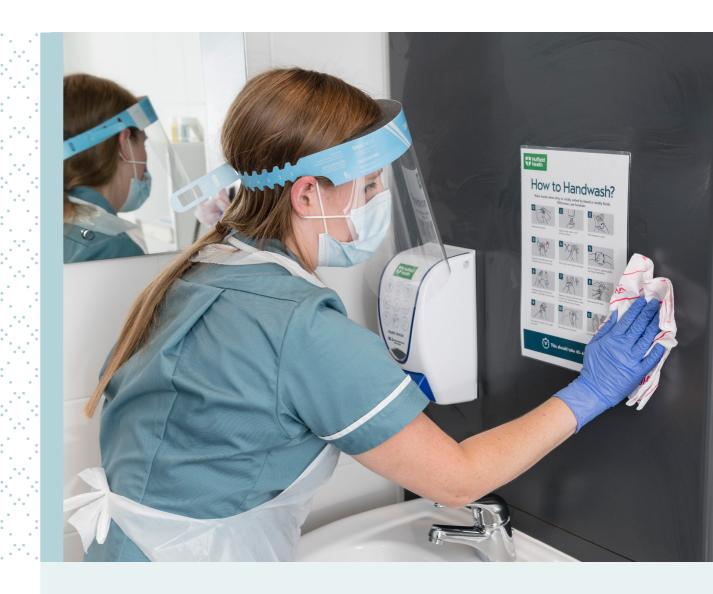
#### Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That's reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

- The confirmed price is all your patient will ever pay\*
- If they find a better price for the same procedure package, we'll match it\*\*
- There are no time limits on aftercare.\*\*\*

There is also the option of an interest-free loan.

\*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your patient's procedure price. \*\*Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of the patient's chosen Nuffield Health hospital. We will match against written quotes only. \*\*\*Where necessary, we promise to assist your patient to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your patient's procedure, this is guaranteed for the manufacturer's expected prosthesis lifetime. "Clinically required" indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at nuffieldhealth.com/promise



### Patient safety is our number one priority

We want to reassure you and your patients that we've put in place safety measures to make our hospital COVID-19 secure. We're offering telephone and online consultations, as well as face-to-face appointments, so whether your patients' appointment is from home or in person, they'll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government and Public Health England guidance and are implemented by the Nuffield Health infection prevention team.





# Key facilities at Nuffield Health Bournemouth Hospital

#### **Medical cover**

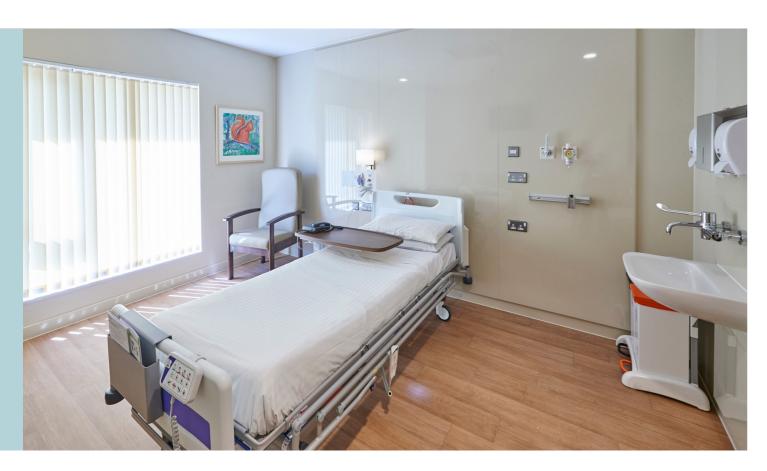
24hr resident medical officer, general, surgical and anaesthetic.

#### Patient accommodation

41 residential patient rooms with en-suite facilities, nurse call system, direct dial telephone, Wi-Fi, TV and radio.

#### Theatre and support services

- Three operating theatres
- Two with laminar flow
- Cardiac interventional suite
- One endoscopy suite
- Two minor ops theatres.





#### **Outpatient services**

#### Including:

- 14 consulting rooms
- Ophthalmic suite
- Physiotherapy
- Hydrotherapy pool
- Pharmacy
- Private GP service
- Nurse-led pre-assessment.

#### Radiology

- MRI (static) cardiac enabled
- CT scanner
- Mammography
- DEXA scan
- X-Ray
- Ultrasound.

Visit our website **nuffieldhealth.com/healthcare-professionals** for more information.



# Consultant and services directory

#### NHS base – abbreviations

СНХ	Christchurch Hospital
DCH	Dorset County Hospital
PGH	Poole General Hospital
RBH	Royal Bournemouth Hospital
RHC	Royal Hampshire Hospital
SDH	Salisbury District Hospital
SGH	Southampton General Hospital
SMH	St Mary's Hospital



The details for each consultant show their name, specialist area, contact details and NHS hospital.

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Accident and Eme	rgency			
Baker, M Mr	Emergency medicine.	01202 704171	01202 704156	RBH
Hassan, K Mr	Soft tissue injury, burns trauma and whiplash.	07725 223451		RBH
Allergy				
Salagean, M Dr	Allergies (patients aged 16+).	01202 702830	01202 842305	
Anaesthetics (Pair	n Management)			
Ahmed, N Dr	Pain management.	01202 702823 ext. 3346	01202 317141	PGH
Alaib, K Dr	Pain management (patients aged 16+).	07367 472443	01202 842305	DCH
Cardiology				
Boos, C Dr	Cardiology (heart failure, atrial fibrillation and sports cardiology).	01202 442572	01202 842305	PGH RBH
Boullin, J Dr	Cardiology.	07557 376983	01202 842305	
Carpenter, JP Dr	Cardiology (CT scan and MRI cardiac).	01202 448255	01202 442754	PGH
Claridge, S Dr	Cardiology.	01722 336262	01202 842305	
Critoph, C Dr	Cardiology (CPEX and heart failure).	01202 084550	01202 704051	RBH
Jordan, A Dr	Cardiology (cardiac imagery, pacemakers and hypertension).	01202 448255	01202 442754	PGH
Khambeker, S Dr	Cardiology including cardiac imaging.	01202 448255	01202 442754	PGH
Kodoth, V Dr	Cardiology.	01202 702805	01202 842305	
Levy, T Dr	Cardiology and Ischaemic heart disease.	01202 702805 ext. 518	01202 702805	RBH
Paisey, J Dr	Cardiac electrophysiology (arrhythmia, atrial fibrilation devices and ablation).	02380 914490	01202 726133	RBH
Sinha, M Dr	Cardiology (interventional, stent implants and angiography).	01202 702805	01202 558133	SDH RBH
Steadman, C Dr	Cardiologist (CT scan and MRI cardiac).	07454 799709	01202 293242	PGH
Talwar, S Dr	Coronary artery disease and coronary angioplasty.	01794 324228	01794 324217	RBH
Wells, T Dr	Cardiology.	01722 336262 ext. 2469	01722 429247	DCH
Witherow, F Dr	Cardiology.	07807 369290	01305 820604	DCH



Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Dermatology				
Hickey, J Dr	General dermatology (acne, eczema and psoriasis) and skin cancer (patients aged 18+).	01202 551060 ext. 509	01202 558133	CHX
Luna, L Dr	Skin cancer and dermatogical surgery.	01202 702827 ext. 3379	01202 295497	CHX
Pearson, I Dr	Inflammatory skin disease and paediatrics.	01202 296025	01202 558133	CHX
Robertshaw, H Dr	Skin cancer and dermatogical surgery (patients aged 12+).	01202 702827 ext. 3379	01202 295497	СНХ
Ear, Nose and Thr	oat (ENT)			
De Zoysa, N Mr	Head and neck cancer, otolaryngology, paediatric ENT, pinnaplasty and rhinoplasty, thyroid and sleep apnoea.	01202 310777 ext. 4458	01202 448410	PGH DCH
Francis-Khoury, E Mr	Otolaryngology and paediatric ENT.	01202 603163	01202 603163	PGH RBH
Scott, P Mr	Sinusitis, rhinoplasty and paediatric ENT.	01202 603163	01202 603163	PGH
Endocrinology				
Richardson, T Dr	Diabetes and endocrinology (patients aged 18+).	01202 314773 ext. 3362	01202 314773	RBH
Gastroenterology				
Al-Shamma, S Dr	Gastroenterology, hepatology, non-alcoholic fatty liver disease, IBS and endoscopy.	01202 291816 ext. 3351	01202 317141	RBH
Gordon, C Dr	Gastroenterology and reflux, IBS, upper GI and oesophagus.	01202 702823 ext. 537	01202 317141	RBH
McCrudden, R Dr	Gastroenterology, endoscopy, liver disease and hepatology.	01202 314773	01202 842305	RBH
McLaughlin, S Dr	Gastroenterology – capsule endoscopy, Crohn's disease and coeliac.	01202 237993	01202 237993	RBH
Parry, S Dr	Inflammatory bowel disease and functional GI disorders.	01202 448470	01202 442996	PGH
Sharer, N Dr	Gastroenterology.	01202 565151	01202 565151	PGH
Weaver, S Dr	Gastroenterology and endoscopy, IBS, Crohn's disease, coeliac and ulcerative colitis.	01202 291816 ext. 3351	01202 317141	RBH
General Medicine				
Shaw, T Dr	Respiratory medicine and fiberoptic bronchoscopy, lungs and sleep apnoea.	01202 701390	01202 701390	RBH
Vassallo, M Dr	Geriatrics, falls and syncope.	07895 182576	01202 704542	RBH
Wheldon, A Dr	Geriatric medicine, osteoporosis, falls and fracture prevention, Parkinson's disease and dementia testing.	01202 702848	01202 558133	PGH

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
General Practice				
Domanski, A Dr	General practice.	01202 702808 ext. 506	01202 294247	
Engelke, C Dr	General practice.	01202 702808 ext. 506	01202 294247	
Gardiner, A Dr	General practice.	01202 702808 ext. 506	01202 294247	
Gladwin, K Dr	General practice.	01202 702808 ext. 506	01202 294247	
Huxtable, S Dr	General practice.	01202 702808 ext. 506	01202 294247	
Moorhouse, M Dr	General practice.	01202 702808 ext. 506	01202 294247	
Rasool, F Dr	General practice.	01202 702808 ext. 506	01202 294247	
General Surgery				
Allenby-Smith, O Mr	Upper GI laparoscopic surgery, reflux and gallstones.	07771 778935	01202 259939	PGH
Bennett, D Mr	Upper GI surgery, laparoscopic surgery, upper and lower GI endoscopy and hernia, gallstones and anti-reflux.	01202 291816 ext. 3351	01202 317141	RBH
Clarke, A Mr	Coloproctology, laparoscopic surgery and faecal incontinence.	07501 150298	01202 886319	PGH
Davies, N Mr	Upper GI surgery and laparoscopic surgery and gallbladder.	01202 702848 ext. 3359	01202 558133	RBH
Evans, A Miss	All breast surgery, breast endocrine, surgical oncology and thyroid (patients aged 18+).	01202 702830	01202 842305	PGH
Howell, R Mr	Coloproctology and laparoscopic surgery, lower GI, haemorrhoids and groin hernia.	01202 317205	01202 294247	RBH
Mallick, I Mr	Coloproctology and laparoscopic surgery, bowel cancer, prolapse, lower GI, haemmorrhoids, groin hernia and rectopexy.	01202 317205	01202 294247	RBH
Perry, D Mr	All breast surgery including reconstruction and skin cancers.	01202 702832 ext. 3363	01202 317141	RBH
Qureshi, T Prof	Hernia and gall bladders.	01202 244207 / 07793 259914	01202 244208	PGH
Skene, A Mr	All breast surgery, breast endocrine, surgical oncology and thyroid.	01202 702833 ext. 4452	01202 317141	RBH
Wijeyekoon, S Mr	General surgery and colorectal surgery.	02039 349828	01202 442996	PGH



Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Gynaecology				
Baker, C Mr	Minimal access surgery and ambulatory gynaecology, diagnostic gynaecology, early pregnancy and emergency gynaecology.	07810 721100	01202 448259	PGH
Balmforth, J Mr	Urogynaecology and prolapse repair (not colposcopy), bladder and bowel.	01202 702832 ext. 3363	01202 314773	RBH
Hillard, T Mr	General gynaecology, urogynaecology, prolapse repair, menopause and minimally invasive surgery.	07585 377911	01202 244200	PGH
Lippiatt, J Mr	Gynaecology, menopause and HRT oncology and colposcopy.	01202 296025	01202 558133	PGH
Pampiglione, J Mr	Fertility Nurse. Male and female infertility, post- menopausal bleeding and endometriosis.	07519 949165 01202 707289 01202 702836	01202 707289	
Taylor, A Mr	Minimal access surgery, gynaecological ultrasound (not colposcopy), sterilisation, coil, implants and early pregnancy scans.	07341 445470	01202 462031	RBH
Webster, D Mr	Gynaecology.	07810 721100	01202 448259	PGH
Haematology				
Chacko, J Dr	Oncology.	01202 702848 ext. 3359	01202 317141	RBH
Medical Oncology	<i>(</i>			
Hickish, T Dr	Gastrointestinal, breast, lung and bladder cancer.	01202 704789	01202 842305	RBH
Neurology				
Capildeo, R Dr	General neurology (including paediatrics), vertigo and Parkinson's disease, ME, fibromyalgia, migraine, epilespy, stroke and neuropathy botox (patients aged 3+).	01277 352262	01277 660295	PGH
Hussain, M Dr	General neurology (including paediatrics), fits, faints and epilepsy.	07757 342445	01202 842305	PGH
Shenouda, E Mr	Neuro spinal.	02380 914437	02380 914418	SGH
Ophthalmology				
Anderson, O Mr	Cataracts, medical retina (age-related macular degeneration, retinal vein occlusion and diabetic retinopathy).	01202 788232	01202 233623	RBH
Davison, C Mr	Cataract surgery, glaucoma and diabetes.	01202 702822 ext. 2265	01202 317848	RBH
Kersey, J Mr	Cataract, paediatrics, macular degeneration, squint and refractive lens exchange.	01202 291816 ext. 3351	01202 317141	RBH
Morris, A Mr	Vitreo-retinal surgery, cataract surgery, macular degeneration and YAG laster.	01202 551060 ext. 509	01202 558133	RBH
Ramchandani, M Mr	Cataract surgery, glaucoma management, general ophthalmology and YAG laser.	01202 296025	01202 317141	RBH

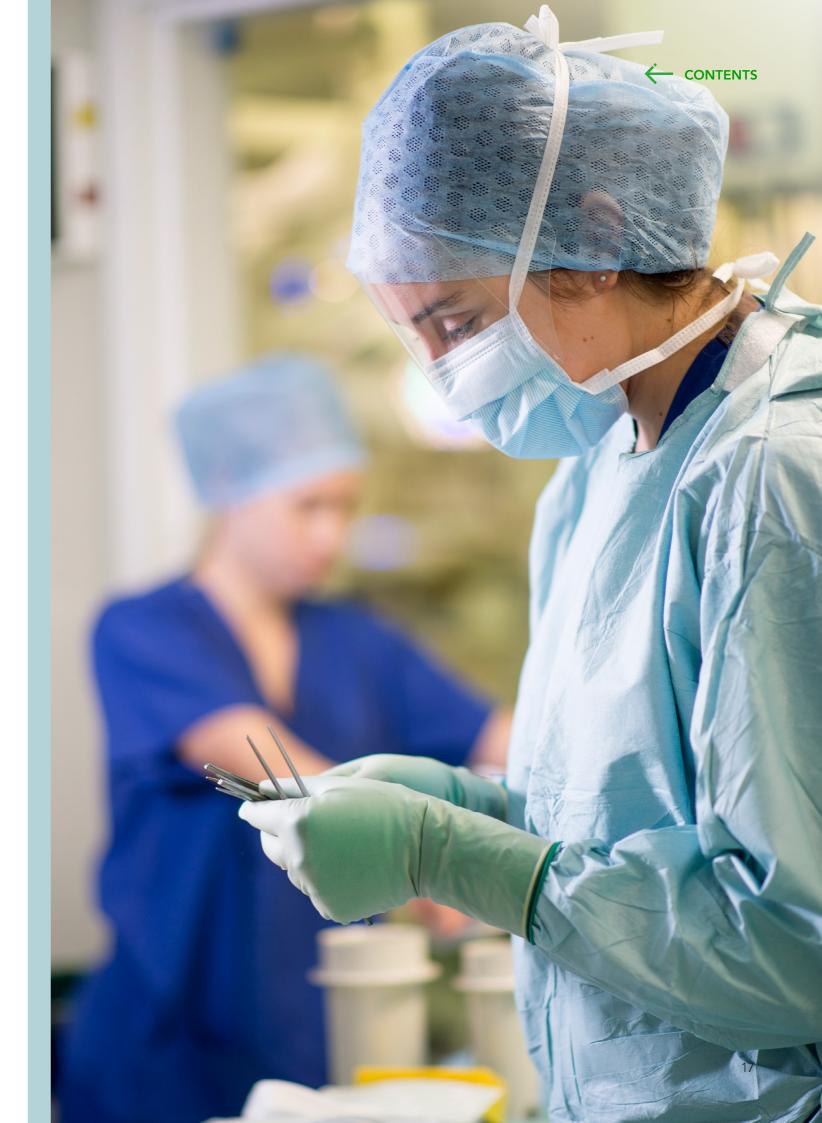
Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Ophthalmology –	continued			
Rashid, M Mr	Cornea, complex cataract and refractive surgery and external eye disease.	01202 702830	01202 842305	RBH
Rowley, S Mr	Vitreo-retinal surgery and cataract surgery, macular degeneration and diabetic.	01202 702822 ext. 2265	01202 317848	RBH
Oral and Maxillof	acial Surgery			
Ilankovan, V Prof	Facial surgery, craniofacial deformity, TM joint disorders, dental implants and paediatrics.	01202 422171	01202 878045	PGH
Kusanale, A Mr	Head and neck reconstructive surgery, head and neck cancer, oral and maxillofacial surgery, molecular cancer biomarkers.	07779 268743	01202 842305	PGH
Ramchandani, P Mr	Dentoalveolar surgery, facial pain, salivary gland disorders, facial deformity, dental implants and head and neck cancer.	01202 886312	01202 886312	PGH
Orthopaedics				
Barham, G Mr	Spinal surgery.	01202 702848 ext. 3359	01202 317141	SDH
Bennet, S Mr	Paediatric orthopaedics, foot and ankle surgery.	01202 702830	01202 842305	PGH
Blakeway, C Mr	Arthroscopy, knee and hip surgery and complex trauma (patients aged 16+).	01202 310401 ext. 519	01202 310401	RBH
Farrar, M Mr	Lower limb, foot and limb reconstruction surgery.	01202 295500 ext. 2265	01202 295500	PGH
Gallagher, K Mr	Hip surgery.	07503 307400	01202 842305	RBH
Garrett, S Mr	Hip, $MAKO^{TM}$ hip and knee surgery (hip arthroscopy).	07776 476667	01202 691871	DCH
Hartley, R Mr	Trauma, shoulder and elbow surgery and arthroscopy.	01202 319598 ext. 521	01202 319598	RBH
Harvey, A Mr	Knee, MAKO <sup>™</sup> knee, hip, arthroscopy surgery and sports medicine.	01202 316249	01202 316249	RBH
Kelsall, N Miss	Diabetic foot, foot and ankle surgery and paediatric.	01202 702805 ext. 518	01202 702805	RBH
Kent , M Mr	Hip, knee and general orthopaedics.	01202 702830	01202 842305	
Middleton, R Prof	Hip resurfacing, MAKO™ hip replacement and revision hip replacement.	01202 303477 ext. 2217	01202 303477	RBH
O'Connor, D Mr	Hand, upper limb, hip and knee replacements.	01202 702848 ext. 3359	01202 558133	RBH
Moverley, R Mr	Orthopaedics, shoulder and elbow surgery and upper limb trauma.	07501 150298	01202 886319	
Pavlou, P Mr	Knee, MAKO™ knee and general orthopaedics.	01202 304050	01202 937999	RBH PGH
Richards, S Mr	General orthopaedic surgery including hand and shoulder surgery.	07713 097905	01202 467860	RBH



Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Orthopaedics – co	ontinued			
Southgate, J Mr	Trauma, hand and shoulder surgery and general orthopaedics.	01202 747444	01202 747444	RBH
Taylor, H Mr	Trauma, foot and ankle surgery (patients aged 6+).	01202 551144 ext. 3358	01202 551144	RBH
Willis-Owen, C Mr	General orthopaedics, sports injury, knee and MAKO $^{\text{TM}}$ knee.	07501 150298	01202 886319	RBH CHX
Paediatrics				
Shortland, D Dr	General paediatrics.	07771 908031	01202 842305	PGH
Physiotherapy – P	hysiotherapy clinic opening times are by arrangemer	nt. Please call <b>0345 045 484</b>	<b>5</b> for further information.	
Alcock, M	MSK physio and Pilates.			
Caliendo, F	MSK physio, Pilates and shockwave therapy.			
Hussey, R	MSK physio and hands.			
Ingle, C	MSK physio, hand therapy, acupuncture and Pilates.	See above.		
Joyce, T	Physio Manager, MSK physio, acupuncture and shockwave therapy.			
King, L	Vestibular disorders.			
Plastic and Cosmo	etic Surgery			
Cadier, M Mr	Plastic and cosmetic surgery.	01725 511550		
Sawyer, A Mr	Plastic surgery, paediatric (patients aged 1+), rhinoplasty and ear pinning.	07539 621032 / 01425 820007	01202 842305	SDH
Whitworth, I Mr	General cosmetic surgery, including breast reconstruction.	01725 513888 ext. 1082	01725 511846	SDH
Psychiatry				
Baker, A Mr	Psychotherapy (Mindwise).	07816 240555		
Harris, N Dr	Child psychiatry.	01425 673652	01202 842305	
Jeyapaul, P Dr	Psychiatry.	02380 982160	02380 987210	PGH
Pearse, L Dr	Psychiatry.	01962 670676	01202 842305	
Prabhakaran, P Mr	Psychiatry and geriatric psychiatry.	07500 339402	01202 842305	
Moghul, S Dr	Psychiatry, bipolar, PTSD and dementia.	07783 543347		SGH
Schenk, A Dr	Psychiatry (patients aged 18+), ME and eating disorders.	02380 840044	02380 207554	

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Radiology				
Ayer, R Dr	Radiologist.	01202 702810	01202 293242	PGH
Beckett, D Dr	Radiologist.	01202 702810	01202 293242	RBH
Bent, C Dr	Radiologist.	01202 702810	01202 293242	RBH
Bull, R Dr	Radiologist – cardiology.	01202 702810	01202 293242	RBH
Char, A Dr	Radiologist.	01202 702810	01202 293242	RBH
Creagh-Barry, M Dr	Radiologist.	01202 702810	01202 293242	RBH PGH
Drury, A Dr	Radiologist.	01202 702810	01202 293242	RBH
Foy, D Mr	Vascular Physicist.	01202 702810	01202 293242	RBH
Helps, M Mrs	Radiology Manager.	01202 702810	01202 293242	
Hennessy, N Dr	Radiologist.	01202 702810	01202 293242	RBH
Hertbetko, J Dr	Radiologist.	01202 702810	01202 293242	PGH
Jacoby, J Dr	Radiologist.	01202 702810	01202 293242	PGH
Jayawardhana, K Dr	Radiologist – cardiology.	01202 702810	01202 293242	RBH
Jones, J Dr	Radiologist.	01202 702810	01202 293242	PGH
Leonard, A Dr	Radiologist.	01202 702810	01202 293242	PGH
McAlinden, P Dr	Radiologist.	01202 702810	01202 293242	RBH
Oakes, J Dr	Radiologist.	01202 702810	01202 293242	RBH
Pope, A Dr	Radiologist.	01202 702810	01202 293242	RBH
Shawyer, A Dr	Radiologist.	01202 702810	01202 293242	RBH
Small, J Dr	Radiologist.	01202 702810	01202 293242	RBH
Stephenson, L Mrs	Vascular Physicist.	01202 702810	01202 293242	RBH
Tarver, D Dr	Radiologist.	01202 702810	01202 293242	PGH
Thomas, S Dr	Radiologist – cardiology.	01202 702810	01202 293242	RBH
Thomson, A Dr	Radiologist.	01202 702810	01202 293242	PGH
Watts, C Dr	Radiologist.	01202 702810	01202 293242	RBH

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Rheumatology				
Dunne, C Dr	Rheumatoid arthritis, back pain, osteoporosis and gout.	01202 702823 ext. 537	01202 558133	XCH
Hopkinson, N Dr	Rehabilitation, connective tissue disease and inflammatory arthritis.	01202 314773 ext. 3362	01202 314773	XCH
Mukherjee, S Dr	Inflammatory arthritis, osteoporosis, gout, back pain and sciatica.	01202 702833 ext. 4452	01202 317141	CHX
Rahmeh, F Dr	Rheumatoid arthritis and back pain.	01202 244229	01202 244208	PGH
Seth, R Dr	Inflammatory arthritis, back pain, MSK, gout, lupus, spondylitis, osteoporosis and bloods.	01202 702848 ext. 3359	01202 317141	SGH
Sports Medicine				
Biswas, A Dr	Sports and exercise medicine.	01202 303477 ext. 2217	01202 558133	RBH
Edwards, J Dr	Sports medicine.	01202 702830	01202 842305	
Urology				
Bromwich, E Miss	Urology (patients aged 18+), kidney, UTIs and benign prostate disorders.	01202 551060 ext. 509	01202 558133	RBH
Carter, C Mr	Urology, kidney, bladder, prostate and testes cancer and vasectomy/reversal.	01202 310321	01202 310321	RBH
Douglas, J Mr	Urology.	02380 764389	02380 914413	SGH
Drake, T Miss	Urology.	01202 551060 ext. 509	01202 558133	
Johnston, T Mr	Urology.	01202 702830	01202 702830/ 01202 558133	RBH
Smith, J Mr	Urology.	02380 764389	02380 914413	SGH
Turner, K Mr	Urology (patients aged 18+), bladder, kidney, renal, UTI, prostate cancer, circumcision and vasectomy.	01202 551060 ext. 509	01202 558133	RBH
Wedderburn, A Mr	Urology and prostate cancer, PSA, haematuria and vasectomy/reversal (patients aged 16+).	01202 551060 ext. 509	01202 558133	RBH
Vascular Surgery				
Lee, C Mr	Arterial surgery, varicose veins, foam sclerotherapy and botulinum toxin (patients aged 18+).	01202 702805 ext. 518	01202 702805	
Rittoo, D Mr	Arterial surgery, minimal invasive surgery and treatment of venous disease.	07443 840556	01202 842305	RBH
Wijesinghe, L Mr	Arterial surgery (aneurysms, peripheral arterial disease), varicose veins (endovenous, sclerotherapy), leg ulcers and DVT.	01202 702832 ext. 3363	01202 314773	RBH













At Nuffield Health hospitals, we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, offering a range of award-winning healthcare services.

Working with you, for your patients.







# Associated services

Connected health is a key aspect of our patient focus. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



#### Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- Results given straight away
- Personalised report with test results and next steps
- Quick and easy referrals (if needed)
- Patients now have the option to have an online health assessment including at home pathology testing.

nuffieldhealth.com/health-assessments

#### **Emotional wellbeing**

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

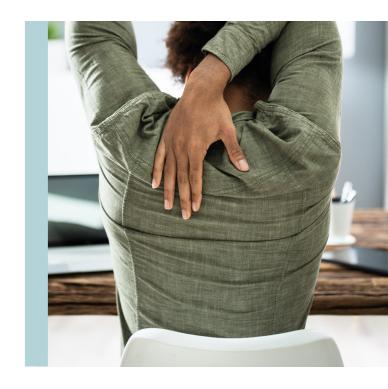
nuffieldhealth.com/mental-health-support

Patients accessing any of our services also benefit from a 30-day free gym pass.

#### **Physiotherapy**

Our hospital is home to a specialist physiotherapy centre, providing a full range of musculoskeletal services delivered by quality practitioners using leading-edge technology. Our team are listed in the physiotherapy section of this directory.

nuffieldhealth.com/physiotherapy











# Associated services cont.

#### Diagnostic imaging services

We have comprehensive imaging capabilities including:

- MRI
- CT
- X-ray
- Ultrasound
- Mammography
- DXA.

nuffieldhealth.comhealthcare professionals/diagnostic-andspecialistservices

#### **Email**

bournemouth.box\_ray@nuffieldhealth.com mrirequest.bournemouth@nuffieldhealth.com

#### **Pathology**

We have a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data.

nuffieldhealth.com/healthcareprofessionals/services/pathology

#### Hospital sterile services unit (HSSU)

Our HSSU offers a bespoke decontamination service for re-useable surgical instruments from seven purpose built units throughout England. Our team can offer advice on decontamination for your surgery.

nuffieldhealth.com/healthcare-professionals/services/hssu

# Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated GP liaison can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

- Covering topics tailored to your needs
- Free to attend
- Delivered online
- Flexible formats that work around you.

nuffieldhealth.com/healthcareprofessionals/events-for-gps

Visit our website **nuffieldhealth.com/healthcare-professionals** for more information.



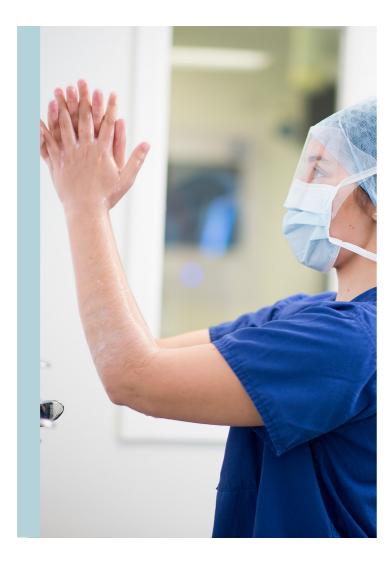
# Specialist services

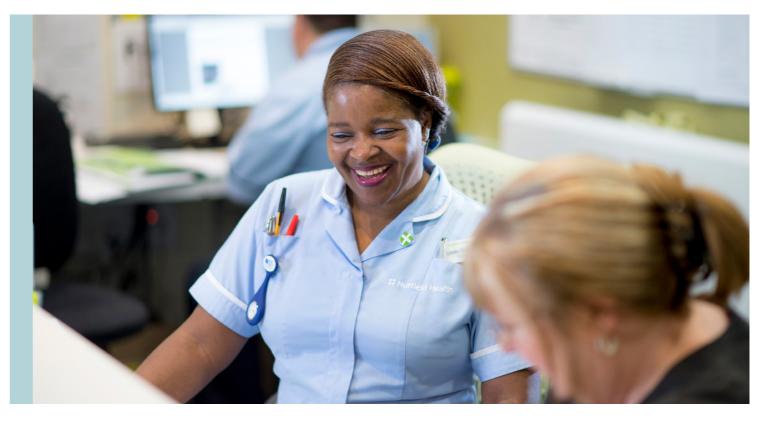
#### Cardiology

Quick and easy access to a first-class cardiology service. The Nuffield Health Bournemouth heart clinic is delighted to offer a dedicated cardiology service for the assessment and treatment of cardiovascular disease. Our state-of-the-art facility offers first class healthcare from top cardiologists to private patients, in a safe and caring environment.

## Our range of diagnostic investigations and interventional procedures include:

- GP referrals for 24hr blood pressure testing, and 24hr/48hr/7-day ECG monitoring with very minimal waiting time
- Out-patient consultations with a consultant cardiologist
- Echocardiology
- Transoesophageal echocardiogram
- Ambulatory ECG and blood pressure monitoring
- Instant check recorder
- Exercise ECG stress testing
- Cardiac CT
- Cardiac MRI
- Cardio pulmonary exercise testing.





#### Invasive cardiac testing is performed in our interventional suite. We can provide the following:

- Coronary angiography
- Electrophysiology to include ablation (cyroablation and Carto<sup>®</sup> 3D mapping)
- Intravascular ultrasound
- Optical coherence tomography
- Pressure wire assessment of coronary arteries

- Rotablation
- Implantable loop recorders
- Implantable cardioverter defibrilators
- Cardiac resynchronisation therapy pacemaker.

#### What will it cost?

We have an open, transparent pricing policy where patients only pay one fixed fee per consultation, investigation or treatment. We will discuss the costs in full with the patient.

Contact 01202 702830 or bournemouth\_enquiries@nuffieldhealth.com

#### CONTENTS

# Specialist services cont.

#### Paediatrics (children and young persons)

We have a dedicated team of experienced children's nurses who work closely with our paediatric consultants.



#### Our paediatric specialisms include:

- Dermatology
- ENT
- General medicine
- Ophthalmology
- Oral and maxillofacial surgery
- Orthopaedics
- Psychology.

Children with pre-existing conditions may not be suitable for surgery within this hospital.

Linda Forsyth, lead CYP nurse Call 01202 291866 Ext 534

or email bournemouth\_enquiries@ nuffieldhealth.com



#### Mako<sup>™</sup> robotic-arm assisted surgery

Our state of the art Mako<sup>™</sup> robotic arm provides assisted orthopaedic reconstructive surgery. Nuffield Health was one of the first private hospital groups in the UK to invest in this pioneering technology.

#### **Benefits**

The Mako<sup>™</sup> robotic arm assists our very experienced consultants in partial and full knee replacements as well as total hip replacements. Using this technology allows them to be more accurate and minimises any risk of error.

Other benefits to the patient include a quicker recovery, less complications, less pain when healing, better function and less chance of fractures and further surgery in the future.

#### How it works?

The robotic-arm refers to the patient's pre-operative CT scan data from the hip, ankle and knee to ensure the joint and implant is aligned correctly, and correct orientation ensures that the patient gets many years from their implant.



Speak to our customer services department for more information

Call 01202 702830 or email bournemouth\_enquiries@nuffieldhealth.com



#### CONTENTS

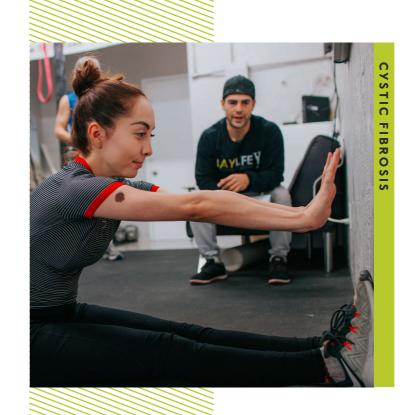
# Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.



#### **STAMINA Research**

The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving Androgen Deprivation Therapy, in partnership with Sheffield Hallam University.



#### **Cystic Fibrosis Programme**

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.

## Schools Wellbeing Activity Programme (SWAP)

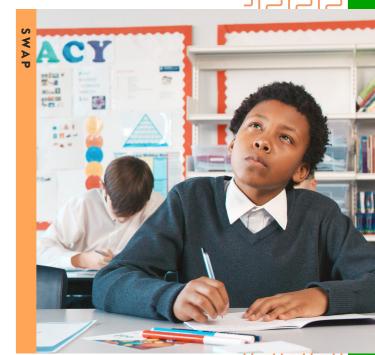
A free six-week wellbeing programme empowering children to improve their overall health and wellbeing.



#### **Meet Our Experts events**

As a charity, we run regular sessions with the support of our on-site experts, giving members and non-members a chance to learn about health and fitness. These events cover everything from injury prevention to skin care.

Search 'Our Impact' on **nuffieldhealth.com** to learn more.



To refer your patients visit

nuffield health. com/health care-professionals/patient-referrals

Visit our website **nuffieldhealth.com/healthcare-professionals** for more information.

28



# Weare the UK's largest healthcare charity\*

We are the UK's largest healthcare charity. For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation. We're proud we are able to invest all our income back into this vision – whether that's through outstanding day-to-day services, or by pioneering improvements in care so more people can benefit: our customers and patients always come first.

The COVID-19 pandemic has presented all of us with new challenges, and our purpose of building a healthier nation has never been more important. In 2020 and 2021, we proudly made our 31 hospitals available to the NHS, and so far, we've treated over 270,000 NHS patients during the pandemic.

In addition to treating patients during their illness, our unique connected healthcare offering enables us to support their recovery and rehabilitation requirements. Working in collaboration with the NHS, we've developed a new COVID-19 Rehabilitation Programme that offers a blend of physical therapy and emotional support.

#### nuffieldhealth.com/covidrehab

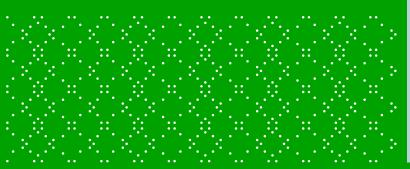
As ever, in good times and bad, we're committed to our vision of building a healthier nation.

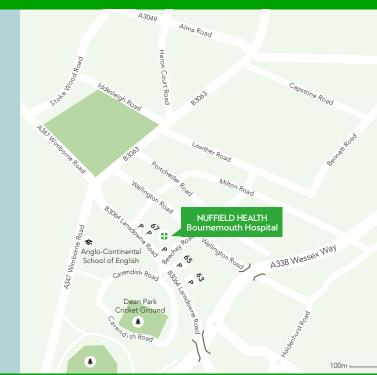


#### How to find us

#### **Transport**

Our hospital is situated on Lansdowne Road within walking distance of Bournemouth train station and many of the main bus routes stop outside the hospital.





#### Key department contacts

**Cosmetic surgery** 

Call **01202 702830** | Fax **01202 842305** 

**Customer services** 

Call **01202 702830** Fax **01202 842305** 

**GP** enquiries

Call **01202 702808** | Fax **01202 294247** 

**Hospital director** 

Call **01202 291866** | Fax **01202 294612** 

Inpatient referrals

Call **01202 310468** | Fax **01202 293871** 

**Matron** 

Call **01202 291866** | Fax **01202 294612** 

**Outpatient referrals** 

Call **01202 291866** | Fax **01202 293871** 

**Pathology** 

Call **01202 702811** | Fax **01202 290800** 

**Physiotherapy** 

Call **0345 045 4845** | Fax **01202 702813** 

Radiology

Call **01202 702810** Fax **01202 293242** 



