

ALLEN & OVERY

Fit for life

Therapy Treatments – Price list

Massage

Lucinda Carveth (LC) – Thursdays 10am-7.30pm

Amanda Anderson (AA) – Wednesdays 1.30pm-7.30pm

Deep Tissue/Sports/Holistic/Swedish Massage/Reiki (LC & AA)

Manual Lymphatic Drainage (LC)

Reflexology/Scar work (AA)

Pregnancy Massage – post 12 weeks (LC)

Indian Head Massage (AA/LC)

Aromatherapy/Thai Foot Massage/Thai Table Massage (LC)

Hot Stones Massage – Half body (30mins) (LC)

Hot Stones Massage – Full body (60mins) (LC)

30 Minutes GBP30

60 Minutes GBP50

Chiropody/Podiatry

Karen Wright – Wednesdays fortnightly 10am-1pm

Routine Consultation/treatment GBP25

Verruca treatment from GBP45

Ingrowing toenail treatment from GBP45

Orthotics from GBP65

*Allen & Overy
Health & Wellbeing Centre
in partnership with
Nuffield Health*



Therapy Treatments – Price list

Dija Reznici – Tuesdays 11am-6pm and Fridays 1pm-6pm

Waxing

Brazilian	GBP25 (30mins)
Extended Bikini	GBP17 (20mins)
Bikini	GBP14 (15mins)
Half Leg	GBP19 (20mins)
¾ Leg	GBP23 (30mins)
Full Leg	GBP30 (30mins)
Full Leg and Bikini	GBP35 (45mins)
U/Arm	GBP12 (15mins)
Full Arm	GBP19 (20mins)
Lip	GBP11 (15mins)
Back/Chest	From GBP25 (30mins)

Warm wax

Hot Wax

Tips and toes

Shape and paint	GBP15 (20mins)
Manicure	GBP22 (30mins)
French manicure	GBP24 (35mins)
Pedicure	GBP32 (45mins)

Facial/Skin care (Ayurvedic cream)

Express Facial	GBP25 (30mins)
Holistic Facial	GBP40 (45mins)

Tips and toes Shellac

Shape and paint	GBP23 (25mins)
Removal & Shape and paint	GBP33 (40mins)
Manicure	GBP32 (35mins)
Removal and Manicure	GBP40 (50mins)
Pedicure	GBP40 (45mins)
Removal and Pedicure	GBP50 (60mins)
Shellac removal	GBP11 (15mins)
French tips, shape and paint	GBP25 (40mins)
French Manicure/shellac	GBP34 (45mins)

Eye Treatments (*Patch test required 24 hrs in advance)

Eye lash tints	GBP16 (30mins)*
Eye brow shape	GBP10 (15mins)
Eye brow tint	GBP13 (30mins)*
Eye brow and Eye lash tint	GBP24 (30mins)*
Eye brow shape and tint	GBP20 (30mins)*

Luxury Treatments

Luxury OPI Manicure/heated mittens	GBP28 (45mins) With Shellac	GBP38 (60mins)
Luxury OPI Pedicure	GBP38 (60mins) With Shellac	GBP48 (60mins)

Packages

Manicure + Pedicure OPI	GBP47 (75 mins)
Shellac Manicure + Pedicure	GBP69 (75 mins)

To book or cancel an appointment, please call the
Health & Wellbeing Centre reception on **ext 4448** or **020 3088 4448**

PLEASE NOTE WE REQUIRE 24 HOURS FOR ALL CANCELLATIONS.
If you fail to provide us with this, you will be charged for the full amount of your treatment.



allenoverly.com