



Paul Sayer, from Essex, UK, received the news of his aggressive prostate disease diagnosis and was immediately faced with a decision: his treatment plan. While his physician was strongly in favor of surgery or radiotherapy, Paul understood there to be potential side effects including incontinence and/or impotence.

When researching, Paul found another treatment option: focal therapy using High-Intensity Focused Ultrasound, or HIFU. His physician shut down the conversation and said HIFU was not a suitable treatment for his disease.

Determined to find a physician who believed in focal therapy, Paul met with HIFU surgeon, Professor Hashim Ahmed in London. After discussion, Paul was told he was actually “a perfect candidate” and went on to be treated with Sonablate HIFU.

“I was out of the hospital that night. I had a catheter for a week and after that, I just got on with my life. I didn’t suffer from complications. And, although I’m having regular tests to monitor things, the disease is gone. HIFU changed my life and preserved my lifestyle.”

PAUL SAYER, SONABLATE HIFU PATIENT



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Sonablate for Prostate Tissue Ablation

Sonablate is a minimally invasive device intended for precise planning and monitoring of ultrasound imaging and high intensity focused ultrasound to ablate prostate tissue. Most common side effects include pain and discomfort and urinary tract infection (UTI). Rare side effects include rectal injury, which may require intervention. Consult your physician to see if the Sonablate procedure is right for you.

Sonablate® has 510(K) clearance in the U.S. under a De Novo regulatory classification and is indicated for the transrectal high intensity focused ultrasound (HIFU) ablation of prostatic tissue. Caution: Federal (USA) law restricts this device to sale by or on the order of a physician.

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PATIENT INFORMATION

**Sonablate® HIFU is a
personalized, targeted
treatment for prostate disease
without painful cutting, radiation,
or hormones**

Worried about a recent prostate disease diagnosis?
Interested in an alternative to major surgery without the painful symptoms?

You are not alone.

Sonablate® HIFU is a personalized, minimally invasive treatment option that may be right for you.



What is HIFU?

Utilizing high-intensity focused ultrasound, or HIFU, the Sonablate HIFU procedure targets and destroys diseased prostate tissue while leaving the surrounding, healthy tissue unharmed.

How does HIFU Work?

Have you ever used a magnifying glass to burn a small hole in a leaf? The same principle is at work with HIFU. Instead of sunlight as the energy source, HIFU utilizes sound; instead of a magnifying glass, HIFU utilizes a transducer to direct and focus the energy.

Why Choose Sonablate HIFU?

- ✓ It is a minimally-invasive and radiation-free procedure
- ✓ Targets only the affected prostate tissue
- ✓ It is a same-day, outpatient procedure
- ✓ Patients enjoy a shorter recovery time – getting back to normal activity within days
- ✓ If found necessary, future treatments can be repeated
- ✓ Lower chance of side effects when compared to traditional surgery

The Sonablate® HIFU Procedure

1



PLAN

Based on MRI, biopsy results and your individual needs, your physician will create a treatment plan for tissue that needs to be ablated (destroyed).

2



ABLATE

With pinpoint accuracy, Sonablate HIFU will ablate only the targeted tissue, leaving the surrounding healthy tissue unharmed.

3



MONITOR & ADJUST

Your physician will monitor the procedure in real-time, adjusting and customizing the procedure to address your individual condition.

Frequently Asked Questions

How long does the procedure take?

Typically, the procedure takes one and a half to three hours, depending on the amount of targeted tissue being ablated during the procedure.

What type of anesthesia should I expect?

Patients will be under general anesthesia or spinal anesthesia with conscious sedation when being treated with Sonablate HIFU.

Will I need a catheter post-procedure?

Yes, patients will typically have a urinary catheter placed for 3-7 days after the procedure.

What side effects, if any, should I expect post-procedure?

Most patients experience urinary urgency immediately post treatment because of the urinary catheter in place. This feeling typically lessens in the hours after the procedure. Other side effects can include pain and discomfort and urinary tract infection (UTI).

Is Sonablate HIFU covered by insurance?

Medicare covers HIFU on a case-by-case basis throughout the United States. Private insurance coverage for HIFU varies by plan but is covered for most radiotherapy failures. You should work with your insurance provider to determine coverage requirements.

Talk to your doctor to see if Sonablate® HIFU is right for you or learn more at [Sonablate.com](https://www.sonablate.com)

