



Nuffield Health Leicester Hospital.

Newsflash

GP & Practice Colleagues Issue 25 - 2015

Welcome.

Welcome to the winter edition of Newsflash from Nuffield Health Leicester Hospital.

Nuffield Health is a not-for-profit organisation, reinvesting all profit in our gyms, medical centres, hospitals and our expert staff. We combine our hospitals, health clinics, fitness & wellbeing gyms, diagnostic units and a wide range of treatments into one complete health and wellbeing service offering.

Nuffield Health continues to offer accessible, innovative ways for people to get and stay healthy, from our free 'meet our expert' events to our Health Score app and leading wellbeing and clinical research.

We've been using our expertise to help people be as healthy as they can be for over 50 years. But it's not just about expertise. It's about support and encouragement too. It's about caring.

Thank you for your continued support of Nuffield Health Leicester Hospital.

Matthew Cook
Hospital Director,
Nuffield Health Leicester Hospital



To refer patients.

Send your named/unnamed referral direct to us and we will contact your patient.

☎ **0116 274 3753/3717**

☎ **0800 389 2315**

✉ Leicester.enquiry@nuffieldhealth.com

Our directory of Consultants can be found online at nuffieldhealth.com/healthcare-professionals

Latest News.

GP Liaison Officer

Nuffield Health Leicester Hospital would like to introduce the hospital's new GP Liaison Officer, Meera Dalal. Our GP Liaison Officer is available to help with a variety of queries from patient referrals to explaining our services and co-ordinating educational events.

Our aim is to provide a personalised service, ensuring you have an individual point of contact at Nuffield Health Leicester Hospital and an efficient pathway for you and your patients.

Please do not hesitate to contact Meera on **07469 377026** or meera.dalal@nuffieldhealth.com if you have any enquiries.

MRI Self Pay Scans Available, from £435

Do your patients require an MRI scan, but think 6 weeks is a long time to wait under the NHS? Why not turn to us, at Nuffield Health Leicester Hospital. Just like your GP Practice, we understand the importance of putting your patients first.

Our brand new, wide bore GE 450w (with Gem Suite) scanner offers a more relaxed environment for patients and combined with the fibre optic lighting, reduces cases of claustrophobia.

The "comfort tilt unit" allows a patient to choose one of six positions to allow a more comfortable experience.

- Wide bore scanner ideal for reducing claustrophobia and increasing patient comfort
- Reporting by sub specialty Consultants
- Quick turnaround from point of referral to scan and report

For an appointment please fax your patients referral letter to our MRI suite **0116 274 3802**.



Health MOT

At Nuffield Health we have introduced a new and innovative approach to enhancing our patients' pre-operative assessments, which focuses on various health and lifestyle factors. The Health MOT is available for all in-patient self pay, insured and NHS patients.

Our Health MOT offers a complete assessment providing patients with an understanding on not just their general health, but also gives advice on lifestyle improvements to support them in their complete health and wellbeing, giving them what they need to make positive fitness, diet and lifestyle changes.

For more information visit nuffieldhealth.com/hospitals/patient-information/health-mot-pre-operative-assessment

Rapid Access Sports Injury Clinic

If you have found your patient has injured themselves through sporting activities, our Rapid Access Sport Injury Clinic provides specialist care and treatment to help patients get pain-free and sport-fit. The clinic includes:

- Accurate diagnosis of exercise related problems
- Identification of the right rehabilitation route with follow-up through to full recovery
Pre & post-operative Physiotherapy support
- Immediate access to diagnosis services (including MRI/CT & X-ray)

For further information or to book an appointment, contact Meera Dalal on **07469 377026**

Referring to Nuffield Health Hospitals.

To refer to a Nuffield Health Hospital please use the contact details on the front of this Newsflash or use our Clinic and Services Directory.

For Choose and Book treatment, please contact the Nuffield Health Choose and Book Contact Centre:

☎ **08000 155 020**

☎ **08452 803 251**

✉ chooseandbook
@nuffieldhealth.com

Recovery Plus.

Recovery Plus is our flagship recovery programme, available to our private patients for a number of Orthopaedic and Gynaecological procedures. Recovery Plus is free of charge and an optional addition which can form part of your patient's recovery programme, including a 12 week membership at a local Nuffield Health Fitness & Wellbeing Gym, and a Fitness Coach.

Visit nuffieldhealth.com/recoveryplus

The Nuffield Health Promise

Our prices are all-inclusive.*

We will equal any comparable price.**

There are no time limits on your aftercare. ***

The Nuffield Health Promise is our unique pledge to patients who are paying for themselves.

Rapid Access Breast Clinic

At Nuffield Health Leicester Hospital, we provide a weekly Rapid Access Breast Clinic led by Mr Jaroslaw Krupa or Miss Monika Kaushik, Consultant Breast Surgeons. Our aim is to provide your patients with quick access to a consultation and treatment, ensuring they are treated with the utmost care for any type of breast problem. All that is required from you is a referral letter for your patient.

The most common breast symptoms (easy to spot) requiring further assessment:

- Any form of breast lump
- Nipple discharge
- Nipple inversion
- Change in breast shape
- Breast asymmetry or enlargement
- Lump or swelling in the armpit
- Skin dimpling/ puckering
- Nipple crusting
- Skin redness not improving with antibiotics
- Persistent breast pain

Please view the following link for further information

www.nuffieldhealth.com/hospitals/leicester/areas-of-speciality/breast-care

Free fax referral to **0800 389 2315**

Meet Our New Consultants at Nuffield Health Leicester Hospital:

Dr Imran Khan, Consultant Radiologist

Dr Sadanand Angadi, Consultant Paediatric Anaesthetist

Dr Niraj Gopinath, Consultant in Anaesthesia and Pain Management

Mr Partha Basu, Consultant Orthopaedic Spine Surgeon

Mr Supratik Chattopadhyay, Consultant Gynaecological Oncology Surgeon

Mr Jonathan Goddard, Consultant Urological Surgeon

Mr Steffan Hutchings, Consultant Orthopaedic Surgeon

Mr Harjinder Singh, Consultant in Sport and Exercise Medicine

Mr Ashok Rajimwale, Consultant Paediatric Urologist

Dr Vipul Kaushik, Consultant Anaesthesia

Dr Esme Pointen, Consultant Histopathologist

Dr Yehia Kamel, Consultant in Anaesthesia and Pain Management

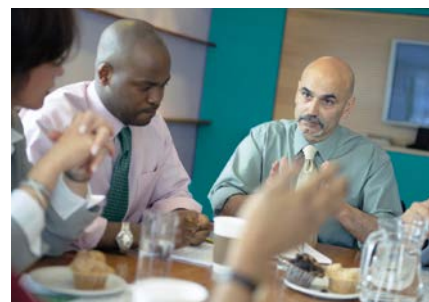
Dr Affifa Farrukh, Consultant Physician and Gastroenterologist

For any further information with regards to Consultant information, please contact Meera Dalal at meera.dalal@nuffieldhealth.com

GP Learning Programme.

Our GP Learning Programme comprises of a range of specialities and informative lectures, assisting you with CPD progression. Please see our upcoming events:

For further information please visit our website, email leicester.education@nuffieldhealth.com or call Meera Dalal on **07469 377026**.



Facts at a glance.

Information on our latest Infection Control or Patient Satisfaction statistics can be found on our website at nuffieldhealth.com

Contact Us:

☎ **0116 276 9401**

✉ leicester.enquiry@nuffieldhealth.com

* Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your procedure price.

** Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of your chosen Nuffield Health hospital. We will match against written quotes only.

*** Where necessary, we promise to assist you to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your procedure, this is guaranteed for the manufacturer's expected prosthesis lifetime. Clinically required indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services.