



Nuffield Health Glasgow Hospital.

Newsflash

GP & Practice Colleagues Issue 25 - 2015

Welcome.



Welcome to our latest Newsflash for our supporting GPs. In this issue we have included articles on our recent 30th birthday party for our Fertility department and our recently launched Spinal Clinic.

We will soon be communicating our flagship Recovery Plus programme, a service unique for Nuffield Health Hospital patients.

Watch this space. I hope you enjoy reading this edition of Newsflash and please let us know if there is anything which we can provide further information on.

Ken Hay
Hospital Director,
Nuffield Health Glasgow Hospital

To refer patients.

Send your referral direct to us and we will contact your patient.

☎ **0800 616 267**

☎ **0141 339 1352**

✉ glasgowoutpatients
@nuffieldhealth.com

Listed on SCI Gateway under NHS Lanarkshire.

Our directory of Consultants can be found online at nuffieldhealth.com/healthcare-professionals

Latest News.

Our Fertility Department is 30!

The legacy of our leading Scottish Fertility Clinic was celebrated this year, when over 100 babies conceived at Nuffield Health Glasgow Hospital met for the first time at a party to mark the unit's 30th anniversary.

We launched our Fertility service in 1985 and since then, around 6,000 babies have been conceived through Nuffield Health Glasgow Hospital's Fertility. Today, we continue to help those who want to start a family through a wide range of Fertility treatments and, last year, the hospital's not-for-profit status supported investment in a new state-of-the-art Embryoscope time-lapse incubator.

Consultants:

Dr Helen Lyall, Consultant Gynaecologist
Dr Aparna Sastry, Consultant Gynaecologist
Dr Ranitha Kumar, Consultant Gynaecologist



Who to refer to Fertility Services:

- * Female patient <36 and has not conceived after 1 year
- * Female patient 36> and currently trying to conceive
- * Patient has
 - Amenorrhoea
 - Oligomenorrhoea
 - Previous Ectopic Pregnancy
 - Previous PID / STI
 - Previous Pelvis Surgery
- * Patient has a known cause for infertility
- * Patient has a history of factors that predispose to infertility
- * Patient has treatment is planned that may result in infertility

Referring to Nuffield Health Hospitals.

General Practitioners and surgery staff can now refer patients privately to Nuffield Health Glasgow Hospital via SCI Gateway. The hospital is listed under NHS Lanarkshire.

Once the SCI referral has been received, patients will be contacted by the hospital to arrange a suitable appointment with a consultant.

For any referrals to a speciality not listed e.g. diagnostic imaging, physiotherapy, please direct the referral to the speciality General Medicine.

For further assistance please contact:

☎ **0800 616 267**

☎ **0141 339 1352**

✉ Glasgowoutpatients@nuffieldhealth.com

Recovery Plus.

Recovery Plus is our flagship recovery programme, available to our private patients for a number of Orthopaedic and Gynaecological procedures. Recovery Plus is free of charge and an optional addition which can form part of your patient's recovery programme, including a 12 week membership at a local Nuffield Health Fitness & Wellbeing Gym, and a Fitness Coach.

Visit nuffieldhealth.com/recoveryplus

The Nuffield Health Promise

Our prices are all-inclusive.*

We will equal any comparable price.**

There are no time limits on your aftercare.***

The Nuffield Health Promise is our unique pledge to patients who are paying for themselves.

Not for Profit.

Nuffield Health is a not-for-profit organisation, reinvesting all profit in hospitals, medical centres, gyms & our expert staff.

This results in accessible, innovative ways for people to get and stay healthy, from our free 'meet our expert' events to our HealthScore app and leading wellbeing and clinical research.

Our aim is to make the nation healthier, we do this with:

- 11,000 employees - including 4,000 clinical practitioners
- 31 Hospitals
- 77 Fitness and Wellbeing Gyms
- 4 Medical Centres
- 200 Corporate Fitness and Wellbeing Gyms
- 50 Health Clinics
- 66 Specialist Rehabilitation Centres
- 2,000 Accredited & Governed Physiotherapists.

We do not offer private medical insurance, empty promises or poor quality service. What we do is combine our hospitals, health clinics, fitness & wellbeing gyms, diagnostic units and a wide range of treatments into one complete health and wellbeing service.

Using our expertise to help people be as healthy as they can be. But it's not just about expertise. It's about support and encouragement too. It's about caring.

GP Learning Programme.

Look out for our 2016 GP Educational Programme. This will be sent to you before Christmas. If you have any suggestions, preferences, suggestions or requests for educational events, please email our Sales & Services Manager, **Mandy.Cook@nuffieldhealth.com**



Facts at a glance.

Information on our latest Infection Control or Patient Satisfaction statistics can be found on our website at nuffieldhealth.com

Spinal Clinic at Nuffield Health Glasgow Hospital

We are proud to be able to offer your patients the expertise of our own dedicated spinal team. As well as their scheduled on-site theatre sessions, our spinal Consultants all offer weekly clinics for both insured and 'paying for yourself' patients.

The clinics are supported by our on-site state-of-the-art diagnostic Pathology, Imaging and Physiotherapy departments - enabling an efficient diagnosis from which we can personalise treatment. Where required we can utilise our onsite CT and MRI scanners and pre and postoperative physiotherapy support.

As a team we can cover all areas of the spine with a large number of patients presenting with lower back pain, sciatic pain, neck and arm pain or cervical back pain. We are able, following diagnoses, to offer treatment including: pain management with spinal injections, reconstructive, decompression surgery and vertebroplasty.

Consultants:

Mr Nick Brownson, Orthopaedic Consultant
Mr Fraser Dean, Orthopaedic Consultant

Contact Us:

☎ 0800 616267

✉ Glasgowoutpatients@nuffieldhealth.com

* Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your procedure price.

** Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of your chosen Nuffield Health hospital. We will match against written quotes only.

*** Where necessary, we promise to assist you to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your procedure, this is guaranteed for the manufacturer's expected prosthesis lifetime. Clinically required indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services.