# Monday



| Time  | Main Poo     |      |                |                | Teaching Pool |             |
|-------|--------------|------|----------------|----------------|---------------|-------------|
|       | Lane<br>Swim | Aqua | Swim<br>School | Family<br>Swim | Family Swim   | Swim School |
| 06.00 | Lane Swim    |      |                |                |               |             |
| 06.30 | Lane Swim    |      |                |                |               |             |
| 07.00 | Lane Swim    |      |                |                |               |             |
| 07.30 | Lane Swim    |      |                |                |               |             |
| 08.00 | Lane Swim    |      |                |                |               |             |
| 08.30 | Lane Swim    |      | Swim Fit       |                |               |             |
| 09.00 | Lane Swim    | Aqua |                |                |               |             |
| 09.30 | Lane Swim    | Aqua |                |                |               |             |
| 10.00 | Lane Swim    |      |                | Family Swim    |               | Swim School |
| 10.30 | Lane Swim    |      |                | Family Swim    |               | Swim School |
| 11.00 | Lane Swim    |      |                | Family Swim    | Family Swim   |             |
| 11.30 | Lane Swim    |      |                | Family Swim    | Family Swim   |             |
| 12.00 | Lane Swim    |      |                |                |               |             |
| 12.30 | Lane Swim    |      |                |                |               |             |
| 13.00 | Lane Swim    |      |                |                |               |             |
| 13.30 | Lane Swim    |      |                |                |               |             |
| 14.00 | Lane Swim    |      |                | Family Swim    | Family Swim   |             |
| 14.30 | Lane Swim    |      |                | Family Swim    | Family Swim   |             |
| 15.00 | Lane Swim    |      |                | Family Swim    | Family Swim   |             |
| 15.30 | Lane Swim    |      |                | Family Swim    | Family Swim   |             |
| 16.00 | Lane Swim    |      | Swim School    | Family Swim    |               | Swim School |
| 16.30 | Lane Swim    |      | Swim School    | Family Swim    | Family Swim   |             |
| 17.00 | Lane Swim    |      | Swim School    | Family Swim    | Family Swim   |             |
| 17.30 | Lane Swim    |      | Swim School    | Family Swim    |               | Swim School |
| 18.00 | Lane Swim    | Aqua |                |                |               |             |
| 18.30 | Lane Swim    | Aqua |                |                |               |             |
| 19.00 | Lane Swim    |      |                |                |               |             |
| 19.30 | Lane Swim    |      |                |                |               |             |
| 20.00 | Lane Swim    |      |                |                |               |             |
| 20.30 | Lane Swim    |      |                |                |               |             |
| 21.00 | Lane Swim    |      |                |                |               |             |
| 21.30 | Lane Swim    |      |                |                |               |             |

#### Tuesday

|       |           | N    | lain Pool   | Teach       | ing Pool    |             |
|-------|-----------|------|-------------|-------------|-------------|-------------|
| Time  | Lane      | Aqua | Swim        | Family      | Family Swim | Swim School |
|       | Swim      |      | School      | Swim        |             |             |
| 06.00 | Lane Swim |      |             |             |             |             |
| 06.30 | Lane Swim |      |             |             |             |             |
| 07.00 | Lane Swim |      |             |             |             |             |
| 07.30 | Lane Swim |      |             |             |             |             |
| 08.00 | Lane Swim |      |             |             |             |             |
| 08.30 | Lane Swim |      |             |             |             |             |
| 09.00 | Lane Swim | Aqua |             |             |             |             |
| 09.30 | Lane Swim | Aqua |             |             |             |             |
| 10.00 | Lane Swim |      | Swim Fit    | Family Swim |             | Swim School |
| 10.30 | Lane Swim |      |             | Family Swim |             | Swim School |
| 11.00 | Lane Swim |      |             | Family Swim |             | Swim School |
| 11.30 | Lane Swim |      |             | Family Swim | Family Swim |             |
| 12.00 | Lane Swim |      |             |             |             |             |
| 12.30 | Lane Swim |      |             |             |             |             |
| 13.00 | Lane Swim |      |             |             |             |             |
| 13.30 | Lane Swim |      |             |             |             |             |
| 14.00 | Lane Swim |      |             | Family Swim |             | Swim School |
| 14.30 | Lane Swim |      |             | Family Swim |             | Swim School |
| 15.00 | Lane Swim |      |             | Family Swim | Family Swim | Swim School |
| 15.30 | Lane Swim |      |             | Family Swim | Family Swim | Swim School |
| 16.00 | Lane Swim |      | Swim School | Family Swim |             | Swim School |
| 16.30 | Lane Swim |      | Swim School | Family Swim |             | Swim School |
| 17.00 | Lane Swim |      | Swim School | Family Swim |             | Swim School |
| 17.30 | Lane Swim |      | Swim School | Family Swim |             | Swim School |
| 18.00 | Lane Swim |      |             |             |             |             |
| 18.30 | Lane Swim | Aqua |             |             |             |             |
| 19.00 | Lane Swim | Aqua |             |             |             |             |
| 19.30 | Lane Swim |      | Swim Fit    |             |             |             |
| 20.00 | Lane Swim |      |             |             |             |             |
| 20.30 | Lane Swim |      |             |             |             |             |
| 21.00 | Lane Swim |      |             |             |             |             |
| 21.30 | Lane Swim |      |             |             |             |             |

## Wednesday

Pool Timetable

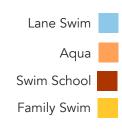
Lane Swim Aqua/Water explorers Swim School Family Swim

|       |           |      | Main Pool   | Teaching Pool |                 |             |
|-------|-----------|------|-------------|---------------|-----------------|-------------|
| Time  | Lane      | Aqua | Swim        | Family        | Family Swim     | Swim School |
|       | Swim      |      | School      | Swim          |                 |             |
| 06.00 | Lane Swim |      |             |               |                 |             |
| 06.30 | Lane Swim |      |             |               |                 |             |
| 07.00 | Lane Swim |      |             |               |                 |             |
| 07.30 | Lane Swim |      |             |               |                 |             |
| 08.00 | Lane Swim |      |             |               |                 |             |
| 08.30 | Lane Swim |      |             |               |                 |             |
| 09.00 | Lane Swim |      |             |               |                 |             |
| 09.30 | Lane Swim |      | Swim Fit    |               |                 |             |
| 10.00 | Lane Swim |      | Swim School | Family Swim   | Family Swim     |             |
| 10.30 | Lane Swim |      | Swim School | Family Swim   | Family Swim     |             |
| 11.00 | Lane Swim |      | Swim School | Family Swim   | Family Swim     |             |
| 11.30 | Lane Swim |      | Swim School | Family Swim   | Family Swim     |             |
| 12.00 | Lane Swim | Aqua | Swim School |               |                 |             |
| 12.30 | Lane Swim | Aqua | Swim School |               |                 |             |
| 13.00 | Lane Swim |      | Swim School |               |                 |             |
| 13.30 | Lane Swim |      |             |               |                 |             |
| 14.00 | Lane Swim |      |             | Family Swim   | Family Swim     |             |
| 14.30 | Lane Swim |      |             | Family Swim   | Family Swim     |             |
| 15.00 | Lane Swim |      | Swim School | Family Swim   | Family Swim     |             |
| 15.30 | Lane Swim |      |             | Family Swim   | Family Swim     |             |
| 16.00 | Lane Swim |      | Swim School | Family Swim   |                 | Swim School |
| 16.30 | Lane Swim |      | Swim School | Family Swim   |                 | Swim School |
| 17.00 | Lane Swim |      | Swim School | Family Swim   | Water Explorers |             |
| 17.30 | Lane Swim |      | Swim School | Family Swim   | Water Explorers |             |
| 18.00 | Lane Swim |      | Swim School |               |                 |             |
| 18.30 | Lane Swim |      |             |               |                 |             |
| 19.00 | Lane Swim |      |             |               |                 |             |
| 19.30 | Lane Swim |      |             |               |                 |             |
| 20.00 | Lane Swim |      |             |               |                 |             |
| 20.30 | Lane Swim |      |             |               |                 |             |
| 21.00 | Lane Swim |      |             |               |                 |             |
| 21.30 | Lane Swim |      |             |               |                 |             |

## Thursday

|       |           | N    | /lain Pool   |             | Teaching Pool |             |  |
|-------|-----------|------|--------------|-------------|---------------|-------------|--|
| Time  | Lane      | Aqua | Swim         | Family      | Family Swim   | Swim School |  |
|       | Swim      | '    | School       | Swim        |               |             |  |
| 06.00 | Lane Swim |      |              |             |               |             |  |
| 06.30 | Lane Swim |      |              |             |               |             |  |
| 07.00 | Lane Swim |      |              |             |               |             |  |
| 07.30 | Lane Swim |      |              |             |               |             |  |
| 08.00 | Lane Swim |      |              |             |               |             |  |
| 08.30 | Lane Swim |      |              |             |               |             |  |
| 09.00 | Lane Swim | Aqua |              |             |               |             |  |
| 09.30 | Lane Swim | Aqua |              |             |               |             |  |
| 10.00 | Lane Swim |      | Water Babies | Family Swim | Family Swim   |             |  |
| 10.30 | Lane Swim |      | Water Babies | Family Swim | Family Swim   |             |  |
| 11.00 | Lane Swim |      | Water Babies | Family Swim | Family Swim   |             |  |
| 11.30 | Lane Swim |      | Water Babies | Family Swim | Family Swim   |             |  |
| 12.00 | Lane Swim |      |              |             |               |             |  |
| 12.30 | Lane Swim |      |              |             |               |             |  |
| 13.00 | Lane Swim |      |              |             |               |             |  |
| 13.30 | Lane Swim |      |              |             |               |             |  |
| 14.00 | Lane Swim |      | Water Babies | Family Swim | Family Swim   | Swim School |  |
| 14.30 | Lane Swim |      | Water Babies | Family Swim | Family Swim   | Swim School |  |
| 15.00 | Lane Swim |      | Water Babies | Family Swim |               | Swim School |  |
| 15.30 | Lane Swim |      | Water Babies | Family Swim | Family Swim   | Swim School |  |
| 16.00 | Lane Swim |      | Swim School  | Family Swim |               | Swim School |  |
| 16.30 | Lane Swim |      | Swim School  | Family Swim |               | Swim School |  |
| 17.00 | Lane Swim |      | Swim School  | Family Swim | Family Swim   |             |  |
| 17.30 | Lane Swim |      | Swim School  | Family Swim | Family Swim   |             |  |
| 18.00 | Lane Swim |      | Swim School  |             |               |             |  |
| 18.30 | Lane Swim | Aqua |              |             |               |             |  |
| 19.00 | Lane Swim | Aqua |              |             |               |             |  |
| 19.30 | Lane Swim |      |              |             |               |             |  |
| 20.00 | Lane Swim |      |              |             |               |             |  |
| 20.30 | Lane Swim |      |              |             |               |             |  |
| 21.00 | Lane Swim |      |              |             |               |             |  |
| 21.30 | Lane Swim |      |              |             |               |             |  |
|       |           |      |              | · · · ·     | · · · ·       | · · · · ·   |  |

### Friday



|       | Main Pool |      |                |                | Teaching Pool |             |  |
|-------|-----------|------|----------------|----------------|---------------|-------------|--|
| Time  | Lane      | Aqua | Swim<br>School | Family<br>Swim | Family Swim   | Swim School |  |
|       | Swim      |      | School         | Swim           |               |             |  |
| 06.00 | Lane Swim |      |                |                |               |             |  |
| 06.30 | Lane Swim |      |                |                |               |             |  |
| 07.00 | Lane Swim |      |                |                |               |             |  |
| 07.30 | Lane Swim |      |                |                |               |             |  |
| 08.00 | Lane Swim |      |                |                |               |             |  |
| 08.30 | Lane Swim |      |                |                |               |             |  |
| 09.00 | Lane Swim | Aqua |                |                |               |             |  |
| 09.30 | Lane Swim | Aqua |                |                |               |             |  |
| 10.00 | Lane Swim |      | Swim Fit       | Family Swim    |               | Swim School |  |
| 10.30 | Lane Swim |      | Swim School    | Family Swim    |               | Swim School |  |
| 11.00 | Lane Swim |      | Swim School    | Family Swim    |               | Swim School |  |
| 11.30 | Lane Swim |      | Swim School    | Family Swim    | Family Swim   |             |  |
| 12.00 | Lane Swim | Aqua | Swim School    |                |               |             |  |
| 12.30 | Lane Swim | Aqua | Swim School    |                |               |             |  |
| 13.00 | Lane Swim |      | Swim School    |                |               |             |  |
| 13.30 | Lane Swim |      | Swim School    |                |               |             |  |
| 14.00 | Lane Swim |      |                | Family Swim    | Family Swim   |             |  |
| 14.30 | Lane Swim |      |                | Family Swim    | Family Swim   |             |  |
| 15.00 | Lane Swim |      |                | Family Swim    | Family Swim   |             |  |
| 15.30 | Lane Swim |      |                | Family Swim    | Family Swim   |             |  |
| 16.00 | Lane Swim |      | Swim School    | Family Swim    |               | Swim School |  |
| 16.30 | Lane Swim |      | Swim School    | Family Swim    |               | Swim School |  |
| 17.00 | Lane Swim |      | Swim School    | Family Swim    |               | Swim School |  |
| 17.30 | Lane Swim |      | Swim School    | Family Swim    |               | Swim School |  |
| 18.00 | Lane Swim |      | Swim School    | Family Swim    | Family Swim   |             |  |
| 18.30 | Lane Swim |      |                | Family Swim    | Family Swim   |             |  |
| 19.00 | Lane Swim |      |                | Family Swim    | Family Swim   |             |  |
| 19.30 | Lane Swim |      |                | Family Swim    | Family Swim   |             |  |
| 20.00 | Lane Swim |      |                |                |               |             |  |
| 20.30 | Lane Swim |      |                |                |               |             |  |
| 21.00 | Lane Swim |      |                |                |               |             |  |
| 21.30 | Lane Swim |      |                |                |               |             |  |

#### Saturday

|       |              | N    | lain Pool      | Teachi         | Teaching Pool |             |  |
|-------|--------------|------|----------------|----------------|---------------|-------------|--|
| Time  | Lane<br>Swim | Aqua | Swim<br>School | Family<br>Swim | Family Swim   | Swim School |  |
| 07.30 | Lane Swim    |      |                |                |               |             |  |
| 08.00 | Lane Swim    |      |                |                |               |             |  |
| 08.30 | Lane Swim    |      |                |                |               |             |  |
| 09.00 | Lane Swim    |      |                |                |               |             |  |
| 09.30 | Lane Swim    |      |                |                |               |             |  |
| 10.00 | Lane Swim    |      | Swim School    | Family Swim    | Family Swim   |             |  |
| 10.30 | Lane Swim    |      | Swim School    | Family Swim    | Family Swim   |             |  |
| 11.00 | Lane Swim    |      | Swim School    | Family Swim    | Family Swim   |             |  |
| 11.30 | Lane Swim    |      | Swim School    | Family Swim    | Family Swim   |             |  |
| 12.00 | Lane Swim    |      | Swim School    | Family Swim    | Family Swim   |             |  |
| 12.30 | Lane Swim    |      |                | Family Swim    | Family Swim   |             |  |
| 13.00 | Lane Swim    |      |                | Family Swim    | Family Swim   |             |  |
| 13.30 | Lane Swim    |      |                | Family Swim    | Family Swim   |             |  |
| 14.00 | Lane Swim    |      |                | Family Swim    | Family Swim   |             |  |
| 14.30 | Lane Swim    |      |                | Family Swim    | Family Swim   |             |  |
| 15.00 | Lane Swim    |      |                | Family Swim    | Family Swim   |             |  |
| 15.30 | Lane Swim    |      |                | Family Swim    | Family Swim   |             |  |
| 16.00 | Lane Swim    |      |                | Family Swim    | Family Swim   |             |  |
| 16.30 | Lane Swim    |      |                | Family Swim    | Family Swim   |             |  |
| 17.00 | Lane Swim    |      |                |                |               |             |  |
| 17.30 | Lane Swim    |      |                |                |               |             |  |
| 18.00 | Lane Swim    |      |                |                |               |             |  |
| 18.30 | Lane Swim    |      |                |                |               |             |  |
| 19.00 | Lane Swim    |      |                |                |               |             |  |
| 19.30 | Lane Swim    |      |                |                |               |             |  |

### Sunday

|       |              | N    | lain Pool      | Teachi         | ng Pool     |             |
|-------|--------------|------|----------------|----------------|-------------|-------------|
| Time  | Lane<br>Swim | Aqua | Swim<br>School | Family<br>Swim | Family Swim | Swim School |
| 07.30 | Lane Swim    |      |                |                |             |             |
| 08.00 | Lane Swim    |      |                |                |             |             |
| 08.30 | Lane Swim    |      |                |                |             |             |
| 09.00 | Lane Swim    |      |                |                |             |             |
| 09.30 | Lane Swim    |      | Swim Fit       |                |             |             |
| 10.00 | Lane Swim    |      | Swim School    | Family Swim    |             | Swim School |
| 10.30 | Lane Swim    |      | Swim School    | Family Swim    |             | Swim School |
| 11.00 | Lane Swim    |      | Swim School    | Family Swim    | Family Swim |             |
| 11.30 | Lane Swim    |      | Swim School    | Family Swim    |             | Swim School |
| 12.00 | Lane Swim    |      | Swim School    | Family Swim    |             | Swim School |
| 12.30 | Lane Swim    |      |                | Family Swim    |             | Swim School |
| 13.00 | Lane Swim    |      | Swim School    | Family Swim    |             | Swim School |
| 13.30 | Lane Swim    |      |                | Family Swim    | Family Swim |             |
| 14.00 | Lane Swim    |      |                | Family Swim    | Family Swim |             |
| 14.30 | Lane Swim    |      |                | Family Swim    | Family Swim |             |
| 15.00 | Lane Swim    |      |                | Family Swim    | Family Swim |             |
| 15.30 | Lane Swim    |      |                | Family Swim    | Family Swim |             |
| 16.00 | Lane Swim    |      |                | Family Swim    | Family Swim |             |
| 16.30 | Lane Swim    |      |                | Family Swim    | Family Swim |             |
| 17.00 | Lane Swim    |      |                |                |             |             |
| 17.30 | Lane Swim    |      |                |                |             |             |
| 18.00 | Lane Swim    |      |                |                |             |             |
| 18.30 | Lane Swim    |      |                |                |             |             |
| 19.00 | Lane Swim    |      |                |                |             |             |
| 19.30 | Lane Swim    |      |                |                |             |             |